



Southville International School and Colleges

STUDENTS AND PARENTS' BULLETIN

Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

Monarchs win awards at Model United Nations

Southville International School and Colleges (SISC) students from Grades 9 to 12 bagged awards and won chair positions in the 2021 Model United Nations (MUN) Locals Conference held virtually last October 8-9, 2021. Park Si Hyun and Cho Woo Sung of Gr. 10 - Commitment, Jaeda Johnson of Gr. 12 - Diplomacy, and Choi Eun Jae of International Baccalaureate (IB) 2 were chosen Best Delegates while Hwang Yi Lynn of Gr. 10 - Commitment was named Best Speaker.

Elected to serve as Chair of their committees were Park Hyuk Jin of Gr. 12 - Diplomacy, Tyrulf Ekberg and Neel Sharma of IB 1, and Park Junyeong of IB 2. Hosted by International School Manila, the online MUN was participated in by more than 250 delegates from 13 international and private schools who role-played delegates to the United Nations and simulated UN committees. At the end of the conference, outstanding delegates in each committee were recognized and given the award certificate.

Here are the list of delegates:

GRADE 9

- Bae Yeon Woo
- Koo Bon Hyeon
- Park Seorin

GRADE 10

- Cho Woo Sung
- Hwang Yi Lynn
- Oh Da Hye
- Park Si Hyun

GRADE 11

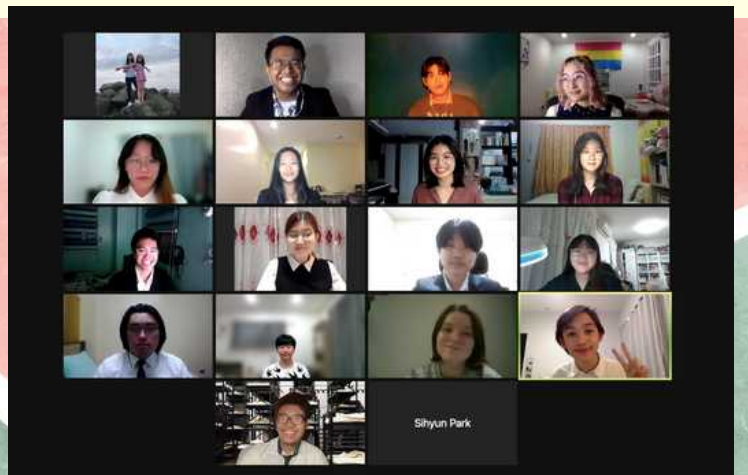
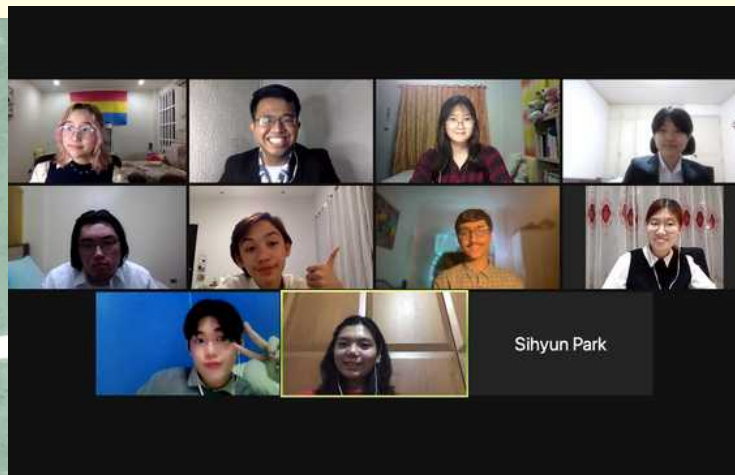
- Kim Min Seo
- Sindac, Sofia Leigh

INTERNATIONAL BACCALAUREATE

- Choi Eun Jae
- Ekberg, Tyrulf Constantine
- Park Jun Yeong
- Sharma, Neel
- Rodriguez, Beatriz

GRADE 12

- Johnson, Jaeda
- Park Hyuk Jin
- Saclag, Charlle
- Vonk, Noa



Institutional Survey leads to improvement

SISC is a firm believer that educating a child is a collaborative effort between the home and the school. Just like you, SISC wants what is best for your child in terms of growing in knowledge and in values. We value parent comments and suggestions that improve the learning experiences of a child.

It is in view of our shared goal that SISC is conducting the Institutional Survey for parents. Please answer the Institutional Survey Form for Parents and students linked to this bulletin so the school will know how it is doing and what more it can do to help your children achieve their potentials and become movers of society. Together, we can make a difference.

Midyear Institutional Survey for Parents and Students

Sixth grader shines in math puzzle contest abroad



A SISC student based in Dubai advanced in the 2021 KenKen International Championship – United Arab Emirates Edition that took place online. Elijah Eimeril del Rosario of Gr. 6 – Nobility finished at the top 30% to clear the Emirates Level and get promoted to the National Level of the championship.

KenKen is a grid-based numerical puzzle that uses addition, subtraction, multiplication and division to fill the grid with digits but no digit should appear more than once in any row or any

column. It has become the largest school competition in the UAE with over 10000 students from more than 250 schools taking part in the championship.



IB opens peer-to-peer online tutoring and counselling

CAN_IB Project



TUTORING AND COUNSELING FOR
ALL MONARCHS

BELIEVE



COMMIT



EXCEL



<https://sites.google.com/sgen.edu.ph/canib/home>

Follow us on Instagram
[@can_ib_sisc](#)

SISC IB students are banding together to offer online tutoring and counselling services to their peers. The Can_IB Project connects SISC students who seek personal and academic advice to an IB tutor or counsellor via video conference call. The initiative gives students a chance to relate to someone of their own age who can explain the ins and outs of a homework assignment or problem in terms easily understood by them.

"With the Can_IB project, I sincerely believe that Southville students whose lives have been shut down by the pandemic can become a collaborative community again filled with creative and competent learners who strive for excellence," said Can_IB President Joen Choi. To sign up for a session or learn more,

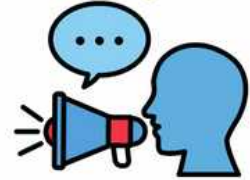
visit: <https://sites.google.com/sgen.edu.ph/canib/home>.

Health Advisory



SPB
Student and Parents' Bulletin

Health Advisory #8
Academic Year 2021 - 2022



What is Long Covid?:

Most people who had COVID recover a few weeks after. Others still have symptoms months later. When this occurs, it is referred to as Long COVID.

How do you know you have it?

You do not feel right even though it's been months since you had COVID and may experience the following:

- Fatigue
- Gastrointestinal discomfort like abdominal pain and diarrhea
- Tachycardia- a heart rate that is too fast.
- Sudden loss of sense of taste or smell
- Difficulty concentrating or remembering things.



Long COVID is usually observed in people who have been hospitalized. The cause is still unknown and there is no special test available to diagnose it though there are some in development. A **healthy diet**, **physical activity** and **adequate sleep** can help treat some symptoms

The best strategy for Long COVID is PREVENTION so get VACCINATED!

What is the incubation period of coronavirus?

The incubation period is the time from the moment of exposure to an infectious agent until the signs and symptoms of the disease disappear.

Symptoms usually appear 5-6 days after contact but rarely appear as soon as 2 days after the exposure. Most people with symptoms had them by day 12 while some at day 14. In rare cases, symptoms show up after 14 days. (This happens to 1 in every 100 people)

The Delta Variant's incubation period is about 4 days. This means that symptoms appear faster.



References:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
<https://www.medrxiv.org/content/10.1101/2021.09.14.21261111v1.full.pdf>
012821_supportbottom_size_44mb-XWAAAnC8B0M4273kr8N7D0c2Duc540rpbu5C40taMBV4048N3M91





When is coronavirus most contagious?

*Infected people are most contagious **1 to 2 days before they feel sick** and can spread the virus to others **2 to 3 days before symptoms start.***



How long should I quarantine after being exposed to the coronavirus?



When you might have been exposed to the virus or to a close contact.

- **Stay home for 14 days** after your last contact with a person who has COVID-19. Watch for fever (37.5 °C & above), cough, shortness of breath or other symptoms of COVID-19
- **Follow your LGUs public health department for recommendations** if you need to quarantine.
- **Get tested 3 to 5 days after** close contact with suspected or confirmed COVID-19 cases.

Isolation is used to separate people infected with COVID-19 from people who are not infected. At home, stay in a specific "sick room" or area and use a separate bathroom

- Stay home for 14 days in a separate room.
- Avoid contact with other members of the household and with pets.
- Get tested and isolate immediately if you experience symptoms.



"Together We Can Reduce The Risk of COVID-19"



Share a Southville experience



SHARE A SOUTHVILLE EXPERIENCE

BE AMAZING.
BE SOUTHVILLE.
www.southville.edu.ph

*"My daughter Adrianna and I spent the first year of the pandemic **working** and **studying** at home **together**. It felt like she grew up so fast even if she's locked down in our house doing her studies and homework. And as a parent, I was given an opportunity to watch my child blossom in her studies having done school work at home as I work too. Now, Adrianna successfully moves up to Grade 2, still as excited to do the Southville Virtual Online Learning and Teaching (VOLT) Program again."*

For the Academic Year 2021-2022, we are launching our Share a Southville Experience to students and parents who have friends, relatives, and family members who wish to join the Southville Community. Share with us their names and contact information through the Share the Southville Experience Form, and we will reach out to them to explain the Southville programs.

We will also acknowledge you through a token of Gratitude for sharing your pride in the Southville experience. For any inquiries about the program, please contact Elyds Reyes or Gerlie Montellano of our Public Relations Team via pr@southville.edu.ph.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[Acknowledgment Form](#)

Marie Vic F. Suarez, PhD

Principal, K12 and IB

K12 and IB Bulletins

