

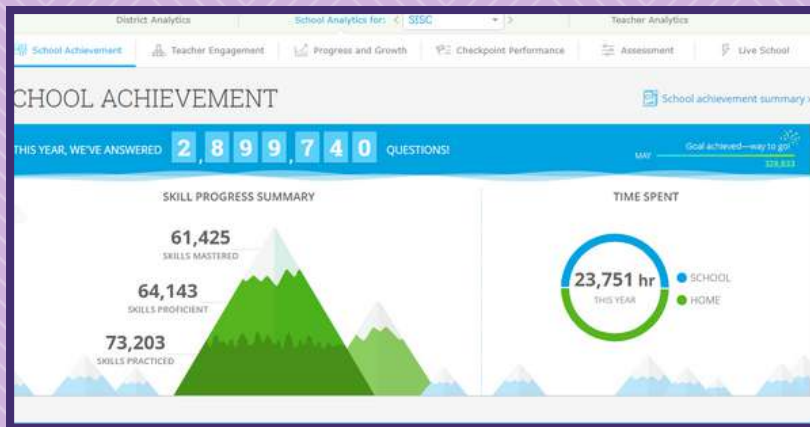


Southville International School and Colleges

STUDENTS AND PARENTS' BULLETIN

June 2, 2023 - SPB #34 A.Y. 2022 - 2023

EMPOWERING YOUR CHILD'S GROWTH WITH THE IXL REPORT



The IXL Report serves as a valuable tool to provide our dear parents with a comprehensive overview of your child's progress and the skills they have mastered in the core subjects on the IXL

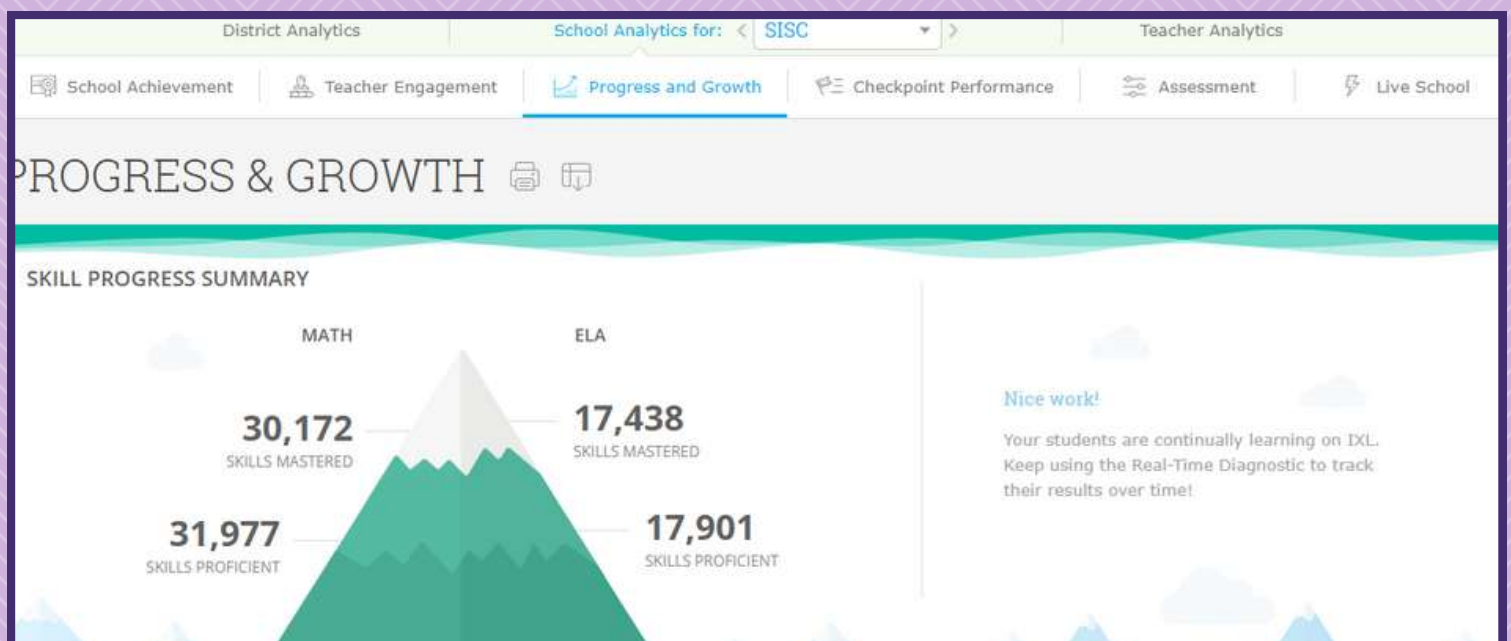
Analytics platform. We firmly believe that an informed partnership between school and parents is crucial in supporting your child's educational journey, and this report aims to strengthen that collaboration. By utilizing the IXL Report, you can actively monitor your child's personalized learning journey. It allows you to identify their strengths based on the mastered skills and provides links to specific topics where your child may benefit from additional support or attention. This valuable insight empowers you to play an active role in your child's education and provide the necessary guidance for their growth and development.

Furthermore, the report aids in fostering a growth mindset in your child. By highlighting their achievements and areas for improvement, it encourages them to embrace challenges, persevere, and strive for continuous improvement.

It promotes a positive attitude towards learning and empowers your child to take ownership of their educational progress. Additionally, the report enables you to monitor your child's Smartscore, providing you with a clear understanding of their overall performance and progress on the IXL platform. This allows you to track their growth and identify areas where they may need further assistance or practice.

We are committed to facilitating ongoing communication between the school and parents, and therefore, we will continue to send the IXL Report for extra skills during the summer. We encourage you to review the report thoroughly and do not hesitate to reach out to us with any questions or clarifications you may have. For the most up-to-date information, we recommend logging into the IXL website by following the instructions provided in the link. [**Click here for instructions.**](#)

Together, let us nurture your child's academic success and provide them with the support they need to thrive.



SISC HOSTS UPCAT THIS WEEKEND



With the return of the University of the Philippines College Admission Test (UPCAT), Southville International School and Colleges (SISC) has been chosen as one of the test centers of the in-person entrance exam from June 3 – 4, 2023. The UPCAT is one of the major collegiate-level examinations in the country with thousands of senior high school students vying for the opportunity to study at the premier state university.

The entrance exams will be held at Tropical Gym, and will be administered by personnel from the UP Office of Admissions. SISC applied as an UPCAT test center to make it more accessible to its students and to other examinees coming from south of Metro Manila. They do not have to leave home early, experience the stress of traveling and searching for their exam venue, and get to take the test in a familiar environment.

SECURE THE THIRD TERM EXAM CLEARANCE

The Third Term Exams will be on June 6 – 9, 2023. Please settle your accounts at the soonest possible time so we can process your child's Term Exam Clearance. Students who have settled their accounts will be issued a Term Exam Clearance with a reply slip to be returned to the Class Adviser.

The "Term Exam Clearance" should be presented to the adviser/ proctor on the first day of the examination week for the student to be able to take the exam. Those who have settled their account as of June 5, 2023 will receive the term exam clearance from the adviser.

Below are the different options on how you may settle your school fees assessment:

BANK TRANSACTION		DIRECTLY TO THE CASHIER	ONLINE PAYMENT
BANK DEPOSIT	BANK WIRE TRANSFER		
BPI AcctName: SOUTHVILLE INTERNATIONAL SCHOOL Branch: Citadella Las Piñas branch AcctNo.: 4611-0042-36 MBTC AcctName: SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES INC. Branch: Ayala Alabang branch AcctNo.: 001-7-001-51917-0	BPI AcctName: SOUTHVILLE INTERNATIONAL SCHOOL Address: Unit B Femina bldg., CAA Road cor, Cittadella Ave. Village Pulang Lupa 2, Las Piñas City <u>Dollar acct no.</u> 4614-0119-85 <u>Peso acct no.</u> 4611-0042-36 <u>SWIFT Code:</u> BOPIPHMM MTBC AcctName: SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES INC. Branch: Ayala Alabang branch <u>AcctNo.:</u> 001-7-001-51917-0 <u>SWIFT Code:</u> MBTCPHMM	1. Cash and check payments may be directly paid to SISC's cashiers at the Luxembourg Campus <u>FOR CHECK PAYMENTS</u> <u>Please make check payable to</u> SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES INC. 2. Payment through credit cards directly to the cashier. <i>Credit cards accepted:</i> BPI & OTHER MAJOR CREDIT CARDS (VISA/MASTERCARD) 3. Debit payment for BPI card holders	1. Online payment through GCASH and PAYMAYA <i>(Kindly follow the instructions indicated in the site)</i> 2. Online Credit Card Payment (Peso Only) Please provide your details by filling out this form https://forms.gle/bFgNGctAvN3hYoCr6 and choose option 4. You will receive an email from emailpay@gpapecomm.com . Open the email, check the description and amount then click PAYNOW. From there, you will be directed to a payment gateway where you are required to input your card details. For more details, please visit https://www.southville.edu.ph/payment-details/
Notes: Please email a scanned copy of the deposit slip (for bank deposit) and transaction receipt (for Bank wire transfer) to: <ul style="list-style-type: none"> accounting@southville.edu.ph You may also email any tuition fee concerns and inquiries at this email address.			

FIRST HOLY COMMUNION PREPARATIONS FOR CATHOLICS UNDERWAY

The First Holy Communion is one of the most beautiful and unforgettable events in a Roman Catholic's life. In the Eucharist, the Lord becomes food for the soul in the appearance of bread and wine. Children receive this sacrament solemnly for the first time in the First Holy Communion, and are encouraged to receive it afterward as often as possible to maintain a close relationship with God.

The first communicants from Grade 4 will mark this momentous event in their spiritual life on December 2, 2023, 9:00 am, at the Presentation of the Child Jesus Parish in BF Homes, Parañaque City. Students in other levels (Grade 5 and up) who have not yet received their First Holy Communion and wish to join the ceremony are also welcomed.

To ensure a smooth and organized event, all hard and original copies of the required documents should be submitted on or before September 29, 2023. Please note that only students who have submitted their documents on time will be included in the list of First Holy Communion candidates.

Below are the required documents for submission (physical copies):

1. Accomplished Parish Information Sheet/Registration Form and Reply Slip
Click this link for the Registration Form: [Registration form for FHC](#)
2. Photocopy of PSA Birth Certificate
3. Original Baptismal Certificate with the Remarks "for First Holy Communion"

Once all the above-mentioned documents are completed, please submit them to the Munich Business Office. The final step is to pay a fee of Php 3,000.00 at the SISC Cashier by September 29, 2023. Please note that payment will not be credited if the required documents mentioned above are not submitted on or before the given deadline. All the documents submitted to the Presentation of the Child Jesus Parish will not be returned.



LEARNING-MODE PREFERENCE SURVEY FOR AY 2023-2024

With respect to families' decisions regarding their desired instructional mode for their children next school year, SISC would like to find out parent and student preferences for in-person, web-based or blended learning for academic year 2022-2023. We want to know how best to support the learning of your children while prioritizing their health and safety. At this time, SISC is offering the following options for our students:

Mode of Learning	Set-Up	Campus
Full Face to Face	Onsite classes 5 days a week	PS to Grade 4- STAR/ Elizalde Campus PS to Grade 6- Munich Campus Grade 7-12- Luxembourg Campus IB 1 and 2- Tropical Campus
Virtual Online Learning and Teaching or VOLT	Virtual online and interactive classes 5 days a week (offered only to PS to Grade 10)	NA
INNOVE	Combination of Face to Face, VOLT, asynchronous classes (flexible schedule)	Grade School- Munich Campus HS- Luxembourg Campus
Flex	100% online, asynchronous with once a week virtual consultation	NA

Reserve a slot now by clicking the link and answering the survey.

Reservation Slip for Academic Year 2023 - 2024

SISC REVIVES WEEKEND PROGRAMS

In line with the school year's gradual 'return to normalcy,' SISC is re-implementing the Worthwhile Weekend Programs (WWP) for kids aged 3 and above who may want to put their Saturdays into good use by learning new skills or knowledge in fun and interesting ways. The WWP will offer sessions in academics, sports, and the performing arts beginning April 2023.

The WWP offerings include basketball, volleyball, soccer, chess, karate, taekwondo, violin, guitar, ukulele, acrylic painting, and ballet in partnership with Acts Manila.

To register, please click <https://forms.gle/Z1XbnRrUCRf2CAcJ8>

INSTITUTIONAL SURVEY LEADS TO IMPROVEMENT

SISC is a firm believer that educating a child is a collaborative effort between the home and the school. Just like you, SISC wants what is best for your child in terms of growing in knowledge and in values. We value parents' comments and suggestions that improve the learning experiences of a child.

It is in view of our shared goal that SISC is conducting the Institutional Survey for parents and students. Please answer the Institutional Survey Form for Parents and Students linked to this bulletin so the school will know how it is doing and what more it can do to help your children achieve their potentials and become movers of society. Together, we can make a difference.

Year-End Institutional Survey Academic Year 2022 - 2023

HEALTH ADVISORY



HEALTH ADVISORY Medical Department



Issue No. 21

May 24, 2023

Importance of Vitamins

VITAMINS



are chemicals that the body requires in small amounts to function properly. They function in a variety of ways, mostly as "assistants," such as helping the body use protein, carbohydrate, and fat.

Water-soluble Vitamins









These circulate freely throughout the body. The portion that the body does not use is excreted as urine or stool. The body requires water-soluble vitamins in small, frequent doses. They are unlikely to become toxic.

Fat-soluble Vitamins

These are stored in the cells of the body. They are not as easily excreted from the body as water-soluble vitamins. Fat-soluble vitamins can become toxic if consumed in excess.

A well-balanced diet usually contains adequate amounts of both water-soluble and fat-soluble vitamins. People over the age of 50, as well as some vegetarians, may need to take supplements to get enough B12.

Water-soluble Vitamins

VITAMINS	WHAT IT DOES	WHERE IT'S FOUND
Thiamine (Vitamin B1)	For energy metabolism; important for nerve function	
Riboflavin (Vitamin B2)	For energy metabolism; important for normal vision and skin health	
Niacin (Vitamin B3)	For energy metabolism; important for nervous system, digestive system, and skin health	
Pantothenic Acid (Vitamin B5) and Biotin	For energy metabolism	
Pyridoxine (Vitamin B6)	For protein metabolism; helps make red blood cells	
Folate (Folic Acid)	For making DNA and new cells, especially red blood cells	
Cobalamin (Vitamin B12)	For making new cells; important for nerve function	
Ascorbic acid (Vitamin C)	Antioxidant; for protein metabolism and immune system health; aids in iron absorption	



References:

- <https://www.nia.nih.gov/health/vitamins-and-minerals-older-adults>
- <https://medlineplus.gov/ency/article/002399.htm>
- <https://www.peacehealth.org/medical-topics/id/ta3868>





HEALTH ADVISORY

Medical Department



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May 24, 2023

Importance of Vitamins



Fat-soluble Vitamins

VITAMINS	WHAT IT DOES	WHERE IT'S FOUND
Vitamin A (and its precursor,* beta carotene) [*A precursor is converted to the vitamin by the body.]	Needed for vision, healthy skin and mucous membranes, bone and tooth growth, immune system health	
Vitamin D	Needed for proper absorption of calcium; stored in bones	
Vitamin E	Antioxidant; protects cell walls	
Vitamin K	Needed for proper blood clotting	

Get your Vitamin balance right!



References:

- <https://www.nia.nih.gov/health/vitamins-and-minerals-older-adults>
- <https://medlineplus.gov/ency/article/002399.htm>
- <https://www.peacehealth.org/medical-topics/id/ta3868>



SOCIAL-EMOTIONAL LEARNING(SEL) CORNER

WHEN YOU'RE ABOUT TO LOSE IT

Take a deep breath... and "trade places."

Think "If I was my child, what kind of parent would I need right now?"

"Trading places" is like a **reset button** for your brain.

It helps you see the situation from your child's perspective **BEFORE** you lose it with your child.

So next time your child does something that could push you over the edge...take a deep breath, "trade places", and be the parent you'd need if your roles were reversed.

Reference: BigLife Journal



Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[Acknowledgment Form](#)

Marie Vic F. Suarez, PhD

Principal, K12 and IB

K12 and IB Bulletins

NURTURING the **5Cs** through
Academic Rigor, with **GRIT** and a
GROWTH MINDSET