



Students and Parents' Bulletin

for K-12 & IB

Southville International School and Colleges



Internationally Accredited by the Western Association of Schools and Colleges; Recognized by the Department of Education as a School of the Future; An International Baccalaureate (I.B.) Authorized World School; Investors in People Gold Awardee; ISO 9001:2008 Certified

MONARCHS HARVEST MEDALS IN SPORTS EVENTS



Tchelzy Mei Maayo

5 – Trustworthiness



Neil Sheridan Gatchalian Jr.

6 – Perseverance

Students of Southville International School and Colleges (SISC) won medals in various sports competitions held last weekend. Gymnast Tchelzy Mei Maayo of Gr. 5 – Trustworthiness bagged gold medals in the balance beam,

vault and floor exercise, silver in the uneven bars, and the all-around Champion title in the National Capital Region Meet to qualify for the 2023 Palarong Pambansa.

Neil Gatchalian Jr. of Gr. 6 – Perseverance, meanwhile, earned a finisher medal in the 2023 YOLO Run Manila held in the heritage area of Intramuros. He joined other runners in traversing through the historic Intramuros district, as well as its suburbs, in the race that embraced the spirit of YOLO (You Only Live Once).



IB ART EXHIBIT MAKES MUCH- WELCOMED COMEBACK ON CAMPUS

After a three-year pandemic hiatus, the International Baccalaureate (IB) 2 Visual Arts class welcomed their audience back on campus to view their "La Loupe: Magnifying Glass" exhibit in-person. The exhibition aimed to introduce the student artists in a deeper and bigger perspective through their work, just as how one uses a magnifying glass.

Family, classmates, and teachers were invited to witness the artwork made by the Visual Arts students for the past two years in the Diploma Programme. The IB student art shows in 2020, 2021, and 2022 took place virtually, with online galleries set up in place of in-person installations.

Here are some of the pictures from the event last April 12, 2023:



SISC REVIVES WEEKEND PROGRAMS

In line with the school year's gradual 'return to normalcy,' SISC is re-implementing the Worthwhile Weekend Programs (WWP) for kids aged 3 and above who may want to put their Saturdays into good use by learning new skills or knowledge in fun and interesting ways. The WWP will offer sessions in academics, sports, and the performing arts beginning April 2023.

The WWP offerings include basketball, volleyball, soccer, chess, karate, taekwondo, violin, guitar, ukulele, acrylic painting, and ballet in partnership with Acts Manila.

To register, please click: <https://forms.gle/Z1XbnRrUCRf2CAcJ8>

MAY 1 IS A HOLIDAY

Malacañang has declared May 1, 2023, Monday, a special non-working holiday in commemoration of Labor Day which is celebrated in many countries worldwide. There will be no classes, and offices will be closed in SISC on that day. Regular classes will resume on May 2, 2023, Tuesday.

AROUND SGEN



SGEN TO PILOT CAREER READINESS ACCELERATOR PROGRAM

Southville Global Education Network (SGEN) schools will be the first academic institutions in the country to adopt the innovative W3 (Winning in the Work World) Accelerator Program. The program empowers fresh graduates to be ready for the work world and to gain a deeper understanding of how to stand out at the beginning of their careers.

SGEN faculty members and officers recently attended a two-day training session with W3 founder Stephen Kreml to help students develop the global mindset and relevant skills they need as they embark on their first job and jump-start their career. Kreml brought over 25 years of professional experience in Fortune 500 companies, such as PepsiCo Restaurants International and Motorola, and was Chief Learning Officer of Starbucks Coffee Company.

The program combines live and virtual sessions that will equip students with real-world tools and insights for avoiding work adjustment difficulties as they enter an unknown workforce. It will be integrated into the institutional courses of SGEN schools so SGEN graduates can successfully integrate into their new work environment and achieve their career goals.

"Our goal is to offer a transformative experience that will enable our students to communicate more confidently, connect personally, and engage their prospective employers effectively. The W3 Accelerator Program also enables students to receive individual feedback on how they can improve the way they come across to employers. The W3 accelerator program is action-oriented and highly interactive," said SGEN College Director Rolly Donato.



LEARNING-MODE PREFERENCE SURVEY FOR AY 2023-2024

With respect to families' decisions regarding their desired instructional mode for their children next school year, SISC would like to find out parent and student preferences for in-person, web-based or blended learning for academic year 2022-2023. We want to know how best to support the learning of your children while prioritizing their health and safety. At this time, SISC is offering the following options for our students:

| Mode of Learning | Set-Up | Campus |
|----------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| Full Face to Face | Onsite classes 5 days a week | PS to Grade 4- STAR/ Elizalde Campus PS to Grade 6- Munich Campus Grade 7-12- Luxembourg Campus IB 1 and 2- Tropical Campus |
| Virtual Online Learning and Teaching or VOLT | Virtual online and interactive classes 5 days a week (offered only to PS to Grade 10) | NA |
| INNOVE | Combination of Face to Face, VOLT, asynchronous classes (flexible schedule) | Grade School- Munich Campus HS- Luxembourg Campus |
| Flex | 100% online, asynchronous with once a week virtual consultation | NA |

Reserve a slot now by clicking the link and answering the survey.

Reservation Slip for Academic Year 2023 - 2024

HEALTH ADVISORY



SGEN HEALTH BULLETIN No.8

Academic Year 2022-2023

April 28, 2023



National Hemophilia Awareness Month



April has been declared as National Hemophilia Awareness Month. According to The World Hemophilia Federation, about 10,000 Filipinos have hemophilia. The goal of the Department of Health is to increase awareness of the inheritable bleeding disorder and to help hemophiliacs get a better understanding of the disease.

What is Hemophilia?

Hemophilia is a rare genetic bleeding disorder in which the blood is unable to clot properly. People with hemophilia have low levels of either factor VIII (8) or factor IX (9) which are proteins in your blood that work with platelets to form blood clots needed in controlling the bleeding. It is caused by a mutation or change in one of the genes of the clotting factor that cannot participate effectively in the blood clotting process during an injury. Mostly it affects boys however girls can be the carriers of the disease. It can pass to their children through a gene on the X chromosome.

Symptoms of hemophilia include:



Heavy, uncontrollable bleeding

Bruising

Bleeding in gums or mouth

Bleeding in the brain from injury or spontaneously

Bleeding in the joint

Blood found in the urine or stool may signal hemophilia

How to Diagnose Hemophilia:

Medical providers require a complete history and physical examination that may include diagnostic tests such as complete blood count, prothrombin time (PT) test, activated partial thromboplastin time test, and genetic or DNA testing.



How to Manage Hemophilia:



Replacing the missing blood clotting factor is the most effective way to treat hemophilia. This is given intravenously or through a vein. Regular replacement therapy is needed to prevent most bleeding episodes.

Avoid activities that include risks of being hit or falling down.



Proper dental hygiene is also a good example of prevention of bleeding in the gums.

Avoid taking aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs) because it thins the blood and decreases blood clotting. Avoid also anticoagulants such as heparin or warfarin as they decrease the clotting ability of the blood.



Here in the Philippines, mostly hospitals in the urban area like Metro Manila, Cebu and Davao have equipment in managing Hemophilia. They are mostly private hospitals that are not affordable to majority of the patients. However there's a lot of organizations in our country who supports and provides immediate assistance to members who are experiencing life-threatening bleeds.



Everyone deserves to live a healthy life.
Better understanding towards bleeding can save lives.

Reference:

- Centers for Disease Control and Prevention (CDC)
- Department of Health (DOH) - Philippines
- MyHealth.Alberta.ca



SOCIAL-EMOTIONAL LEARNING (SEL) CORNER

SPEAKING UP IN 4 EASY STEPS

Assertiveness means being able to stand up for yourself (and others) without being mean or hurtful.

1. Say What You See

"I noticed that..."



"I heard you say..."

2. Say What You Feel

"I feel..."



"I don't like it when..."

3. Say What You Need

"I need..."



"I would like you to..."

4. Stay Or Go

"From now on please..."



"I'm going to go and..."

Learning to speak assertively builds confidence, nurtures healthy relationships, and helps children resist peer pressure and stay safe.

Reference: BigLifeJournal

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[Acknowledgment Form](#)

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Basic Ed Bulletins

NURTURING the **5Cs** through
Academic Rigor, with **GRIT** and a
GROWTH MINDSET