

# Southville International School and Colleges STUDENTS AND PARENTS' BULLETIN

June 16, 2023 - SPB #36 A.Y. 2022 - 2023

# SENIORS PASS TOP UNIVERSITIES TESTS

The Grade 12 and IB students of Southville International School and Colleges (SISC) ranked in the top percentile of the thousands of students who applied for the most prestigious universities in the country to qualify for the course of their choice. They continue a proud SISC tradition of placing its graduates in top colleges and universities here and abroad by virtue of the competent training and quality education SISC provides them for careers needed in the 21st century.

Below are the names of the successful applicants:

- University of the Philippines
  - Edrigo Dauigoy

- Jilliane Rae Gaerlan
- Joaquin Emmanuel Datu
- Jiana Maxine Gregorio
- Angelique Joy Delgado
- Chelcy Meneses
- Isaac Lorenzo Estanislao
- lan Luis Mercado
- Arrela Miel Faundo
- Sofia Leigh Sindac

- **University of the Philippines** 
  - Jezzine Ocampo
  - Raine Meara Burgos
  - Zoe Gesmundo

- Ateneo De Manila University
  - Raine Meara Burgos
- Tyrulf Constantine Ekberg
- Miguel Ramon Caeg
- Isaac Lorenzo Estanislao
- - Alexandria Denise Casano 
    Senna Hiroshi Katsumi
- **Angelique Joy Delgado**
- Sixto Almario Lacerna II

- **Miguel Domingo**
- Xhaun Alexi Lozada

## **Ateneo De Manila University**

- Hannah Mc Carthy
- **Chelcy Meneses**
- Ian Luis Mercado
- Joshua Henrie Perez
- Chino MarianJetti Respecia Ocampo
- **Princess Dayan Sabal**

- **Neel Sharma**
- Sofia Leigh Sindac
- **Aarushi Tandon**
- Perrie Sealtiel Zorrilla
- Zoe Gesmundo

### De La Salle University

- Katrina Bianca Aguirre
- Daryl Clyde Ang
- Francis Gabrielle Bartolome
- Jasmine Faith Bunyi
- Miguel Ramon Caeg

- Sammuel Camacho
- Alexandria Denise Casano
- Joaquin Emmanuel Datu
- **Edrigo Dauigoy**
- **Angelique Joy Delgado**

## De La Salle University

- Miguel Domingo
- Aquila Kimberly Fajardo
- Arrela Miel Faundo
- Mary Francesca Grafil
- Jiana Maxine Gregorio

- Junior Jerie Juane
- Senna Hiroshi Katsumi
- Sixto Almario Lacerna II
- Gabrielle Marie Lantzer
- Xhaun Alexi Lozada

### De La Salle University

- Amanda Celina Mercado
- lan Luis Mercado
- Justin Louis Navarrete
- Kenji Oguro
- Kaela Franzel Paed

- Joshua Henrie Perez
- Ma. Isabela Planta
- Bianca Isabella Raymundo
- Chino MarianJetti Respecia
- Sofia Leigh Sindac

### De La Salle University

- Anjiela Kahrisha Singh
- Isabella Nadine Yuzon

Paul Gerjo Suba

- Perrie Sealtiel Zorrilla
- Angela Kate Tallod
- Raine Meara Burgos
- Paul Robert Tammerstrand
- Eli Valdeleon

## University of Sto. Tomas

- Myro Joeross Abanes
- Arrela Miel Faundo
- Sammuel Camacho
- Jilliane Rae Gaerlan

Edrigo Dauigoy

- Mary Francesca Grafil
- Bianca Marie Dela Cruz
- Jiana Maxine Gregorio
- Isaac Lorenzo Estanislao
- Senna Hiroshi Katsumi

- University of Sto. Tomas
  - Gabrielle Marie Lantzer
    Anjiela Kahrisha Singh
  - Kenji Oguro Angela Kate Tallod
  - Bianca Isabella Raymundo Perrie Sealtiel Zorrilla
  - Jacques Raven San Andres
  - Sofia Leigh Sindac















# IB CLASS OF 2023 CELEBRATES GRADUATION

SISC International Baccalaureate (IB) graduates donned mortar boards and gowns last June 9, 2023 to receive their diplomas that are widely accepted at universities and highly regarded by university admissions officers worldwide. Thirty-six graduates from the Class of 2023 were joined by family at Luxembourg Hall to celebrate their academic achievements.

As part of the ceremony, awards were presented to the top graduating students who are as follows:

#### **GOLD MEDAL AWARDEES**

Tyrulf Constantine P. Ekberg
Kim Ahin
Kim Minsuk
Lee Seo Young
Finn W. Mead

#### SILVER MEDAL AWARDEES

Makayla Louise M. Bell Zoe Patricia C. Gesmundo Chelcy S. Meneses Neel Sharma

#### **BRONZE MEDAL AWARDEES**

Kim Minhee Alysa Clare E. Tan





# MONARCHS TOP LATEST RANKING OF STOCK TRADING CHALLENGE



**Gabriel Alunan 11 – Innovation** 



Keezia Rojo 10 - Commitment



Bon Hyeon Koo 10 - Commitment



Seo Rin Park 10 - Commitment

SISC students from the Accountancy, Business and Management (ABM) strand made it to the top five of the latest ranking of the Southville Global Education Network (SGEN) Virtual Stock Trading Challenge. Gabriel Alunan of Gr. 11 - Innovation placed first while Keezia Rojo, Bon Hyeon Koo and Seo Rin Park of Gr. 10 - Commitment ranked third, fourth and fifth, respectively, in the individual competition for the best performing portfolio.

The contest features young investors from SISC, Southville International School Affiliated with Foreign Universities, South Mansfield College, Stonyhurst Southville International School - Batangas, Stonyhurst Southville International School - Malarayat and Asian SEED Academy of Technology (ASAT) putting their knowledge of financial investing and stock markets to the test. They get to develop sound investing and trading strategies by engaging in real-time, hands-on trading in the Philippine Stock Exchange using an online stock trading platform.

# INSTITUTIONAL SURVEY LEADS TO IMPROVEMENT

SISC is a firm believer that educating a child is a collaborative effort between the home and the school. Just like you, SISC wants what is best for your child in terms of growing in knowledge and in values. We value parents' comments and suggestions that improve the learning experiences of a child.

It is in view of our shared goal that SISC is conducting the Institutional Survey for parents and students. Please answer the Institutional Survey Form for Parents and Students linked to this bulletin so the school will know how it is doing and what more it can do to help your children achieve their potentials and become movers of society. Together, we can make a difference.

Year-End Institutional Survey Academic Year 2022 - 2023



# IMPORTANT DATES TO REMEMBER



#### **JUNE 2023**

June 23 - Grade 6 Graduation Day (AM)

June 23 - Senior Kinder

**Graduation Day (PM)** 

June 24 - Grade 12 Graduation (PM)

#### **JULY 2023**

July 2 - Grades 1 and 2 Recognition Day

July 4 - Grades 3-5 Recognition Day

July 5 - Third Term PTC for Preschool to Grade 11

July 12 - Grades 7 - 9 Recognition Day

July 13 - Grade 10 and 11 Recognition Day

#### **HEALTH ADVISORY**



# HEALTH ADVISORY Medical Department



Issue No.23

June 16, 2023

# CONJUNCTIVITIS



Conjunctivitis, often called "pink eye" is the swelling or inflammation of the conjunctiva from infection or allergies.

Conjunctiva is the clear thin tissue that lines the inner surface of the eyelid covering the white part of the eye.

You can have conjunctivitis in both or one eye. It can be contagious but rarely serious.

# Causes of Conjunctivitis

Conjunctivitis can be caused by a virus, bacteria or allergies. Bacteria and viral conjunctivitis easily spread from one person to another. Allergic conjunctivitis is not contagious.

# **Symptoms of Conjunctivitis**

- Swelling of the conjunctiva.
- 2. Increase tear production.
- 3. Feeling of there is something in the eye.
- 4. Irritation, itching or burning sensation.
- 5. Discharge- pus or mucus.
- 6. Puffy eyelids.
- 7. Crusting of eyelids or lashes especially in the morning.
- 8. Hazy or blurry vision and sensitivity to light.

# **Types of Conjunctivitis**



#### Viral Conjunctivitis

This is the most common type of conjunctivitis. This type of pink eye is very contagious and often spreads in schools and crowded places. It causes burning, red eye with watery discharge. This is usually caused by the same virus that causes sore throat and runny nose in people with common cold.

#### **Bacterial Conjunctivitis**

This is very contagious characterized by sore, red eyes and very sticky pus. Sometimes, the bacteria that cause pink eye are the same virus that cause strep throat.

#### Allergic Conjunctivitis

This is not contagious, and comes from allergic reactions to pollen, animals, cigarette smoke, pool chlorine, car fumes or something else in the environment. The eyes become itchy and red with watery and puffy eyelids.

# How it spreads



Through air by coughing & sneezing



Close personal contact such as touching or shaking hands



Direct contact with an infected person's bodily fluids usually through hand- to-eye contact



References:

https://www.aao.org/eye-health/diseases/pink-eye-conjunctivitis https://www.cdc.gov/conjunctivitis/about/treatment.html



# HEALTH ADVISORY Medical Department



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### **PREVENTION**

- Wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer with at least 70% alcohol to clean your hands.
- Avoid touching or rubbing your eyes. This can worsen the condition or spread it to your other eye.
- Wash pillow cases, sheets, wash cloths, and towels often in detergent and hot water; wash your hands after handling such items.
- Stop wearing your contact lenses until your doctor says its okay to wear them again.
- Do not share personal items such as pillows, washcloths, towels, eyes drops, eye or face makeup, brushes, contact lenses or eyeglasses.

### TREATMENT

Treatment depends on the type of conjuctivitis you have. Conjunctivitis usually goes away on its own within 1-2 weeks.

### Viral Conjunctivitis

- No specific treatment; your body fights the virus on its own.
- Placing a cool, wet washcloth on your eyes may help your eyes feel more comfortable.

#### Bacterial Conjunctivitis

 Antibiotic eyedrops may be prescribed by your Opthalmologist depending on the severity of your symptoms

#### Allergic Conjunctivitis

 Use of certain eye drops can help with the itchiness and puffiness of the eyelids.

# When to seek medical help

- Pain in the eye/eyes.
- Sensitivity to light or blurred vision that does not improve when discharge is wiped from the eyes.
- Intense redness in the eye.
- 4. Symptoms get worse or do not improve after 1-2 weeks.

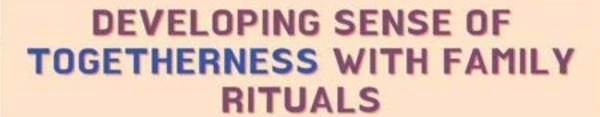
"Take steps to make your eyes safer"





https://www.aao.org/eye-health/diseases/pink-eye-conjunctiviti https://www.cdc.gov/conjunctivitis/about/treatment.html

# SOCIAL-EMOTIONAL LEARNING(SEL) CORNER



#### RITUAL ONE:

#### TRY NEW THINGS EVERY MONTH

example:

Eat a meal from a different culture.

#### RITUAL TWO:

#### VOLUNTEER TOGETHER

examples:

- . Rally the troops for a beach or park clean up.
- Visit an animal shelter to walk dogs or socialize cats.

#### RITUAL THREE:

#### SHARE A DAILY MANTRA

example:

"May we be safe. May we feel happy. May we be healthy."

#### RITUAL FOUR:

#### PRACTICE BEING WITH A TEAM

example:

Give each family (team) member a responsibility in the morning. Pack lunches. Toast the bagels. Clear the tables.

#### RITUAL FIVE:

#### REFLECT ON THE DAY AT DINNER TIME

examples:

- Ask each other questions that begin with "how" and "why".
- Encourage each other to share something that made you laugh.



Reference Significance

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

#### **Acknowledgment Form**

Marie Vic F. Suarez, PhD

Principal, K12 and IB

**K12 and IB Bulletins** 

