



Students and Parents' Bulletin

for K-12 & IB

Southville International School and Colleges



Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

HELP YOUR CHILDREN SUCCEED THROUGH THE PARENT ORIENTATION AND PARENTING SEMINAR

The Southville International School and Colleges (SISC) Coffee Chat and Orientation continues, this time for parents of Early Childhood Education Division (ECED), Grades 3-5, Grade 6, and Grade 7-9 students. Meet your children's teachers and know more how your children will learn with HyVOLT (Hybrid Virtual Online Learning and Teaching) this academic year.

Below are the dates for the respective virtual orientations this month (the registration links will be sent by your child's class adviser):

October 1, 2022: Grades 6 (9:00 A.M. to 12:00 N.N.)

October 7, 2022: Grades 3-5 (2:00 P.M. to 4:00 P.M.)

October 8, 2022: ECED (1:00 P.M. to 3:00 P.M.)

October 22, 2022: Grades 7 - 9 (10:00 A.M. to 12:00 N.N.)

All SISC parents are also invited to an inspiring seminar on "Mindful Parenting to Foster Truth-Telling and Kindness" by the MLAC (Mindfulness, Love, and Compassion) Institute for Psychosocial Services Inc. Learn how to approach parenting with greater awareness and compassion to be responsive to your children instead of distracted and reactive.

This free event will be held on October 1, 2022, from 9:00 – 11:30 am, via Zoom. To join, please click the link below, and enter the Meeting ID and Password.

Link: [https://us02web.zoom.us/j/84743393508?](https://us02web.zoom.us/j/84743393508?pwd=QlZJVi9vZGJSaDk5NjhvVGFwM3RXQT09)

[pwd=QlZJVi9vZGJSaDk5NjhvVGFwM3RXQT09](https://us02web.zoom.us/j/84743393508?pwd=QlZJVi9vZGJSaDk5NjhvVGFwM3RXQT09)

Meeting ID: 847 4339 3508

Passcode: 746386



The poster features a purple and blue gradient background. On the left, there is a white line-art illustration of two hands, one larger than the other, with fingers spread. The MLAC logo is in the top left, with the text 'invites you to...'. The main title 'Mindful Parenting' is in large, bold, blue and yellow letters. Below it, the subtitle 'to foster truth-telling and kindness' is in smaller, purple and pink letters. A white cloud-shaped box in the top right contains the date and time: 'Oct 1, 2022 (Saturday) from 9:00am to 11:30am'. Below the title, there are three circular portraits of speakers. The first is labeled 'Main Speaker' and is Dr. Honey Carandang. The other two are labeled 'Plenary Speakers' and are Ms. Tess Aguilar and Dr. Richie Parr. At the bottom right, it says 'Admission is free. Event will be livestreamed on our MLAC FB page at: facebook.com/mlacinstitute'.

MLAC
invites you to...

Mindful Parenting

to foster truth-telling and kindness

Oct 1, 2022
(Saturday)
from 9:00am
to 11:30am

Main Speaker

Plenary Speakers

Dr. Honey Carandang

Ms. Tess Aguilar

Dr. Richie Parr

Admission is free.
Event will be livestreamed on our MLAC FB page at:
facebook.com/mlacinstitute

OCTOBER 5 IS WORLD TEACHERS' DAY

The school will celebrate World Teachers' Day on October 5, 2022 to say a big thank you to all SISC teachers who are making sure education continues despite the ongoing pandemic. There will be no face-to-face classes from Preschool to Grade 12 to mark the occasion but asynchronous classes will be done for all students to cover the lessons for the day.

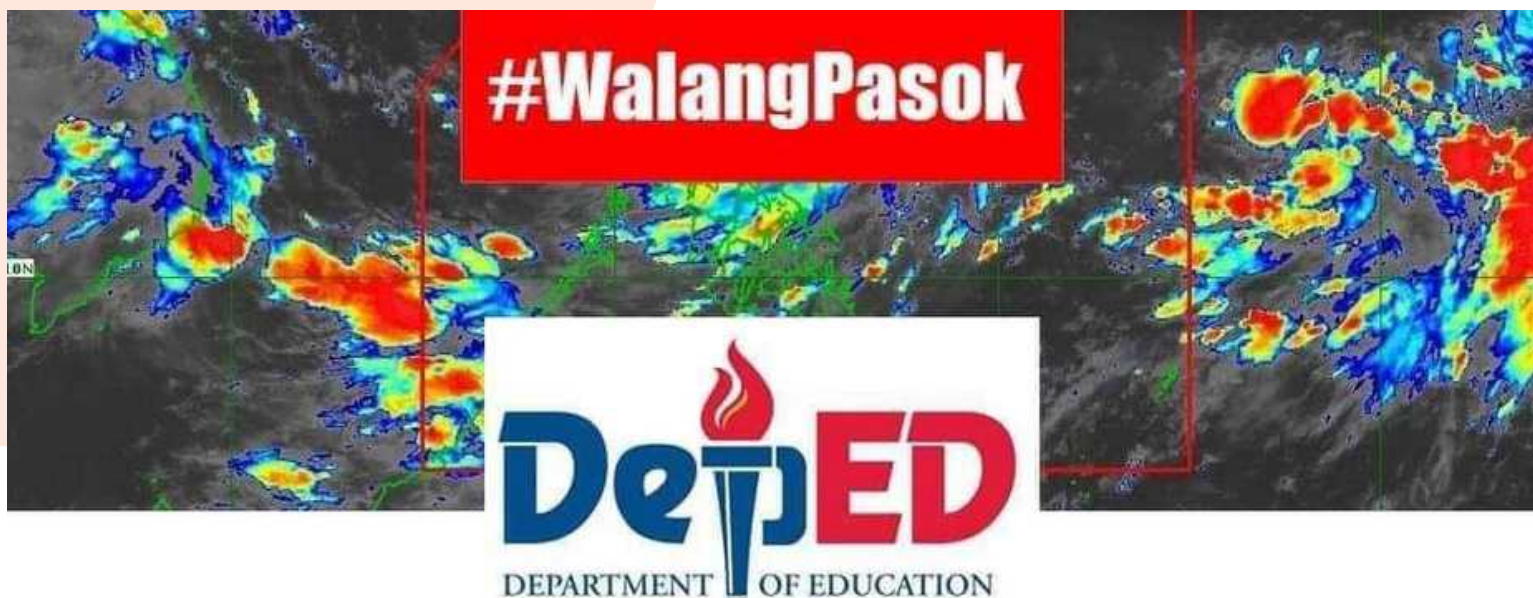
World Teachers' Day is a global event launched by the United Nations Educational, Scientific and Cultural Organization (UNESCO) to honor educators who continue inspiring students each and every day in the

classroom. Taking one day every year to say “thank you” to those who helped students grasp a challenging concept or experience a learning moment is the least we can do.



NEW CLASS CANCELLATION GUIDELINES

The Department of Education released new guidelines on class cancellation or suspension in the event of disaster and calamities for both in-person and online learning modes. Please see the updated guidelines that SISC will adhere to below.



DepEd's new Department Order #37 automatically cancels classes

for in-person, online, and work from Kindergarten to Grade 12 and Alternative Learning System...

in LGUs issued with Tropical Cyclone Wind Signals 1, 2, 3, 4, 5 by the PAGASA

in LGUs issued with Orange and Red Rainfall Warning by the PAGASA

in schools in specific areas issued with a Flood Warning by the PAGASA

in schools situated in LGUs where the PHILVOCS declare an earthquake with PHILVOCS Earthquake Intensity Scale V or above

There will be no automatic suspension in the event that there are power outages/power interruptions/brownouts in schools



SOCIAL-EMOTIONAL LEARNING (SEL) CORNER

5 STEPS TO BECOME AN ACTIVE LISTENER

In all kinds of relationships, active listening helps you understand a person's point of view and respond with empathy. It helps you understand problems and collaborate to develop solutions.

1

PAY ATTENTION.

Give the speaker your undivided attention, and acknowledge the message.

2

SHOW THAT YOU'RE LISTENING.

Use your own body language and gestures to show that you are engaged.

3

PROVIDE FEEDBACK.

Understand what is being said which may require you to reflect on what is being said and to ask questions.

4

DEFER JUDGEMENT.

Interrupting is a waste of time for it frustrates the speaker and limits full understanding of his/her message.

5

RESPOND APPROPRIATELY.

As you gain information and perspective, you are encouraged to reply with respect and understanding.

Reference:PMHAofficial

ERRATUM

In Students & Parents Bulletin No. 4, the date of the First Holy Communion should be December 3, 2022 and not December 2, 2022. Our apologies.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[Acknowledgment Form](#)

Marie Vic F. Suarez, Ph.D.

Principal, K12 and IB

[Basic Ed Bulletins](#)

NURTURING the **5Cs** through
Academic Rigor, with **GRIT** and a
GROWTH MINDSET