



STUDENTS AND PARENTS' BULLETIN

Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

No. 9 A.Y. 2021 - 2022

October 29, 2021

SISC STUDENTS WIN MEDALS AT INTERNATIONAL MATH CONTEST



The Southville International School and Colleges (SISC) Math aces won a total of 8 medals in the 2021 Southeast Asian Mathematics Olympiad (SEAMO) held online last September 26, 2021. Gwyneth Margaux Tangog of International Baccalaureate 2 bagged a gold medal for placing in the Top 8% of her level while Hyunkyu Song of Grade 10 - Commitment pocketed a silver medal for belonging in the next 12% of his.

Marthina Caris Montecillo of Gr. 1 - Einstein, Martha Francesca Montecillo of Gr. 3 - Kaizen, Subin Cho of Gr. 4 - Hope, Graciela Gonzales of Gr.7 - Resilience, Robert Jeremiah Rivera of Gr. 10 - Commitment and Mulan Azalea Sugiarto of Gr. 11 - Excellence also brought pride to the country and to the school by receiving bronze medals.

VARSITY TRAINING RISES ABOVE PANDEMIC

To keep student athletes on track and get them ready for high level play, Southville Athletics is offering online training for former varsity players and prospective members of the varsity teams. The online training sessions aim to support their physical and competitive fitness so they will come back stronger for future competitions.

The online course is available to anyone interested in carrying the school's name in basketball, football and volleyball tournaments. SISC coaches will use available technology to create unique workout plans and help players maintain their winning form. For more information, please contact Coach Rory at rory_mansbridge@southville.edu.ph.



SOUTHVILLE ATHLETICS

***Learn Volleyball,
Football & Basketball***

TRAIN, PLAY
&
REPRESENT
AS A TEAM!

Online Varsity
Games &
Tournaments

Be A
Monarch
#WeBleed
Purple

Develop Your
Skills & Character
Under Experienced
Coaches

SIGN UP NOW!



SCHEDULE OF ACADEMIC STUDY BREAK SET

The Academic Study Break of students is from October 30 - November 7, 2021. The one-week break will allow students to rest and recharge from their academic work while also commemorating All Saints' Day and All Souls' Day. Online classes in Preschool - High School will resume on November 8, 2021.

SISC offices, meanwhile, will be closed on Nov. 1-2, 2021 in observance of All Saints' Day and All Souls' Day. They will reopen on November 3, 2021, Wednesday, at the normal business hours.

INSTITUTIONAL SURVEY LEADS TO IMPROVEMENT

SISC is a firm believer that educating a child is a collaborative effort between the home and the school. Just like you, SISC wants what is best for your child in terms of growing in knowledge and in values. We value parent comments and suggestions that improve the learning experiences of a child.

It is in view of our shared goal that SISC is conducting the Institutional Survey for parents. Please answer the Institutional Survey Form for Parents and students linked to this bulletin so the school will know how it is doing and what more it can do to help your children achieve their potentials and become movers of society. Together, we can make a difference.

Midyear Institutional Survey for Parents and Students

HEALTH ADVISORY



SPB
Student and Parents' Bulletin

Health Advisory #9
Academic Year 2021 - 2022



October 28, 2021

COVID-19 and Pneumonia



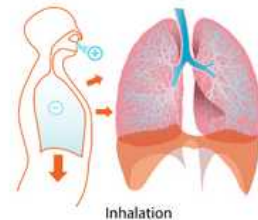
Older people and those with underlying medical conditions like cardiovascular disease, diabetes, chronic respiratory disease and cancer are most at risk to develop severe or critical forms of COVID-19

What is the relationship between Pneumonia and COVID-19?

Pneumonia is an infection of the lungs that causes mild to severe illness in people especially the elderly and those with respiratory disorders. COVID-19 can spread to the lungs, causing Pneumonia, and the most common diagnosis for severe COVID-19 is Pneumonia.

How does COVID-19 affect the lungs?

- Severe inflammation of the lungs.
- Accumulation of fluid in the lungs.
- Gas exchange that make it hard to get enough oxygen or to expel carbon dioxide.
- Leakage of fluid in the blood vessels in the lungs.



COVID-19 Pneumonia Symptoms:

- Rapid heartbeat
- Shortness of breath or breathlessness
- Heavy sweating
- Dizziness

Who is more at risk of COVID-19 Pneumonia?

People with the following conditions:

- Cancer
- Diabetes
- Severe Heart Disease
- Kidney or Liver Disease
- Asthma and other breathing disorders

Additionally, people over 65 years of age have a much higher risk



Reference
<https://www.cdc.gov/pneumonia/prevention.html>
<https://www.verywell.com/covid-19-and-pneumonia#1-3>
<https://www.medicinenet.com/articles/covid-19-how-the-disease-affects-pneumonia.htm>



HEALTH ADVISORY



SPB

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Health Advisory #9
Academic Year 2021-2022



What are the necessary precautions to take?

To avoid contracting and transmitting the virus to someone else, a person should do the following:

- Physical distance. Avoid people outside own household.
- Frequently wash hands with soap and water or with an alcohol based hand sanitizer.
- Stay home when feeling sick
- Wear face mask and face shield when around other people.
- Eat a well balanced diet
- Get enough rest and sleep
- Exercise regularly
- Drink lots of water
- Call your doctor if symptoms persist.



Does the Pneumonia Vaccine Prevent COVID-19 Pneumonia?

Getting a Pneumonia Vaccine may help lower the risk form the following diseases:

- COVID-19
- Haemophilus Influenzae Type b (Hib)
- Influenza (Flu)
- Measles
- Pertussis
- Varicella (Chicken Pox)



**GET VACCINATED, IT IS YOUR FIRST LINE OF DEFENSE
AGAINST ANY DISEASE**



Reference

<https://www.cdc.gov/pneumonia/vaccines.htm>
<https://www.medicalnewstoday.com/articles/320642#pneumonia>
<https://www.medicalnewstoday.com/articles/320642#pneumonia>



SHARE A SOUTHVILLE EXPERIENCE



SHARE A SOUTHVILLE EXPERIENCE

BE AMAZING.
BE SOUTHVILLE.
www.southville.edu.ph

*"My daughter Adrianna and I spent the first year of the pandemic **working and studying** at home **together**. It felt like she grew up so fast even if she's locked down in our house doing her studies and homework. And as a parent, I was given an opportunity to watch my child blossom in her studies having done school work at home as I work too. Now, Adrianna successfully moves up to Grade 2, still as excited to do the Southville Virtual Online Learning and Teaching (VOLT) Program again."*

SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES

For the Academic Year 2021-2022, we are launching our Share a Southville Experience to students and parents who have friends, relatives, and family members who wish to join the Southville Community. Share with us their names and contact information through the Share the Southville Experience Form, and we will reach out to them to explain the Southville programs.

We will also acknowledge you through a token of Gratitude for sharing your pride in the Southville experience. For any inquiries about the program, please contact Elyds Reyes or Gerlie Montellano of our Public Relations Team via pr@southville.edu.ph.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[**Acknowledgment Form**](#)

Marie Vic F. Suarez, PhD

Principal, K12 and IB

K12 and IB Bulletins

