



Students and Parents' Bulletin

for K-12 & IB

Southville International School and Colleges



Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

SISC students win medals in international contests



Angelo Buenafe
8 – Integrity



Raeesah Dimakuta
5 – Trustworthiness

Two students from Southville International School and Colleges (SISC) excelled at international math and science competitions that took place recently. Angelo Buenafe of Gr. 8 - Integrity bagged a silver medal in the final

round of the Hong Kong International Math Olympiad. He scored 90 and above in the exam on Logical Thinking, Algebra, Number Theory, Geometry and Combinatorics.

Meanwhile, Raeesah Anika Dimakuta of Gr. 5 - Trustworthiness took home a bronze award in the final round of the Hong Kong International Science Olympiad.

She joined the competition's Primary 5 division that tested her knowledge of Physics, Biology, Chemistry and Integrative Sciences.



Young ballerina joins dance production



Una Bighani Villano
11 – Synergy (GAS)

Una Bighani Villano of Gr. 11 – Synergy performed in the Cultural Center of the Philippines (CCP) Dance Series' Pulso Pilipinas II: Alay nina Alice at Agnes staged at the Tanghalang Nicanor Abelardo last weekend. The honorary dance concert showcased selected iconic works of the country's two living National Artists for Dance – Alice Reyes and Agnes Locsin.

Villano dazzled in her powerful expression of the Philippines' unique history and cultural heritage through dance. She also got the unique opportunity to experience work in a professional environment and to perform on the CCP Main Theater stage.



Schedule of Midterm Exams set

The Midterm Exams will happen on October 12 – 14, 2022. The HyVOLT students will take the exam on-campus while the VOLT students will take their exams via online platform. HyVOLT students who do not have face-to-face classes on Fridays will be asked to come to school on October 14 (Friday) for their examinations.

Below is the exam schedule per level next week:

Grades 1 - 5

October 12, 2022 (Wednesday)							
Time	GRADE 1	GRADE 2	Time	GRADE 3	GRADE 4	Time	GRADE 5
8:15 - 8:45	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	8:00 - 8:15	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	8:00 - 8:15	Homeroom Class Adviser and Co-Adviser
8:45 - 9:45	English	English	8:15 - 9:15	English	English	8:15 - 9:15	English
9:45 - 10:15	Recess	Recess	9:15 - 9:45	Recess	Recess	9:15 - 9:35	Recess
10:15 - 11:15	Science	Science	9:45 - 10:45	Science	Science	9:35 - 10:35	Science
	GRADE 1 - EDISON VOLT CLASS	GRADE 2 - GRAHAM BELL VOLT CLASS		GRADE 3 - FAITH VOLT CLASS			
12:00 - 12:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	12:00 - 12:15	Homeroom Class Adviser and Co-Adviser			
12:30 - 1:30	English	English	12:15 - 1:15	English			
1:30 - 2:00	Recess	Recess	1:15 - 1:45	Recess			
2:00 - 3:00	Science	Science	1:45 - 2:45	Science			
October 13, 2022 (Thursday)							
Time	GRADE 1	GRADE 2	Time	GRADE 3	GRADE 4	Time	GRADE 5
8:15 - 8:45	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	8:00 - 8:15	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	8:00 - 8:15	Homeroom Class Adviser and Co-Adviser
8:45 - 9:45	Math	Math	8:15 - 9:15	Math	Math	8:15 - 9:15	Math
9:45 - 10:15	Recess	Recess	9:15 - 9:45	Recess	Recess	9:15 - 9:45	Recess
10:15 - 11:15	Wellness Activity	Wellness Activity	9:45 - 10:30	SLGE Performance Task	SLGE Performance Task	9:45 - 10:45	SLGE Performance Task
	GRADE 1 - EDISON VOLT CLASS	GRADE 2 - GRAHAM BELL VOLT CLASS		GRADE 3 - FAITH VOLT CLASS			
12:00 - 12:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	12:00 - 12:15	Homeroom Class Adviser and Co-Adviser			
12:30 - 1:30	Math	Math	12:15 - 1:15	Math			
1:30 - 2:00	Recess	Recess	1:15 - 1:45	Recess			
2:00 - 3:00	Wellness Activity	Wellness Activity	1:45 - 2:30	SLGE Performance Task			

Grades 6 - 9

October 13, 2022 (Thursday)				
Time	6-COLLABORATION	6-COURAGE	6-NOBILITY	6-PERSEVERANCE
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	English Ms. Yhen and Sir Kael	English Ms. Majah and Ms. Ethel	English Sir Jerome and Ms. Lou	English Sir Erik and Ms. Carla
10:00 - 10:30	Recess	Recess	Recess	Recess
10:30 - 12:00	Math Ms. Yhen and Sir Kael	Math Ms. Majah and Ms. Ethel	Math Sir Jerome and Ms. Lou	Math Sir Erik and Ms. Carla
October 14, 2022 (Friday)				
Time	6-COLLABORATION	6-COURAGE	6-NOBILITY	6-PERSEVERANCE
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	Science Ms. Yhen and Sir Kael	Science Ms. Majah and Ms. Ethel	Science Sir Jerome and Ms. Lou	Science Sir Erik and Ms. Carla

October 13, 2022 (Thursday)					
Time	7-DETERMINATION	7-GRATITUDE	7-KINDNESS	7-OPTIMISM	7-RESILIENCE
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	English Ms. Elaine and Sir Adam	English Sir Kenny and Ms. Emellyn	English Ms. Hans and Sir Marvin	English Sir Jayson and Ms. Abbie	English Ms. Zarah and Sir Gio
10:00 - 10:30	Recess	Recess	Recess	Recess	Recess
10:30 - 12:00	Math Ms. Elaine and Sir Adam	Math Sir Kenny and Ms. Emellyn	Math Ms. Hans and Sir Marvin	Math Sir Jayson and Ms. Abbie	Math Ms. Zarah and Sir Gio

October 14, 2022 (Friday)					
Time	7-DETERMINATION	7-GRATITUDE	7-KINDNESS	7-OPTIMISM	7-RESILIENCE
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	Science Ms. Elaine and Sir Adam	Science Sir Kenny and Ms. Emellyn	Science Ms. Hans and Sir Marvin	Science Sir Jayson and Ms. Abbie	Science Ms. Zarah and Sir Gio

October 13, 2022 (Thursday)				
Time	8-CREATIVITY	8-EMPATHY	8-INTEGRITY	8-JOY
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	English Sir Abeer and Ms. Abbie	English Ms. Maricar and Sir Patrick	English Ms. Ice and Sir Mike	English Sir Denz and Ms. Jessa
10:00 - 10:30	Recess	Recess	Recess	Recess
10:30 - 12:00	Math Sir Abeer and Ms. Abbie	Math Ms. Maricar and Sir Patrick	Math Ms. Ice and Sir Mike	Math Sir Denz and Ms. Jessa

October 14, 2022 (Friday)				
Time	8-CREATIVITY	8-EMPATHY	8-INTEGRITY	8-JOY
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	Science Sir Abeer and Ms. Abbie	Science Ms. Maricar and Sir Patrick	Science Ms. Ice and Sir Mike	Science Sir Denz and Ms. Jessa

October 13, 2022 (Thursday)						
Time	9-COMPASSION	9-DILIGENCE	9-GENEROSITY	9-FORTITUDE	9-HARMONY	9-SINCERITY
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	English Sir Joseph and Ms. Joyce	English Ms. May Ann and Sir Peter	English Sir Aron and Ms. Rachel	English Ms. Hannah and Ms. Judy	English Ms. Jeline and Ms. Mayi	English Ms. Ann and Ms. Sophie
10:00 - 10:30	Recess	Recess	Recess	Recess	Recess	Recess
10:30 - 12:00	Math Sir Joseph and Ms. Joyce	Math Ms. May Ann and Sir Peter	Math Sir Aron and Ms. Rachel	Math Ms. Hannah and Ms. Judy	Math Ms. Jeline and Ms. Mayi	Math Ms. Ann and Ms. Sophie

October 14, 2022 (Friday)						
Time	9-COMPASSION	9-DILIGENCE	9-GENEROSITY	9-FORTITUDE	9-HARMONY	9-SINCERITY
8:00 - 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser
8:30 - 10:00	Science Sir Joseph and Ms. Joyce	Science Ms. May Ann and Sir Peter	Science Sir Aron and Ms. Rachel	Science Ms. Hannah and Ms. Judy	Science Ms. Jeline and Ms. Mayi	Science Ms. Ann and Ms. Sophie

Grades 10 - 12

Thursday, October 13		Friday, October 14	
Grade 10		GRADE 10	
8:30AM - 8:45AM	Homeroom	9:30AM - 9:45AM	Homeroom
9AM - 10:30AM	Science	10:00AM - 11:30AM	Math
10:30AM - 11:00AM	Recess	11:30 AM	Dismissal
11:00AM -12:30PM	English		
12:30 PM	Dismissal		

Thursday, October 13		Friday, October 14	
Grade 11		GRADE 11	
8:30AM - 8:45 AM	Homeroom	8:30AM - 8:45 AM	Homeroom
8:45AM -10:15AM	Science	8:45AM -10:15AM	Math
10:15 - 11:00AM	Recess	10:15 AM	Dismissal (all except HUMSS)
11:00AM - 12:00NN	Statistics & Probability (all except HUMSS)	10:15 - 11:00AM	Recess (HUMSS)
11:00AM - 12:30PM	Social Science (HUMSS)	11:00AM - 12:30PM	Political Science (HUMSS)
12:00NN	Dismissal (all except HUMSS)	12:30 PM	Dismissal (HUMSS)
12:30 PM	Dismissal (HUMSS)		

Thursday, October 13		Friday, October 14	
Grade 12		GRADE 12	
8:30AM - 8:45 AM	Homeroom	8:30AM - 8:45 AM	Homeroom
8:45AM -10:15AM	Math	8:45AM -10:15AM	Science Major (STEM) Social Science (HUMSS) Science (GAS)
10:15 AM	Dismissal (ABM & GAS)		
10:15 - 11:00AM	Recess (STEM & HUMSS)	10:15 AM	Dismissal (STEM, HUMSS & GAS)
11:00AM - 12:30PM	Psych / PolSci (HUMSS) Science Minor (STEM)	NOTE:	
12:30 PM	Dismissal (HUMSS & STEM)	ABM Students will not be reporting to school but will work on their Midterms Output-based Assessments at home	

Student handbook is available online



The SISC Student Handbook is intended to serve as a general guide for current students on their journey to educational and personal development this school year. It is a ready-reference manual to the policies, procedures, services and resources that support students in taking charge of their own education.

Click the link below:

K12 AND IB STUDENT HANDBOOK

You can also find it in the Basic Education Moodle under Useful Links and the files section of Managebac for IB.

Please be aware that all students are responsible for reading and knowing the contents of this handbook to ensure a positive learning experience at SISC.

K-12 BASIC EDUCATION STUDENT HANDBOOK	
<p>K-12 BASIC EDUCATION STUDENT HANDBOOK</p>  <p>Effective AY 2021-2022</p> 	<p>Southville International School and Colleges 1281 Tropical Avenue, corner Luxembourg Street, B.F. Homes International, Las Piñas City, Philippines</p> <p>BASIC EDUCATION DIVISION</p> <p>We have read, understand, and agree to abide by the Southville International School and Colleges Student Handbook. Our family will do everything in its power to follow the rules and policies set forth in this handbook.</p> <p>_____ Surname of the Family</p> <p>_____ Father's/ Guardian's Signature/ Date</p> <p>_____ Mother's/ Guardian's Signature/ Date</p> <p>_____ Student's Signature over Printed Name/ Level & Section</p> <p>_____ Homeroom Adviser's Signature over Printed Name</p> <p>Please cut and submit this copy to your Homeroom Adviser week after receipt of the Student Handbook.</p> <p>Effective A.Y. 2021</p> <p>[139]</p> <p>www.southville.edu.ph</p>



HEALTH ADVISORY

Medical Department



Issue No. 5

October 05, 2022

How to Boost Immunity to Common Diseases

Our immune system defends our body against infection and disease; it combats anything from common illnesses like the flu and colds to severe disorders like cancer. Our immune system is intricate and subject to a variety of factors. Vaccines increase resistance to particular diseases. You can also boost your immune system by doing the following:



Eating nutritious foods



Be physically active



Maintain a healthy Weight



Getting enough quality sleep



Keep hydrated



Do frequent handwashing



Practice good oral and body care



Quit smoking



Avoid too much alcohol



Manage your stress



Supplement with vitamins



Get vaccinated

GUARD UP

BOOST YOUR IMMUNITY!



References:

- <https://www.cdc.gov/nccdphp/dnpao/features/enhance-immunity/index.html>
- <https://scitechdaily.com/8-proven-ways-to-strengthen-your-immune-system/>



Social - Emotional Learning Corner (SEL)



Art AS A COPING STRATEGY

1. Draw a Self-portrait by illustrating your best qualities to boost your self-confidence.
2. Explore your emotions by using different colors to express and identify one's feelings.
3. Draw a Special Moment that will bring again happy thoughts to you.
4. Make a gratitude box that will help you appreciate the things you have.
5. Create a positive self-talk spiral to affirm yourself by selecting your favorite self-talk statements and write them in a spiral.

pathway2succes.com

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

**A
Acknowledgment Form**

Marie Vic F. Suarez, Ph.D.
Principal, K12 and IB

Basic Ed Bulletins

NURTURING the 5Cs through
Academic Rigor, with **GRIT** *and a*
GROWTH MINDSET