



# STUDENTS AND PARENTS' BULLETIN

Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

No. 3 A.Y. 2021 - 2022

September 17, 2021

## MONARCH WINS AWARDS IN INTERNATIONAL MATH TILTS



**RAILEY EMMANUEL P. ASCAÑO**

A Grade 7 student of Southville International School and Colleges (SISC) emerged triumphant at the 2021 Pan-Asia Pacific International Mathematics Invitational Competition recently held online. Railey Ascaño of Gr. 7 - Resilience notched a bronze medal in the large-scale math contest drawing participants from the Philippines, Indonesia, Malaysia, China, Hong Kong and Macau.

Ascaño competed as well in the 2021 Asia International Mathematics Olympiad (AIMO) where he obtained a Merit Award. He matched wits online

with contestants from Malaysia, Singapore, Indonesia, Thailand, the Philippines, Kazakhstan, Hong Kong, Taiwan, China, Macau, South Korea, Bulgaria and Myanmar.

# PARENT WRITES APPRECIATION AT START OF NEW SCHOOL YEAR

With the start of the new academic year, a SISC parent sent complimentary messages regarding the school's Virtual Online Learning and Teaching (VOLT) Program and the teachers' caring and helpful approach to provide a much-needed sense of community and connection to their students. Below are excerpts of the email received from the parent that gives a window into the inner workings of virtual school and how teachers make them work amid this unprecedented time (*the names have been omitted to protect their privacy*):

Dear Teachers,

The opening week is almost over and I just really wanna send a heartfelt thank you for the lovely start for my children. I am very thankful I moved back the girls and included my grade 3 son to be part of the nurturing and positive environment that Southville always maintains.

The pandemic has caused so much stress, anxiety, fear, boredom and desperation for everyone and that includes the children. The welcoming and calm attitude that the teachers have shown in online classes is so thoughtful. And I am in a position to say so, because we just came from a very different atmosphere. Thank you for recognizing that quality education doesn't mean a stern and tense environment.

My grade 8 daughter is very happy. My grade 7 daughter made a friend already. My grade 3 son is exchanging game handles with his classmates (during break, I hope!). All these socialising are fostered by the teachers, knowing that the students also need to have interactions with kids their own age.



Nobody at home is stressed because the children happily participate in school with this pleasant setup. The online interaction is just so positive and relaxed and nobody feels like we're skating on thin ice all the time.

Thanks again and we look forward to a lovely school year.

Mommy of grade 3, grade 7 and grade 8 students.

## COFFEE CHAT AND ORIENTATION FOR PARENTS AND GUARDIANS SET

**Grades 7-9:** September 24, 2021 at 9:30 - 11:30 AM

The poster features a central title 'GRADES 7-9 Coffee Chat with Parents' in green and purple fonts. Below the title, the date and time are listed: 'September 24, 2021 9:30 AM - 11:30 AM Manila Time'. The Zoom logo is prominently displayed with the text 'via zoom'. A quote at the bottom reads: 'Nurturing the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity) through Academic Rigor with Grit and Growth Mindset'. The poster includes contact information for the Junior High School Division: phone number 8825-6374 local 100, website www.southville.edu.ph, and email pr@southville.edu.ph. It also features the school's logo and several accreditation logos at the bottom.

**JUNIOR HIGH SCHOOL DIVISION**  
Academic Year 2021-2022

**SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES**

**GRADES 7-9**  
*Coffee Chat with Parents*

September 24, 2021  
9:30 AM - 11:30 AM Manila Time

via zoom

"Nurturing the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity) through Academic Rigor with Grit and Growth Mindset"

8825-6374 local 100  
www.southville.edu.ph  
pr@southville.edu.ph

**SOUTHVILLE** | *IN EXCELLENCE*  
LIFE LEARNING | LIFE OPPORTUNITY

Kindly click the link: [Coffee Chat with Parents of Grade 7 - 9](#)



**Grades 10-11:** September 24, 2021 at 2:00 – 4:00 PM



A banner for a coffee chat event. The background features a laptop keyboard and a cup of coffee. The text is in a mix of bold sans-serif and cursive fonts. Logos for Southville International School and Colleges and an SGEN School are in the top right. Contact information and accreditation details are at the bottom.

**Coffee Chat**  
**WITH PARENTS**  
*of Grades 10 & 11*

via  **zoom**

Attire: Smart Casual || Senior High School Division  
**SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES**

8825-6374 loc 140     [www.southville.edu.ph](http://www.southville.edu.ph)     [pr@southville.edu.ph](mailto:pr@southville.edu.ph)

 Western Association of Schools and Colleges, U.S.A.     ISO 9001: 2015 Accredited     Investors in People (IIP) Gold Award     Authorized International Baccalaureate (IB) Word School

Kindly click the link: [Coffee Chat with Parents of Grade 10 and 11](#)

**IB 1:** September 25, 2021 at 9:00 – 11:00 AM



A banner for an IB Year 1 coffee chat event. The background is white with blue accents. It features the IB logo, Southville International School and Colleges logo, and a QR code. Illustrations of people in a video call and a person at a computer are included.

 **International Baccalaureate**

**SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES**  
Academic Year 2021-2022

**IB YEAR 1**  
*Coffee Chat with Parents*

September 25, 2021  
9:00 AM - 11:00 AM Manila Time

Register in advance  
Attire: Smart Casual  
via  **zoom**



This serves as an invitation

8825-6374 local 100  
[www.southville.edu.ph](http://www.southville.edu.ph)  
[pr@southville.edu.ph](mailto:pr@southville.edu.ph)

Kindly click the link: [Coffee Chat with Parents of IB 1](#)



# HEALTH ADVISORY



**SPB**  
Student and Parents' Bulletin

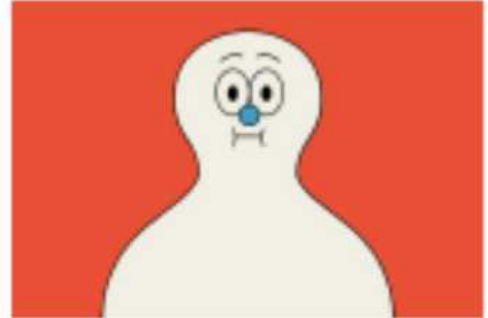
**Health Advisory #2**  
Academic Year 2020 - 2021



## HOW TO BOOST YOUR IMMUNE SYSTEM

**It is not just a "cold".**

An infection can cause you a lot like missing work and an important event.



Our immune system works to defend our body against viruses, bacteria and fungi that we are exposed to everyday. They can be inhaled, rubbed or swallowed which makes us sick. Those with low immune systems are like older people and those with existing medical conditions are prone to developing illnesses.

### Below are tips to strengthen your Immune System:



Don't forget to wash hands!



STAY HYDRATED

- Get enough sleep.
- Exercise moderately and regularly.
- Practice good hygiene.
- Maintain a healthy diet.
- Hydrate.
- Minimize stress.
- Look on the bright side. Your body defenses work better when you think good thoughts.
- Avoid drinking alcohol.
- Quit smoking.



**"Take care of your body and it will take care of you."**



Reference:  
<https://www.webmd.com/diet/a-z/diet-how-strengthen-immunity>  
<https://www.houstonchronicle.com/blog/articles/2020/year/3-ways-to-boost-your-immune-system/>





# SHARE A SOUTHVILLE EXPERIENCE



**SHARE A SOUTHVILLE EXPERIENCE**

IB AUAP WASC INVESTORS IN PEOPLE GOLD

**NATALIA ADRIANNA SUAREZ- MIRANDA**  
Southville Student

**MS. NICOLE SUAREZ**  
Southville Parent and Homegrown Alumna

**BE AMAZING.  
BE SOUTHVILLE.**  
[www.southville.edu.ph](http://www.southville.edu.ph)

*"My daughter Adrianna and I spent the first year of the pandemic **working and studying** at home **together**. It felt like she grew up so fast even if she's locked down in our house doing her studies and homework. And as a parent, I was given an opportunity to watch my child blossom in her studies having done school work at home as I work too. Now, Adrianna successfully moves up to Grade 2, still as excited to do the Southville Virtual Online Learning and Teaching (VOLT) Program again."*

For the Academic Year 2021-2022, we are launching our Share a Southville Experience to students and parents who have friends, relatives, and family members who wish to join the Southville Community. Share with us their names and contact information through the Share the Southville Experience Form, and we will reach out to them to explain the Southville programs.

We will also acknowledge you through a token of Gratitude for sharing your pride in the Southville experience. For any inquiries about the program, please contact Elyds Reyes or Gerlie Montellano of our Public Relations Team via [pr@southville.edu.ph](mailto:pr@southville.edu.ph).

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[\*\*Acknowledgment Form\*\*](#)

**Marie Vic F. Suarez, PhD**  
**Principal, K12 and IB**

**Basic Ed Bulletins**

