



# Southville International School and Colleges

## Students and Parents' BULLETIN

Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a *School of the Future*; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2015 Certified

No. 16 AY 2019-2020

December 6, 2019

## IB students travel to Cambodia for CAS Activity

A group of SISC International Baccalaureate (IB) students travelled to Cambodia last November 19 - 23, 2019 as part of their Creativity, Activity, Service (CAS) commitment. The CAS requirement is an integral part of the IB programme so students understand they are members of local and global communities with responsibilities towards each other and the environment.

The trip included a visit to the Knapor Community Village to observe and participate in the daily activities of the village like milling rice and making brooms and animal food, and a stop at a local school for cultural sharing and team games. They also took part in a cultural immersion tour visiting the Angkor Wat, Ta Prom and Bayon Temples, and watching the Phare Circus Show. They also engaged in individual tree-planting and attended a Changemaker Workshop where they created projects to address one or more of the Sustainable Development Goals of the United Nations.

The CAS Trip not only introduced the students to a new culture but also developed their consciousness as young global



*The SISC IB contingent tours Cambodian Temples.*

citizens. The culturally immersive, 'hands-on' and enriching international travel experience provides a framework to stimulating personal growth and developing the whole person by taking part in new, challenging and enjoyable experiences.

## SHS intrams more than just fun and games

Realizing the important role that recreation and fitness play in one's personal development, the Senior High School Division recently held its intramurals providing an athletic outlet for Grade 10 - 12 students. They competed in both competitive and recreational games including basketball, volleyball, football, badminton, table tennis, chess, jenga, Chinese garter, etc.

Grade 10 emerged as the girls basketball, girls volleyball, boys football, hop two-gether and ball hooping champion while Grade 11 won the badminton, table tennis, Kara Kolop, Chinese garter, snakes and ladders, and dama championships. Grade 12, on the other hand, triumphed in boys basketball, boys volleyball, girls football, bottle fishing, chess, jenga, and word factory.

Chosen as Most Valuable Players (MVP) were Carl Ezra Niño

Dela Cruz in boys basketball, Diana Pearce in girls basketball, Christian Gutierrez in boys volleyball, Ruth Angelica Lucena in girls volleyball, Kobie Rhys Brown in boys football, and Goodness Chioma Ajah in girls football.

Joining the MVPs in the Mythical Teams were Antwone Santino Ong, Jang Ku Hyo, Elijah Gulab Tanedo, Jeong Dong Geun and Mario Steven Masias in boys basketball, Denise Penelope Delgado, Beatriz Rodriguez, Ma. Francesca Velasco, Maria Michaela Purganan and Kana Funaki in girls basketball, Brent Christian Espolon, Sean Gabrielle Gozos, Lee Ge Jin, Walter Eje, Yoshihiro Aoyama and Paul Aisan Tanaka in boys volleyball, Micah Hosoi, Arriane Joy Tero, Athea Kinslet Borrinaga, Arine Francesca Nathanielle Tan, Alexia Adrianna Barcelona and Camila Izavelle Cuenca in girls volleyball, Jang Jin Hyeok, Carlo Enrique Pagtalunan, Jeong Se Hyeok, Patrick John Hinlo, Juan Miguel Samonte, (Turn to page 2)

### Theme of the Year:

**"Live the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity) through Academic Rigor, Growth Mindset and Grit"**

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## SISC commits to online safety for students

SISC believes in finding a balance between ensuring online safety and allowing students to explore the resources the Internet has to offer. They are taught how to browse the web safely by:

- Thinking critically and evaluating websites, email, and other content online;
- Protecting themselves from online threats, including bullying and scams;
- Getting smart about sharing what, when, how, and with whom;
- Being kind and respectful toward other people online, including respecting their privacy; and
- Asking for help with tricky situations from a parent or other trusted adult.

The goal is to help students develop a better understanding of the importance of protecting their personal information, respecting the privacy of others, and being good digital citizens. A good starting point is to teach students to value and protect their personal information the same way they value and protect their personal belongings.

This academic year, the school's online safety efforts include Be Internet Awesome, a multifaceted program designed to teach kids the skills they need to be safe and smart online. One of the resources, Interland, is a browser-based game that makes learning these skills interactive and fun – just like the Internet itself. Developed by Google in partnership with educators, researchers, and online-safety experts at The Net

### SHS Intrams more ... continued from page 2

Yoon Changmin, Joaquin Ignacio Samonte, Bea Su Hyun and Neil Jimenez in boys football, and Zy Lovepreet Kumar, Mary Ashley Tong, Denise Nicole Jimenez, Ashley Shannen Cortez, Patricia Angeline Mercado, Therese Margaret Jovellana, Yoo Chae Hyun, Maria Rosario Josette Aurelio and Michiyo Matsumura in girls football.

The SHS Intramurals encouraged the students to acquire new physical skills and enhance fitness while facilitating the development of proper attitudes and sportsmanship.



Safety Collaborative and iKeepSafe.org, Be Internet Awesome provides fun, age-appropriate learning experiences built around five foundational lessons:

- Share with Care.
- Don't Fall for Fake.
- Secure Your Secrets.
- It's Cool to Be Kind.
- When in Doubt, Talk It Out.

Smart, safe technology usage can enable students to help drive their own learning and help the school function better. SISC believes that the Be Internet Awesome program marks an important step toward the goal of ensuring all students are learning, exploring, and staying safe online, both inside and outside the school walls.

## Discover the secrets behind one-bite appetizers in SISFU

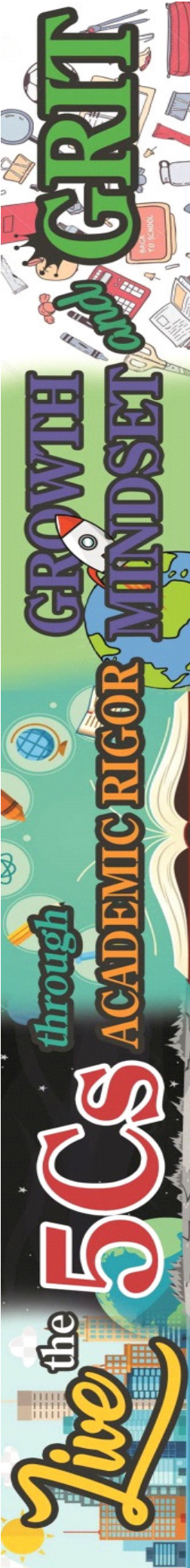


A good canapé, pâté, or hors d'oeuvres recipe is handy to have for dinner parties and other get-togethers where finger food and bite-sized snacks are preferred over full-on plated meals. Southville International School affiliated with Foreign Universities (SISFU) is offering a Canapé, Pâté, and Hors d'oeuvres Demo on December 10, 2019 from 9:00 am to 12:00 noon.

To find out more, send an email to [kassandra\\_dejesus@southville.edu.ph](mailto:kassandra_dejesus@southville.edu.ph) or call 0998-9635284.







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## Parenting Corner

# Helping your child to be safe online

Adults play an important role in helping students become safe, responsible, and productive digital citizens. Below are some tips for parents looking to help their children navigate their digital lives:

- 1. Take an interest in your child's online world.** Talk to your children about what they're doing online. Take an interest in their interests and consider co-viewing or co-creating with them from time to time. Ensure you're familiar with your children's favorite apps or websites. Find out how they work and what they're getting out of them.
- 2. Help your child learn about privacy.** Teach your child to keep personal information private online. YAPPY is a useful acronym to remind children of some of the personal information they should not share on public online spaces (blogs, forums, social media, etc.). YAPPY stands for: Your full name, Address, Phone number, Passwords, Your plans and birthday.
- 3. Be aware of age restrictions.** Many popular sites (YouTube, Instagram, etc.) have age restrictions, and these are in place for a reason: to keep young people safe. Don't allow your children to sign up for sites if they're underage or not ready. When they are old enough to register, make sure your children set their online accounts to private to limit access to people they know well.
- 4. Remember, you're in charge.** At the end of the day, remember you're the parent. Set boundaries and consider using filtering software and parent controls on devices (but be aware that this is only part of the solution). There are a lot of options for parental controls on the market. (<http://www.kathleenamorris.com/2019/05/16/internet-safety-parents/>)

internet-safety-parents/)

## Share the Yuletide spirit with POUCH

Now that Christmas carols are heard once again on the radio and the chilly year-end breeze feels its way through our morning waking hours, we know that the festive season is just around the corner.

It is an occasion our Save A P.O.U.C.H. (Poor Urban Child) beneficiaries look forward to every year. In coordination with the Social Living and Global Education (SLGE) Department, the Save A P.O.U.C.H. Christmas Party for the P.O.U.C.H. beneficiaries will be held on December 12, 2019 at Luxembourg Hall. In connection with this, we would like to ask for your invaluable support in sharing with these children the following gifts per level:

Preschool	- bath soap/shampoo(sachet)
Grades 1 & 2	- powdered milk
Grade 3	- canned goods
Grade 4	- canned goods
Grade 5	- bath soap/shampoo(sachet)
Grade 6	- toothbrush/ toothpaste
Grades 7 & 8	- biscuit/ candies/chocolate
Grade 9	- candies/ biscuits/chocolate
Grade 10	- noodles
Grades 11 & 12	- noodles

Please send your donations to your child's Social Living and Global Education (SLGE) teacher.

Marie Vic F. Suarez

Principal

### REPLY SLIP

A. ( ) I have received and read Students and Parents' Bulletin No. 16 A.Y. 2019-2020.

Student's Name	Level/Section	Parent's Signature
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