



Students and Parents' Bulletin

for K-12 & IB

Southville International School and Colleges



Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

MONARCHS QUALIFY FOR INT'L ENGLISH CONTEST SEMIS

Southville International School and Colleges (SISC) will be sending nine students to the semi-final round of the 11th Hippo International English Language Olympiad after winning gold medals in the preliminary round held last March 19, 2023. Representing the school after making it to the top 10% in their levels is sixth grader Iain Climacosa, seventh graders Claire Hong, Vian Montano and Teresa Perez, eighth grader Gracy Gonzales, ninth grader Juan Lobien, tenth graders Lee Jisoo and Brielle Rodriguez, and eleventh grader Matthew Cabiles.

Better known as "English Beyond Borders," the contest uses the Common European Framework of Reference for Languages in challenging students around the globe to compete in English knowledge. The SISC semi-finalists obtained perfect scores or achieved a point below the full mark to join 72 other qualifiers from the more than 600 participants who took the reading comprehension and listening comprehension tests.

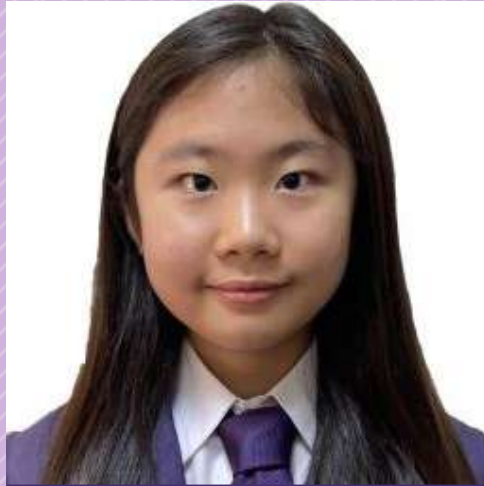
The semi-final round consisting of a reading test, a writing test and an essay will be held on April 23, 2023 while the final round will be held on September 27 - 30, 2023 at Rome, Italy.

Disclaimer: Awardees from STAR and Munich Campus will be published in our next SPB.

GOLD MEDALISTS



Iain Cedric Climacosa
6 Courage



Hong Chae Yeon
7 Resilience



Graciela Gonzales
8 Integrity



Teresa Czarina Perez
7 Determination



Vian Avril Montaña
7 Kindness



Brielle Victoria Rodriguez
10 Commitment



Juan Alfonso Lobien
9 Compassion



Lee Jisoo
10 Commitment



**John Matthew Bryan
Cabiles**
11 Efficiency

LEARNING-MODE PREFERENCE SURVEY FOR AY 2023-2024

With respect to families' decisions regarding their desired instructional mode for their children next school year, SISC would like to find out parent and student preferences for in-person, web-based or blended learning for academic year 2022-2023. We want to know how best to support the learning of your children while prioritizing their health and safety. At this time, SISC is offering the following options for our students:

Mode of Learning	Set-Up	Campus
Full Face to Face	Onsite classes 5 days a week	PS to Grade 4- STAR/ Elizalde Campus PS to Grade 6- Munich Campus Grade 7-12- Luxembourg Campus IB 1 and 2- Tropical Campus
Virtual Online Learning and Teaching or VOLT	Virtual online and interactive classes 5 days a week (offered only to PS to Grade 10)	NA
INNOVE	Combination of Face to Face, VOLT, asynchronous classes (flexible schedule)	Grade School- Munich Campus HS- Luxembourg Campus
Flex	100% online, asynchronous with once a week virtual consultation	NA

Reserve a slot now by clicking the link and answering the survey.

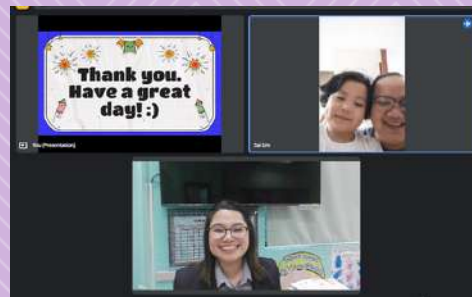
[Reservation Slip for Academic Year 2023 - 2024](#)

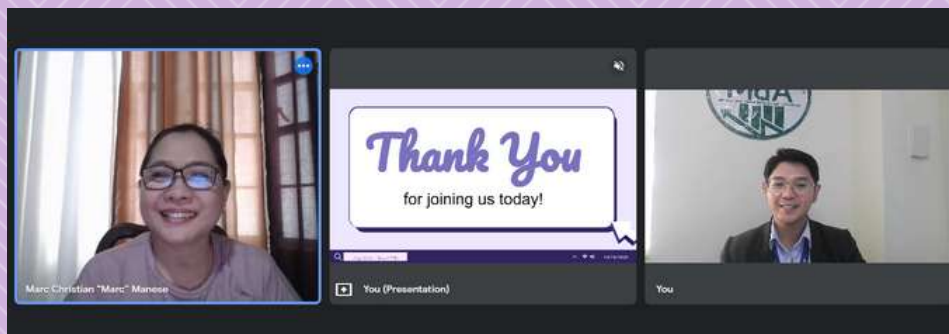
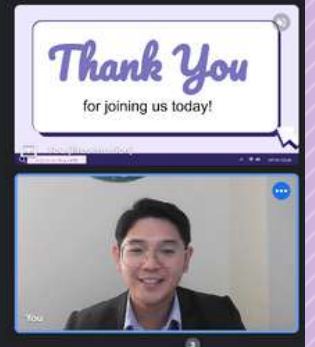
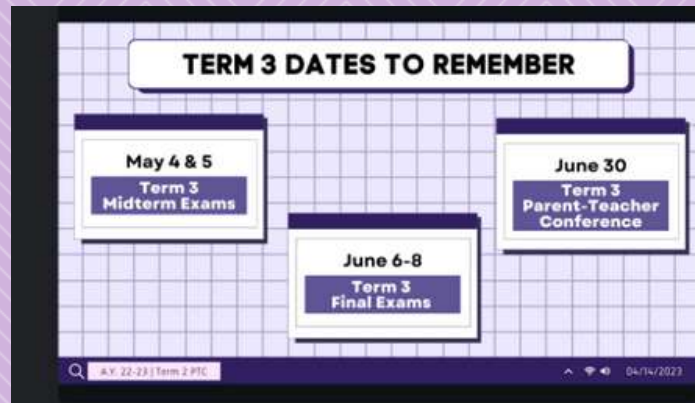
THANK YOU FOR ATTENDING THE PTC

We extend our heartfelt thanks to all the parents and guardians who attended the virtual or on-campus Parent-Teacher Conference (PTC) regarding your child's school performance during the Second Term. We appreciate your taking the time to meet with your child's class adviser and developing a shared understanding of how your child can make academic progress given this unique moment in time all learners are experiencing. We look forward to our continued partnership throughout the remainder of the school year.



Ms. Lumbres and Dr. Suarez welcome parents during the PTC.







ONE PAGER CALENDAR FOR ACADEMIC YEAR 2023 - 2024

Southville International School and Colleges K12 AND IB CALENDAR OF ACTIVITIES A.Y. 2023 - 2024

2023						
August						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
September						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
October						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
November						
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December						
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23	24	25	26	27	28	29
30	31					
January						
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30	31					
February						
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March						
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30	31					
April						
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May						
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23	24	25	26	27	28	29
30						
June						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						
July						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JUNE A.Y. 2022-2023

June 9 - IB 2 Graduation
June 23 - Grade 6 Graduation Day (AM)
June 23 - Senior Kinder Graduation Day (PM)
June 24 - Grade 12 Graduation (PM)

JULY - End of A.Y. 2022 - 2023

July 2 - Grades 1 and 2 Recognition Day
July 4 - Grades 3-5 Recognition Day
July 5 - Third Term PTC for Preschool to Grade 11
July 12 - Grades 7 - 9 Recognition Day
July 13 - Grade 10 and 11 Recognition Day

AUGUST - Start of A.Y. 2023 - 2024

August 21 - Ninoy Aquino Day (Holiday)
August 23 - Opening of Classes of IB and Grades 11 & 12
August 29 - National Heroes Day (Holiday)

SEPTEMBER 2023

September 5 - Opening of Classes of Grades 7-10
September 6 - Opening of classes of Grades 3-6
September 11 - Opening of Classes of PS - Grade 2, INNOVE and FLEX

OCTOBER 2023

October 5 - Teachers' Day Celebration
October 9 - 29 - International Month
October 30 - 31 - Curriculum Review

NOVEMBER 2023

November 1 - All Saints Day
November 2 - All Souls Day
November 6 - Resumption of Classes for K-12 and IB
November 6 - 10 - IB1 Term 1 Exams
November 6 - 17 - IB2 Term 1 Exams
November 21 - 23 - First Term Exam for Grades 1 to 12
November 30 - Bonifacio Day

DECEMBER 2023

December 8 - Feast of the Immaculate Conception (Holiday)
December 12 - First Term PTC for IB 1 and 2
December 14 - Holiday Party of Students
December 18 - Jan 7 - Holiday Break of Students
December 30 - Rizal Day (Holiday)

Disclaimer: SISAC has made every effort to ensure that the calendar of activities is correct and accurate at the time of publishing, but changes may occur due to cancellation of classes and other unavoidable circumstances. All stakeholders will be informed of any changes made.

2023

2024

JANUARY 2024

January 1 - New Year's Day
January 8 - Resumption of Classes of SHS Grades 10-12 and IB
January 9 - Resumption of Classes of Grades 7-9
January 10 - Resumption of Classes of STAR and Munich
January 12 - First Term PTC for Grades 1 - 12

FEBRUARY 2024

February 19 - March 8 - IB 2 Mock Exams
February 25 - People Power Anniversary
February 26 - March 1 - Second Term Exam for IB 1

MARCH 2024

March 13 - 15 - Second Term Exam for Grades 1 - 12
March 22 - Second Term PTC for IB 1
March 28 - Holy Thursday
March 29 - Good Friday

APRIL 2024

April 5 - Second Term PTC for IB 2
April 9 - Day of Valor
April 10 - Eid al-Fitr
April 19 - Second Term PTC for Grades 1 - 12
April 25 - May 17 - IB 2 External Exams

MAY 2024

May 1 - Labor Day
May 20 - 24 - Third Term Exam for IB 1
May 22 - 24 - Third Term Exam for Grade 12

JUNE 2024

June 5 - 7 - Third Term Exam for Grades 1 - 11
June 7 - IB Graduation
June 11 - Third Term PTC for IB 1
June 12 - Independence Day
June 16 - Eid al-Adha
June 21 - Third Term PTC for Grade 12
June 21 - Preschool Recognition Day
June 21 - Senior Kinder Graduation Day
June 29 - Grade 12 Graduation Day

JULY 2024

July 3 - Grades 1-2 Recognition
July 5 - Grades 3-5 Recognition
July 5 - Third Term PTC for Grades 1 - 11
July 9 - Grade 6 Graduation
July 10 - Grades 7-9 Recognition
July 11 - Grade 10 & 11 Recognition

as of April 14, 2023

Click here to download the One Pager calendar:

One Pager Calendar For Academic Year 2023-2024

SISC REVIVES WEEKEND PROGRAMS

In line with the school year's gradual 'return to normalcy,' SISC is re-implementing the Worthwhile Weekend Programs (WWP) for kids aged 3 and above who may want to put their Saturdays into good use by learning new skills or knowledge in fun and interesting ways. The WWP will offer sessions in academics, sports, and the performing arts beginning April 2023.

The WWP offerings include basketball, volleyball, soccer, chess, karate, taekwondo, violin, guitar, ukulele, acrylic painting, and ballet in partnership with Acts Manila.

To register, please click <https://forms.gle/Z1XbnRrUCRf2CAcJ8>





HEALTH ADVISORY Medical Department



Issue No.16

April 12, 2023

Stomach Flu

Blue skies, hot temperature, outdoor activities, and spending time out by the pool are all proof that summer is here. During this time, one of the most common symptoms encountered is the stomach flu.



WHAT IS Stomach Flu?

Stomach Flu is an intestinal infection that causes inflammation of the lining of the digestive system. It is also called gastroenteritis.



CAUSES



You can get it from bacteria, parasites, toxins and viruses. Viruses are the most common cause. Norovirus is often the culprit for adults, while Rotavirus is frequently to blame for children. These viruses mostly infect the lining of the small intestine.

It can affect one person or a group of people who ate the same food or drank the same water. The microorganisms may get into your body in many ways:

- Directly from food or water
- By way of objects such as plates and eating utensils
- Passed from person to person by way of close contact

Signs and Symptoms



Appetite loss



Headache



Nausea or vomiting



Abdominal pain



Fatigue and tiredness



Fever and chills

Who is at risk to have stomach flu?



- Young children
- Schoolchildren or dormitory residents
- Pregnant women
- Older adults
- People with weakened immune systems or other serious health conditions
- Infants
- Babies who were born prematurely or have other health conditions

Is there a treatment for stomach flu?

Usually, it gets better on their own, with rest and plenty of fluids and electrolytes.



WHAT ARE THE PREVENTIVE MEASURES FOR STOMACH FLU?

Get your child vaccinated. A vaccine against stomach flu caused by the rotavirus is available in some countries.



Wash your hands thoroughly. Hand washing is the most effective way in preventing the spread of diseases.



Prepare food safely. Wash all the fruits and vegetables before eating. Clean all the surfaces before preparing food on them. Avoid preparing food if you are sick.



Keep your distance. Avoid close contact with anyone who has the virus, if possible.



The biggest asset you can ever have is your HEALTH.

Reference:

- Cleveland Clinic
- GI Alliance
- Better Health Channel
- Health Direct
- Medline Plus

SOCIAL-EMOTIONAL LEARNING(SEL) CORNER

WHY BOUNDARIES MATTER AND HOW TO SET THEM

Boundaries teach others to treat us in ways that keep us mentally, emotionally, and physically safe.

Talk to your tween or teen about what a healthy friendship or relationship looks like:

What does respect look like? What does kindness look like? What behaviors are unacceptable? What behaviors make you feel uncomfortable or "off" about a situation?

Then, brainstorm key phrases to use when a boundary is violated:

- ☐ "No."
- ☐ "I'm not comfortable with that."
- ☐ "It's okay to be angry at me, but it's not okay to use those words."
- ☐ "I feel ___ when this happens... I need you to..."

Setting boundaries can feel uncomfortable at first. So, roleplay or give your child opportunities to practice boundary-setting at home.

And when your child sets a boundary with you (like needing space), always honor it!

Reference: biglifejournal

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[Acknowledgment Form](#)

Marie Vic F. Suarez, PhD

Principal, K12 and IB

K12 and IB Bulletins

NURTURING the **5Cs** through
Academic Rigor, with **GRIT** and a
GROWTH MINDSET