



Southville International School and Colleges

# STUDENTS AND PARENTS BULLETIN

May 26, 2023 - SPB #33 A.Y. 2022 - 2023

## MONARCHS OBTAIN PERFECT SCORES IN ENGLISH PROFICIENCY TEST

Sixteen students from Southville International School and Colleges (SISC) got a perfect score of 900 in the Test of English as a Foreign Language (TOEFL) Junior test intended for students ages 11 to 15. The TOEFL Jr. is a widely respected academic English-language test in the world that assesses English language proficiency, ensuring SISC students outperform global benchmarks.

The perfect scorers are:



Iain Cedric Climacosa  
6 - Courage



Prince Iago Kumar  
6 - Perseverance



Rymmel Renzo  
Macapagal  
7 - Resilience



Yedam Lim  
8 - Integrity



Althya Ruby Judy Hale  
8 - Joy



Alarice Willow Laraño  
8 - Empathy



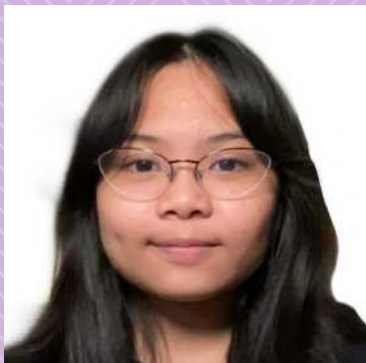
Jose Luis Santos  
8 - Joy



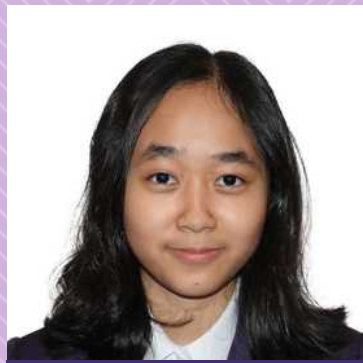
Gianpaolo Kaiser Bragais  
9 - Compassion



Mikaela Ysobel Cabaero  
9 - Compassion



Chiara Monique Hernandez  
9 - Compassion



Cara Ysabel Mallare  
9 - Compassion



Joshua Levi Santos  
9 - Compassion



Johnna Clayne Chao  
9 - Fortitude



Arthur D'Aran  
9 - Fortitude



Jia He Han  
9 - Fortitude



Jacob Tacorda  
9 - Harmony

## MATHLETES SHOW THEIR METTLE IN INT'L TILT

More SISC math whizzes medalled in the 2023 International Kangaroo Mathematics Competition (IKMC). They matched their problem solving and higher order thinking skills with peers from over 70 countries in the international mathematical competition meant to promote mathematical thinking and stimulate an interest in math.

The IKMC medalists are:



Chaeun Jang  
10 - Prudence



Subin Cho  
5 - Honesty



Kent Togawa  
5 - Trustworthiness





**Railey Emmanuel Ascano**  
8 - Integrity



**Juan Alfonso Lobien**  
9 - Compassion



**Theodor Kierkegaard Victoria**  
9 - Diligence

# SCHEDULE OF THIRD TERM EXAMS FOR PS - GR. 11 SET

The Final Exams for Preschool to Grade 11 students will be held on June 6 – 8, 2023. The schedule of the tests is as follows:

## PRESCHOOL

Monday, June 5		Tuesday, June 6		Wednesday, June 7	
<b>MORNING CLASS</b>		<b>MORNING CLASS</b>		<b>MORNING CLASS</b>	
<b>NURSERY, PRE-KINDER and JUNIOR KINDER</b>		<b>NURSERY, PRE-KINDER and JUNIOR KINDER</b>		<b>NURSERY, PRE-KINDER and JUNIOR KINDER</b>	
<b>BATCH 1</b>		<b>BATCH 2</b>		<b>BATCH 3</b>	
8:30 - 11:30 AM	English Language Arts and Reading and Math	8:30 - 11:30 AM	English Language Arts and Reading and Math	8:30 - 11:30 AM	English Language Arts and Reading and Math
<b>SENIOR KINDER</b>		<b>SENIOR KINDER</b>		<b>SENIOR KINDER</b>	
8:30 - 11:30 AM	Fluency Exams	8:30 - 11:30 AM	Math	8:30 - 11:30 AM	English Language Arts and Reading
<b>AFTERNOON CLASS</b>		<b>AFTERNOON CLASS</b>		<b>AFTERNOON CLASS</b>	
<b>JUNIOR KINDER</b>		<b>JUNIOR KINDER</b>		<b>JUNIOR KINDER</b>	
English Language Arts and Reading and Math		English Language Arts and Reading and Math		English Language Arts and Reading and Math	
<b>BATCH 1</b>		<b>BATCH 2</b>		<b>BATCH 3</b>	
1:00 - 3:00 PM	Face to Face Students	1:00 - 3:00 PM	Face to Face Students	1:00 - 3:00 PM	Face to Face Students
3:00 - 4:30 PM	VOLT Students	3:00 - 4:30 PM	VOLT Students	3:00 - 4:30 PM	VOLT Students
*Batch 2 and 3 will not report on this day		*Batch 1 and 3 will not report on this day		*Batch 1 and 2 will not report on this day	
<b>SENIOR KINDER</b>		<b>SENIOR KINDER</b>		<b>SENIOR KINDER</b>	
English Language Arts and Reading and Math		English Language Arts and Reading and Math		English Language Arts and Reading and Math	
<b>BATCH 1</b>		<b>BATCH 2</b>		<b>BATCH 3</b>	
1:00 - 3:30 PM	VOLT Students	1:00 - 3:30 PM	VOLT Students	1:00 - 3:30 PM	VOLT Students
*Batch 2 and 3 will not report on this day		*Batch 1 and 3 will not report on this day		*Batch 1 and 2 will not report on this day	

## GRADES 1 - 2

Tuesday, June 6		Wednesday, June 7		Thursday, June 8	
<b>GRADES 1 AND 2</b>		<b>GRADES 1 AND 2</b>		<b>GRADES 1 AND 2</b>	
<b>MORNING</b>		<b>MORNING</b>		<b>MORNING</b>	
8:30 - 9:00 AM	HR	8:30 - 9:00 AM	HR	8:30 - 9:00 AM	HR
9:00 - 10:00 AM	Science	9:00 - 10:00 AM	ELA and Reading	9:00 - 10:00 AM	Math
10:00 AM	Dismissal	10:00 AM	Dismissal	10:00 AM	Dismissal
<b>GRADES 1 AND 2</b>		<b>GRADES 1 AND 2</b>		<b>GRADES 1 AND 2</b>	
<b>AFTERNOON</b>		<b>AFTERNOON</b>		<b>AFTERNOON</b>	
12:00 - 12:30 PM	HR	12:00 - 12:30 PM	HR	12:00 - 12:30 PM	HR
12:30 - 1:30 PM	Science	12:30 - 1:30 PM	ELA and Reading	12:30 - 1:30 PM	Math
1:30 PM	Dismissal	1:30 PM	Dismissal	1:30 PM	Dismissal

## GRADES 3 - 5

Tuesday, June 6		Wednesday, June 7		Thursday, June 8	
<b>GRADES 3-5</b>		<b>GRADES 3-5</b>		<b>GRADES 3-5</b>	
<b>MORNING CLASS</b>		<b>MORNING CLASS</b>		<b>MORNING CLASS</b>	
8:00 AM - 8:30 AM	Homeroom	8:00 AM - 8:30 AM	Homeroom	8:00 AM - 8:30 AM	Homeroom
8:30 - 10:00 AM	Science	8:30 - 10:00 AM	English	8:30 - 10:00 AM	Math
10:00 - 10:30 AM	Homeroom	10:00 - 10:30 AM	Homeroom	10:00 - 10:30 AM	Homeroom
10:30 AM	Dismissal	10:30 AM	Dismissal	10:30 AM	Dismissal
<b>GRADE 3</b>		<b>GRADE 3</b>		<b>GRADE 3</b>	
<b>AFTERNOON CLASS</b>		<b>AFTERNOON CLASS</b>		<b>AFTERNOON CLASS</b>	
12:00 NN - 12:30 PM	Homeroom	12:00 NN - 12:30 PM	Homeroom	12:00 NN - 12:30 PM	Homeroom
12:30 PM - 2:00 PM	Science	12:30 PM - 2:00 PM	English	12:30 PM - 2:00 PM	Math
2:00 - 2:30 PM	Homeroom	2:00 - 2:30 PM	Homeroom	2:00 - 2:30 PM	Homeroom
2:30 PM	Dismissal	2:30 PM	Dismissal	2:30 PM	Dismissal



## GRADES 7 - 9

### 7TH to 9TH GRADE | THIRD TERM ASSESSMENT SCHEDULE AY 2022-2023

Time	June 6, 2023 Tuesday	June 7, 2023 Wednesday	June 8, 2023 Thursday
10:00 - 10:30	<b>Homeroom</b> Class Adviser and Co-Adviser	<b>Homeroom</b> Class Adviser and Co-Adviser	<b>Homeroom</b> Class Adviser and Co-Adviser
10:30 - 12:00	<b>Science</b> Class Adviser and Co-Adviser	<b>English Paper 1</b> Class Adviser and Co-Adviser	<b>Math</b> Class Adviser and Co-Adviser
12:00 - 12:30	Dismissal	Break	Dismissal
12:30 - 1:30		<b>English Paper 2</b> Class Adviser and Co-Adviser	
1:30		Dismissal	
1:30 - 2:30	Completion of Requirements for Filipino	Completion of Requirements for SLGE	Completion of Requirements for AI-ICT and EQ-ACT
2:30 - 3:30	Completion of Requirements for Chinese and French	Completion of Requirements for Business	Completion of Requirements for Special Subjects

## GRADES 10 - 11

Tuesday, June 6		Wednesday, June 7		Thursday, June 8
<b>GRADE 10</b>		<b>GRADE 10</b>		<b>GRADE 10</b>
9:30 AM - 9:50 AM	Homeroom	9:30 AM - 9:50 AM	Homeroom	NOTE: Completion of Pending Term Requirements
9:50 AM - 11:20 AM	Science	9:50 AM - 11:20 AM	Math	
11:20AM - 11:30AM	Homeroom	11:20AM - 11:30AM	Homeroom	
11:30	Dismissal	11:30 AM	Dismissal	

Tuesday, June 6		Wednesday, June 7		Thursday, June 8	
<b>GRADE 11</b>		<b>Grade 11</b>		<b>GRADE 11</b>	
9:00AM - 9:20 AM	Homeroom	9:00AM - 9:20 AM	Homeroom	9:00 AM - 9:20 AM	Homeroom
9:20 AM - 10:50AM	Science	9:20 AM - 10:50 AM	Math	9:20 AM - 10:50 AM	Statistics & Probability
10:50 AM	Dismissal (all strands except ABM)	10:50 AM	Dismissal (all strands except ABM)	10:50AM - 11:00AM	Homeroom
10:50AM - 11:30AM	Break (ABM)	10:50AM - 11:30AM	Break (ABM)	11:00 AM	Dismissal

Tuesday, June 6		Wednesday, June 7		Thursday, June 8	
GRADE 11		Grade 11		GRADE 11	
11:30AM - 1:30PM	Accounting (ABM)	11:30AM - 1:00PM	Business Management (ABM)		
				NOTE: For HUMSS, completion of Pending Term Requirements	
1:30 PM	Dismissal	1:00 PM	Dismissal (ABM)		

## INSTITUTIONAL SURVEY LEADS TO IMPROVEMENT

SISC is a firm believer that educating a child is a collaborative effort between the home and the school. Just like you, SISC wants what is best for your child in terms of growing in knowledge and in values. We value parents' comments and suggestions that improve the learning experiences of a child.

It is in view of our shared goal that SISC is conducting the Institutional Survey for parents and students. Please answer the Institutional Survey Form for Parents and Students linked to this bulletin so the school will know how it is doing and what more it can do to help your children achieve their potentials and become movers of society. Together, we can make a difference.

**Year-End Institutional Survey Academic Year 2022 - 2023**

## SISC REVIVES WEEKEND PROGRAMS

In line with the school year's gradual 'return to normalcy,' SISC is re-implementing the Worthwhile Weekend Programs (WWP) for kids aged 3 and above who may want to put their Saturdays into good use by learning new skills or knowledge in fun and interesting ways. The WWP will offer sessions in academics, sports, and the performing arts beginning April 2023.



The WWP offerings include basketball, volleyball, soccer, chess, karate, taekwondo, violin, guitar, ukulele, acrylic painting, and ballet in partnership with Acts Manila.

To register, please click <https://forms.gle/Z1XbnRrUCRf2CAcJ8>

## LEARNING-MODE PREFERENCE SURVEY FOR AY 2023-2024

With respect to families' decisions regarding their desired instructional mode for their children next school year, SISC would like to find out parent and student preferences for in-person, web-based or blended learning for academic year 2022-2023. We want to know how best to support the learning of your children while prioritizing their health and safety. At this time, SISC is offering the following options for our students:

Mode of Learning	Set-Up	Campus
Full Face to Face	Onsite classes 5 days a week	PS to Grade 4- STAR/ Elizalde Campus PS to Grade 6- Munich Campus Grade 7-12- Luxembourg Campus IB 1 and 2- Tropical Campus
Virtual Online Learning and Teaching or VOLT	Virtual online and interactive classes 5 days a week (offered only to PS to Grade 10)	NA
INNOVE	Combination of Face to Face, VOLT, asynchronous classes (flexible schedule)	Grade School- Munich Campus HS- Luxembourg Campus
Flex	100% online, asynchronous with once a week virtual consultation	NA

Reserve a slot now by clicking the link and answering the survey.

**Reservation Slip for Academic Year 2023 - 2024**



# HEALTH ADVISORY



## HEALTH ADVISORY Medical Department



Issue No. 20

May 26, 2023

### Sore throat



During summer time, we experience fluctuating temperature levels in the country. Having sunny and hot days between breezy and cold evenings can cause cold symptoms like runny nose, sore throat, cough, and even diarrhea.

#### WHAT IS SORE THROAT?

Sore throat is a pain, itchiness or irritation of the throat that often gets worse when swallowing.

#### Causes



- Viruses, like those that cause colds or flu
- The bacteria group A strep, which causes strep throat (also called streptococcal pharyngitis)
- Allergies to pet dander, dust and pollen that can irritate and inflame the throat
- Dry indoor air or breathing through the mouth due to nasal
- Outdoor air pollution and indoor pollution such as tobacco smoke or chemicals
- Muscle strain of the throat from yelling, talking loudly or talking for long periods without rest.
- Gastroesophageal reflux disease (GERD) in which acid from the stomach comes up into the
- HIV infection due to a fungal infection called oral thrush or due to a viral infection called cytomegalovirus (CMV)
- Tumors of the throat, tongue or voice box (larynx)

#### SIGNS AND SYMPTOMS

The symptoms of a sore throat can vary depending on the cause. Signs and symptoms might include:

- Pain or a scratchy sensation in the throat
- Pain that worsens with swallowing or talking
- Difficulty swallowing
- Sore, swollen glands in the neck or jaw
- Swollen, red tonsils
- White patches or pus on the tonsils
- A hoarse or muffled voice

Infections causing a sore throat might result in other signs and symptoms, including:

- Fever
- Cough
- Runny nose
- Sneezing
- Body aches
- Headache
- Nausea or vomiting

#### WHEN TO SEE A DOCTOR?

Get immediate care if you experience severe signs and symptoms such as:

- Difficulty breathing
- Difficulty swallowing
- Unusual drooling, which might indicate an inability to swallow
- Severe sore throat that lasts longer than a week

- Difficulty opening the mouth
- Joint pain
- Earache
- Rash
- Fever higher than 101 F (38.3 C)
- Blood in the saliva or phlegm
- Frequently recurring sore throats
- A lump in the neck
- Hoarseness lasting more than two weeks
- Swelling in the neck or face

#### TREATMENT

A doctor will determine what type of illness you have by asking about symptoms and doing a physical examination. Sometimes, he/she will also swab your throat. Some ways you can feel better when you have a sore throat are:

- Suck on ice chips, popsicles, or lozenges (do not give lozenges to children younger than 2 years).
- Use a clean humidifier or cool mist vaporizer.
- Gargle with salt water.
- Drink warm beverages and plenty of fluids.
- Use honey to relieve cough for adults and children at least 1 year of age or older.
- Ask your doctor or pharmacist about over-the-counter medicines that can help you feel better. Use over-the-counter medicines as prescribed.

#### PREVENTION

The best way to prevent sore throats is to avoid the germs that cause them.

- Practice good hygiene.
- Avoid close contact with people who are sick or have symptoms.
- Avoid exposure to smoke and allergens.
- Avoid sharing of spoon and fork or even straws.
- Regularly clean and disinfect phones, doorknobs, light switches, remotes and computer keyboards. When you travel, clean phones, light switches and remotes in your hotel room.



*Speak up. speak out. and never let a sore throat hold you back.*



Reference: 

- Centers for Disease Control and Prevention
- Mayo Clinic
- NHS





# SOCIAL-EMOTIONAL LEARNING(SEL) CORNER

## 5 SIGNS YOU'RE BREAKING THE TOXIC GENERATIONAL CYCLE

You learned to pause before reacting to your child

You refuse to punish your child

You do not say, "Because I said so!"

You make sure your child knows you love them  
unconditionally

*Every step, no matter how small, gets you closer to  
being the parent you want for your child.*

Reference: BiLife Journal



Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[\*\*Acknowledgment Form\*\*](#)

**Marie Vic F. Suarez, PhD**  
**Principal, K12 and IB**

**K12 and IB Bulletins**

**NURTURING** the **5Cs** through  
*Academic Rigor,* with **GRIT** and a  
**GROWTH MINDSET**