



# Students and Parents' Bulletin

for K-12 & IB

Southville International School and Colleges



Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

## LEARNING VILLAGE REOPENS DOOR TO LEARNING AND FUN

Learning Village, the immersive play-and-learn facility in STAR Campus, welcomes back visitors aged 7 and below to the interactive miniature city run by kids. They can, once again, think, role-play and enjoy all kinds of jobs like being a firefighter, doctor, chef, teacher, grocer, photographer, and so much more! The indoor themed edutainment center caters to the ever-curious mind of children by offering a small model of the outside world they can explore, discover and play.

Before reopening, hygiene and safety measures that meet public health requirements were put in place so children can enjoy a day of fun and learning in a safe environment. Some of these safety protocols include fully vaccinated staff, deep cleaning, use of masks, and social distancing in queuing and common areas. The Learning Village is open to all (even non-SISC students) from Tuesday to Friday, 8 am to 5 pm. Every Monday, it will be open for SISC students only. To reserve, please contact 825-6374 local 100 and look for Ms. Hazel de Guzman.





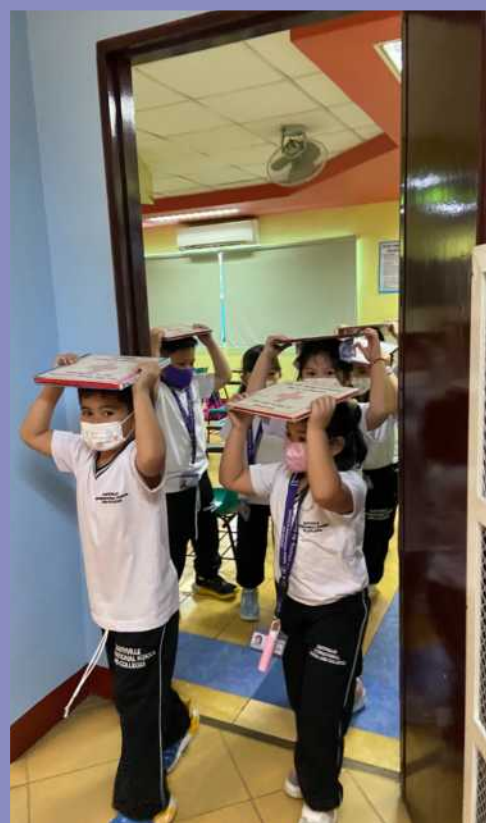


## SCHOOL HOLDS FIRST FACE-TO-FACE EARTHQUAKE DRILL SINCE PANDEMIC

When the school bell started to ring last December 7, 2022, Preschool, Grade School and High School students in Luxembourg, STAR, and Munich Campuses dropped on the floor and covered their heads. A minute later, when the bell stopped, all the students started out from their classrooms covering their heads with their arms, and gathered at the open field where respective class advisers checked if all were safely evacuated. The students were preparing in the event of an earthquake to ensure that the disaster countermeasures learned before were not forgotten.

The earthquake drill was conducted to teach Southville International School and Colleges (SISC) students, teachers and staff how to respond to the complications of an actual earthquake, and to evaluate how well all parts of the school's emergency plan work together. Prior to the drill, the teachers already discussed and demonstrated the procedures with the students. Of all earthquake preparedness measures, earthquake drills are the most important because earthquakes strike without

warning. During a damaging earthquake, everyone in SISC already knows the life-protecting actions to be done immediately and how to react appropriately.





## INSTITUTIONAL SURVEY LEADS TO IMPROVEMENT

SISC is a firm believer that educating a child is a collaborative effort between the home and the school. Just like you, SISC wants what is best for your child in terms of growing in knowledge and in values. We value parent comments and suggestions that improve the learning experiences of a child.

It is in view of our shared goal that SISC is conducting the Institutional Survey for parents and students. Please answer the Institutional Survey Form for Parents and Students linked to this bulletin so the school will know how it is doing and what more it can do to help your children achieve their potentials and become movers of society. Together, we can make a difference.

**Midyear Institutional Survey Academic Year 2022 - 2023**

# HEALTH ADVISORY



## SGEN HEALTH BULLETIN NO. 4

Academic Year 2022 - 2023  
December 9, 2022



### EARS, NOSE & THROAT AWARENESS

Under Proclamation no. 501, every December 3 - 9 is Ear, Nose, and Throat Consciousness Week. It aims to highlight the significance of early detection, prevention, and treatment of ear, nose, and throat diseases.

The cold weather is known for allergy spread with the rate quite heavy during this season. Cold wind spreads active allergens rapidly including indoor allergens like pet dander, dust mites, mold, etc. The key signs of allergies are sneezing, itchy eyes, coughing, nasal congestion, scratchy throat, and runny nose. When the symptoms last for more than ten days, you must see a doctor. Meanwhile, you can keep garbage away, use disinfectants and dehumidifiers, and wash clothes properly.

### INDOOR ALLERGENS



Dust Mites



Molds



Animals

### THE KEY SIGNS OF ALLERGY



Sneezing



Coughing



Itchy Eyes



Runny Nose



Nasal Congestion



Scratchy Throat

### WHEN SHOULD YOU SEE A DOCTOR



1. If the symptoms last for more than 10 days.
2. If the symptoms affect the quality of life like trouble sleeping or having problems breathing.

### PREVENTION TIPS

#### Keep garbage away

Trash the old carpets, shower curtains, wallpapers away as these are the primary sites for mold growth.



#### Use Bleach

Use bleach to wash the bathtub, shower and sinks to kill mold.



#### Dehumidify

Dehumidify to reduce mold growth.



#### Wash

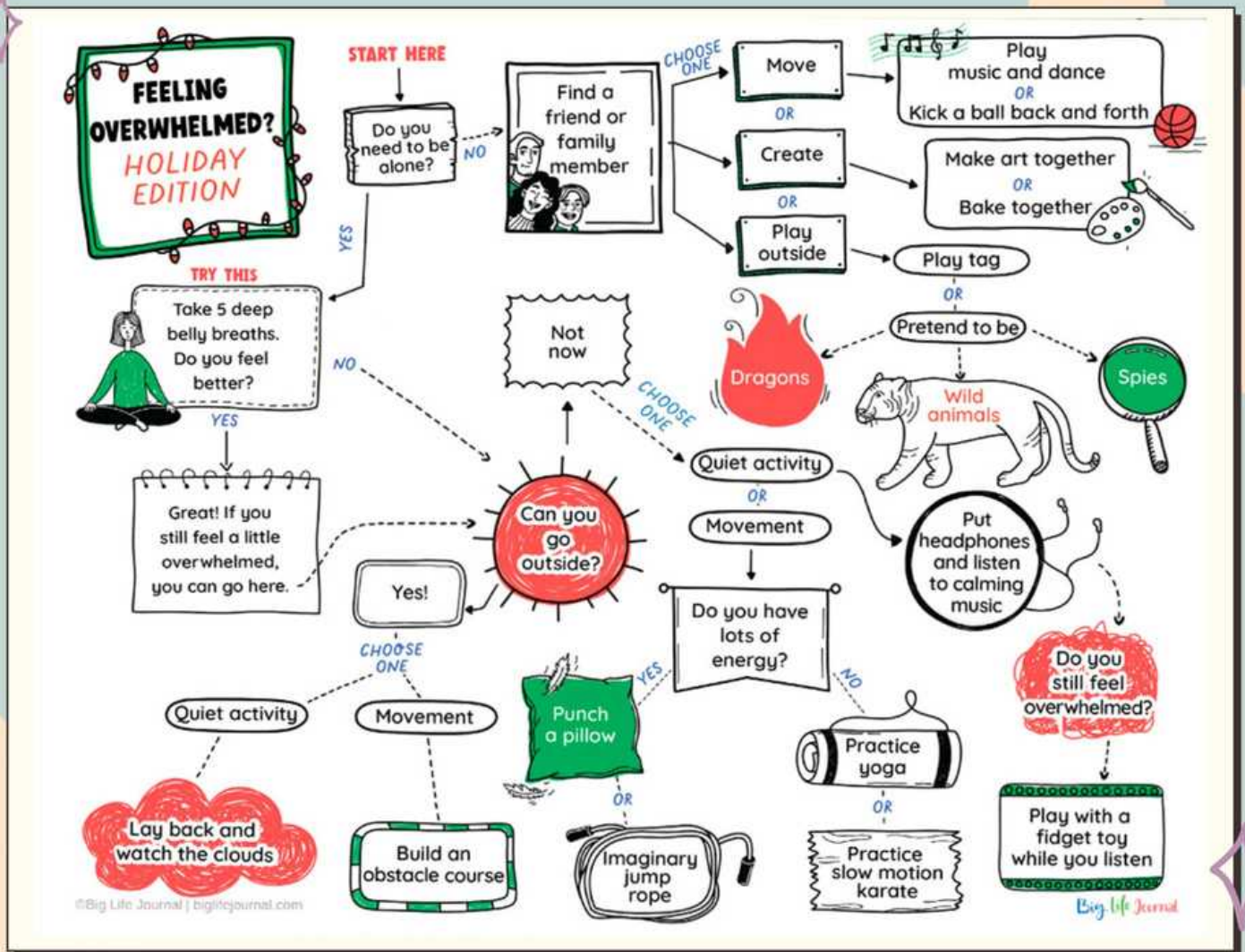
Wash sheets regularly to drown dust mites and keep mold invasion at bay.



#### REFERENCE:

<https://www.okoa.org/articles/increased-allergy-in-winter-signs-and-prevention>

# SOCIAL - EMOTIONAL LEARNING (SEL) CORNER



Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[\*\*Acknowledgment Form\*\*](#)

**Marie Vic F. Suarez, Ph.D.**  
Principal, K12 and IB

**Basic Ed Bulletins**

