



# STUDENTS AND PARENTS' BULLETIN

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No. 14 A.Y. 2021 - 2022

December 17, 2021

## HOLIDAY GREETINGS FROM K12 AND IB FAMILY



Without a doubt, Christmas is a magical time! Our world may still be rocked by a pandemic but we still have to celebrate Christmas for what it truly is about - a ray of hope in the Christ child piercing through the darkness and despair. That renewal of hope that lifts hearts and spirits makes this time of year very special indeed.

Christmas is also one of those times that encourage us to look back as we study, educate and connect from the safety of our own homes. We stretched ourselves, gained fresh perspectives, prioritized better and discovered new strengths as we were challenged by the events of the year. Despite all the things that went wrong, we still got things done with positivity and care.

As we reach the Christmas holidays, we would like to convey our deepest thanks for the extraordinary support we have felt from our parents, students, teachers, staff and all those who hold Southville dear. Students have told us they wish to be on campus and be together, and we see real signs that we'll be able to return to something that looks a little bit more familiar to all of us soon.

Till then, we wish everyone a Christmas that is merry and bright and a New Year that brings hope for better days ahead.

## PTC SET ON JANUARY 2022

After the resumption of classes on January 10, 2022, the Parent-Teacher Conference (PTC) regarding your child's school performance during the First Term will follow on January 14, 2022. The PTC will be done virtually via Google Meet with your child's class adviser sending you the personal meeting link before your conference.

This is your chance to meet and catch up with your child's teacher to learn about your child's progress in school. **There will be no classes on January 14, 2022 to give way to the PTC.**

## IMPORTANT DATES TO REMEMBER

Date	Event
January 10, 2022	Resumption of Classes for all levels
January 13, 2022	Town Hall Forum for late enrollees
January 14, 2022	First Term Parent and Teacher Conference (PTC) for all levels
January 17, 2022	Southville Global Education Network (SGEN) Virtual Stock Trading Challenge



Date	Event
January 22, 2022	Senior High School and IB Open House
	Junior High School Open House
January 22, 2022	Southville Global Education Network (SGEN) Online Debate Cup
January 28, 2022	Grade 11 - Financial Literacy Webinar
	Tier One: Well Being and Personal Effectiveness Program (TOWPEP) Session for the Parents
January 29, 2021	Grade School Open House

## READ DURING THE CHRISTMAS BREAK

Research and personal experience show that reading skills deteriorate quite rapidly over a long break if they are not practiced. Twenty minutes reading each day maintains current reading level; for improvement, at least forty minutes must be undertaken.

In order to limit language loss during the long Christmas break, students from Preschool to Grade 12 will be assigned a holiday reading assignment which will be taken up in their English classes upon resumption of online classes. The recommended books per level are:

Level	Book Title
Pre-Kindergarten	<b>Three Little Kittens</b>
Junior Kinder	<b>In the Heart of the Seed</b> by Kate Brown
Senior Kinder	<b>Wake Up, Sun</b> by David L. Harrison
Grade 1	<b>Henry and Mudge in the Family Trees</b> by Cynthia Rylant
Grade 2	<b>Horrible Harry and the Green Slime</b> by Suzy Kline
Grade 3	<b>The Seven Habits of Happy Kids</b> by S Covey
	<b>The Tale of Peter Rabbit</b> by Beatrix Potter

Grade 4	<b>A Little Princess</b> by F H Burnett <b>The Tale of Peter Rabbit</b> by Beatrix Potter
Grade 5	<b>Stuart Little</b> by E B White <b>The Tale of Peter Rabbit</b> by Beatrix Potter <b>Boy Blue and His Friends</b> by Etta Austin Blaisdell and Mary Frances Blaisdel
Grade 6	<b>Holes</b> by Louis Sachar <b>Anne of Green Gables</b> by L.M. Montgomery <b>Charlie and the Chocolate Factory</b> by Roald Dahl
Grade 7	<b>Artemis Fowl</b> by Eoin Colfer <b>Wizard of Oz</b> by L. Frank Baum <b>White Fang</b> by Jack London
Grade 8	<b>A Christmas Carol</b> by C. Dickens <b>The Giver</b> by Lois Lowry <b>War of the Worlds</b> by H.G. Wells
Grade 9	<b>Survival</b> by G. Korman <b>Things Fall Apart</b> by Chinua Achebe <b>Hunger Games</b> by Suzanne Collins
Grade 10	<b>Moby Dick</b> by H. Melville <b>Pride and Prejudice</b> by Jane Austen <b>The Joy Luck Club</b> by Amy Tan
Grade 11	<b>University of Success</b> by Og Mandino <b>Les Miserables</b> by Victor Hugo <b>The Alchemist</b> by Paulo Coelho
Grade 12	<b>Autobiography of Benjamin Franklin</b> by Benjamin Franklin <b>Silas Marner</b> by George Elliot <b>Don Quixote</b> by Miguel de Cervantes

The reading assignments are readily available on MOODLE (SISC\Stanford Lexile Books).

# SOCIAL-EMOTIONAL LEARNING(SEL) CORNER

## BUILDING SEL AT HOME



#1


Be a good listener



#2

Find ways to stay  
calm when angry

#3



Check-in with your  
child's feelings



#4

Be willing to apologize



#5



Encourage sharing and helping



# HEALTH ADVISORY



**SPB**  
Student and Parents' Bulletin

**Health Advisory #14**  
Academic Year 2021-2022



December 17, 2021

## **Chronic Obstructive Pulmonary Disease and COVID-19**



About 80% of people recover fully from COVID-19 without medical treatment. But with Chronic Obstructive Pulmonary Disease (COPD), it puts a person at a higher risk to get seriously sick when infected with the virus because of damaged airways.

**If you already have COPD, seek immediate medical attention when you experience the following:**

1. *Worsening breathing problems*
2. *Worsening cough*
3. *Changes in phlegm color and amount*
4. *Wheezing*
5. *Lower blood oxygen level rates*
6. *Increased oxygen use*

**Protect yourself by doing the following:**

1. *Getting vaccinated.*
2. *Stay home*
3. *Frequently wash hands.*
4. *Make sure to have a working oximeter and thermometer*
5. *Plan and confirm an oxygen supplier for continuous on-time delivery*
6. *Stick to the COPD treatment plan to keep the condition under control*
7. *Stay healthy by getting enough rest and sleep, exercise and eating right*



Reference:

<https://www.webmd.com/lung/copd/covid-copd-overview>





# SHARE A SOUTHVILLE EXPERIENCE



**SHARE A SOUTHVILLE EXPERIENCE**

BE AMAZING.  
BE SOUTHVILLE.  
[www.southville.edu.ph](http://www.southville.edu.ph)

*"My daughter Adrianna and I spent the first year of the pandemic **working and studying** at home **together**. It felt like she grew up so fast even if she's locked down in our house doing her studies and homework. And as a parent, I was given an opportunity to watch my child blossom in her studies having done school work at home as I work too. Now, Adrianna successfully moves up to Grade 2, still as excited to do the Southville Virtual Online Learning and Teaching (VOLT) Program again."*

For the Academic Year 2021-2022, we are launching our Share a Southville Experience to students and parents who have friends, relatives, and family members who wish to join the Southville Community. Share with us their names and contact information through the Share the Southville Experience Form, and we will reach out to them to explain the Southville programs.

We will also acknowledge you through a token of Gratitude for sharing your pride in the Southville experience. For any inquiries about the program, please contact Elyds Reyes or Gerlie Montellano of our Public Relations Team via [pr@southville.edu.ph](mailto:pr@southville.edu.ph).

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[\*\*Acknowledgment Form\*\*](#)

**Marie Vic F. Suarez, PhD**  
*Principal, K12 and IB*

[\*\*K12 and IB Bulletins\*\*](#)

