



Southville International School and Colleges

STUDENTS AND PARENTS' BULLETIN

June 30, 2023 - SPB #38 A.Y. 2022 - 2023

SISC HOLDS THE CLASS OF 2023'S COMMENCEMENT EXERCISES

It is graduation season in Southville International School and Colleges (SISC) with the Senior Kinder, Grade School and High School Classes of 2023 taking over Luxembourg Hall last June 23 and 24, 2023. A total of 73 Senior Kinder students, 105 Grade Six students and 138 Grade 12 seniors were represented in the graduating classes.

The recipients of the top awards from the Class of 2023 are as follows:

GRADE SCHOOL

I. General Scholastic Awards

1st Honors	Mendoza, Samantha Rhys D.
2nd Honors	Balla, Eric William T.
3rd Honors	Lim, Ron Ezekiel C.

II. Subject Excellence

SUBJECT	AWARDEE
Mathematics	Villanueva, Joaquin Rasec V.
Science	Lim, Ron Ezekiel C.
English	Lim, Ron Ezekiel C.
SLGE	Engelbrecht, Liam Cristian C.
Filipino	Lim, Ron Ezekiel C.

ICT	Gatchalian, Neil Sheridan Jr. B.
Music	Santos, Tabitha Anne
Art	Coloso, Dexter Alexander Ramon L.
PE	Ang, Cody Jan C.
Foreign Language	Lee Ji Eun T.
Athlete of the Year	Silangan, Vienne Alex S.
Most Promising Athlete	Quinto, Therese Annika Y.

III. Values Excellence

Alarcon, Chryssa Emeline T.	NOBILITY
Ang, Cody Jan C.	NOBILITY
Balla, Eric William T.	COLLABORATION
Beredo, Akita Julia Adrianna R.	NOBILITY
Cacho, Lance Azriel D.	COURAGE
Casador, Princess Fiona Svetlana G.	PERSEVERANCE
Chua, Joseph Christian C.	COLLABORATION
Climacosa, Iain Cedric B.	COURAGE
Coloso, Dexter Alexander Ramon L.	COLLABORATION
Datoy, Ruthgael	COURAGE
Dimakuta, Raeesah Aniq M.	PERSEVERANCE
Engelbrecht, Liam Cristian C.	COLLABORATION
Enriquez, Nathan James T.	PERSEVERANCE
Estillore, Matt Jericho	PERSEVERANCE
Go, Josh Matthew A.	COLLABORATION
Ines, Aljer Joshua T.	COURAGE
Jung Ye In	COLLABORATION
Kim, Dayeon	NOBILITY
Ko Hyun Jin	COLLABORATION
Kumar, Prince Iago G.	PERSEVERANCE
Lee, Eunchong	PERSEVERANCE
Lee, Eunsong	COURAGE
Lee, Ji Eun T.	PERSEVERANCE
Lim, Mikaela Kate F.	NOBILITY

Lim, Ron Ezekiel C.	PERSEVERANCE
Lobaton, Zeoh James V.	NOBILITY
Manalo, Raendel Aemon V.	COLLABORATION
Manaloto, Kael Jakob R.	COURAGE
Marvellino, Neo	PERSEVERANCE
Mehr, Thara Sophia K.	PERSEVERANCE
Mendoza, Samantha Rhys D.	COURAGE
Papa, Yzabel Dominique B.	NOBILITY
Park, Davin	PERSEVERANCE
Quillope, Jimena Cyreene B.	PERSEVERANCE
Quimo, Ariana Louise	PERSEVERANCE
Quinto, Therese Annika Y.	PERSEVERANCE
Raj, Arnav	COURAGE
Riego de Dios, Sean Christopher C.	COLLABORATION
Ryu Eun Bi	COLLABORATION
Ryu Eunseo	COLLABORATION
Santos, Tabitha Anne	PERSEVERANCE
Silangan, Vienne Alex S.	PERSEVERANCE
Tulabot, Khate Alyanah A.	COLLABORATION
Velidi, Aishani	COLLABORATION

IV. Perfect Attendance

Eric William T. Balla	COLLABORATION
Santina Miguella D. Bendo	COLLABORATION
Choi Jun Yi	COLLABORATION
Hu Qing Xuan	COLLABORATION
Jung Ye In	COLLABORATION
Ko Hyun Jin	COLLABORATION
Raendel Aemon V. Manalo	COLLABORATION
Park Davin	PERSEVERANCE
Ryu Eun Bi	COLLABORATION
Ryu Eunseo	COLLABORATION

V. Outstanding PASS Research

Cody Jan C. Ang	<i>Perceived Benefits of Art on Mental Health</i>
Christian Joseph C. Chua	<i>Sustainable Consumption Behavior of Junior High School Teachers</i>
Sukhmeen Kaur Gill	<i>Video Games and Conflict Resolution Skills of Grade 9 Students</i>
Prince Iago G. Kumar	<i>Perceived Effects of IXL on the Students' Performance in Math</i>
Ji Eun T. Lee	<i>Online Gaming Etiquette of Grade 6 Students</i>
Ron Ezekiel C. Lim	<i>Perceived Effects of Parental Involvement on Stress Levels of Students in the Grade Six Level</i>
Raendel Aemon V. Manalo	<i>Perceived Benefits of Pet Ownership on Mental Health</i>
Jimena Cyrene B. Quillope	<i>Perceived Educational Values of Anime</i>
Ariana Louise Quimo	<i>Gender and Writing Skills of 7th Grade Students</i>
Tabitha Anne Santos	<i>Listening to Music as a Means to Aid Sleep Among Grade 6 Students</i>
Jianna Alixia L. Teves	<i>Perceived Effects of Screen Time on the Mental Health of Grade 6 Students</i>

HIGH SCHOOL

I. General Scholastic Awards

Excellence in Accountancy, Business and Management (ABM)	CALMA, Bianca Eunice M.
Excellence in General Academic Strand (GAS)	GAERLAN, Jilliane Rae P.
Excellence in Humanities and Social Sciences (HUMSS)	RESPECIA, Chino Marianjetti R.
Excellence in Science, Technology, Engineering, and Mathematics (STEM)	GREGORIO, Jiana Maxine L.

II. Subject Excellence

SUBJECT	STUDENT AWARDEE
LANGUAGE AND LITERATURE	
STEM	MERCADO, Ian Luis B.
ABM	CALMA, Bianca Eunice M.

GAS	GAERLAN, Jilliane Rae P.
HUMSS	RESPECIA, Chino Marianjetti R.
MATH	
Math (STEM)	BANG Changseong (Kevin)
Math (ABM)	CALMA, Bianca Eunice M.
Math (GAS)	GAERLAN, Jilliane Rae P.
Math (HUMSS)	DATU, Joaquin Emmanuel A.
SCIENCE	
Physics Major	GREGORIO, Jiana Maxine L.
Biology Major	SINDAC, Sofia Leigh P.
Chemistry Major	-none-
Physics Minor	YUTADCO, Beatrix Rie G.
Biology Minor	GRAFIL, Mary Francesca H.
Chemistry Minor	BANG Changseong (Kevin)
DRRM (STEM)	GABRIEL, Chrizel Anne T.
DRRM (non STEM)	LEE Jin A
LANGUAGE ACQUISITION	
Standard Filipino	GABRIEL, Chrizel Anne T.
Foundation Filipino	FRANCISCO, Sofia Mikaela B.
Mandarin	KIM Min Seo
French	PLANTA, Ma. Isabela L.
INDIVIDUALS AND SOCIETIES	
Business Management	CALMA, Bianca Eunice M.
Accounting	CALMA, Bianca Eunice M.
Stock Investment	CHOI Kang Jin (Kevin)
Psychology	RUBILLOS, Keithly Nicole P.
Social Science	RESPECIA, Chino Marianjetti R.
Political Science	DATU, Joaquin Emmanuel A.
AI/ICT	MERCADO, Ian Luis B.
ELECTIVES	
Physical Education	GARCIA, Paula Marie Gabrielle D.
Art	GRAFIL, Mary Francesca H.

Music	SAN ANDRES, Jana Mychaella P.
Consumer Science	PLANTA, Ma. Isabela L.
Journalism	TANDON, Aarushi
Psychology (STEM)	SINDAC, Sofia Leigh P.
Psychology (ABM)	CALMA, Bianca Eunice M.

III. Values Excellence

AGUIRRE, Katrina Bianca C.	LEE Jina
ANG, Aaron Ryley A.	LIM Sunyoung (Sophia)
BALICAO, Gabrielle Heaven P.	LOZADA, Xhaun Alexi S.
BANG Changseong (Kevin)	MENDOZA, Julieana Zchishane V.
BARTOLOME, Francis Gabrielle	MERCADO, Ian Luis B.
BERMUDEZ, Eliz Kyne S.	OBEDOZA, Gabriel Jr.
CALMA, Bianca Eunice M.	PARK Insu
CAMACHO, Sammuel M.	PEREZ, Joshua Henrie R.
CHO Yun Chae (Alice)	PERIDO, Kurt Cedrick L.
CHOI Kang Jin (Kevin)	PLANTA, Ma. Isabela L.
CLIMACOSA, Shane Allison B.	PROVIDO, Kirsten Charlize B.
CRUZ, Joshua Timothy	RAYMUNDO, Bianca Isabella M.
CRUZ, Justine Alexandre C.	RESPECIA, Chino Marianjetti R.
DATU, Joaquin Emmanuel A.	RUBILLOS, Keithly Nicole P.
DAUIGOY, Edrigo G.	SAN ANDRES, Jana Mychaella P.
DELA CRUZ, Bianca Marie	SANTOS, Miguel Fredric M.
DY PO, Eymard	SINDAC, Sofia Leigh P.
ESPINOSA, Hazel C.	SINGH, Anjiela Kahrisha P.
ESTANISLAO, Isaac Lorenzo O.	SOFRAN, Andra Gabriela E.
ESTEBAN, Erin Gabrielle C.	SUBA, Paul Gerjo J.
FAUNDO, Arrela Miel C.	SUGIARTO, Mulan Azalea
FRANCISCO, Sofia Mikaela B.	TABUENA, Lucas Mikkel E.
GABRIEL, Chrizel Anne T.	TALLOD, Angela Kate J.
GAERLAN, Jilliane Rae P.	TAMMERSTRAND, Paul Robert B.
GO Minsu (Paul)	TANDON, Aarushi

GRAFIL, Mary Francesca H.	TORIO, Micahaela Juliana G.
GREGORIO, Jiana Maxine L.	VALDELEON, Eli A.
IBAÑEZ, Miguel Segundo A.	YOO Myung Jun (MJ)
JUANE, Junior Jerie S.	YOON Nakyoung (Hera)
KANG YounGu (Tom)	YOON Seungjoo (Ellie)
KATSUMI, Senna Hiroshi U.	YUTADCO, Beatrix Rie G.
KIM Minseo	YUZON, Isabella Nadine B.
KIM Taehyeong (Caroline)	ZORRILLA, Perrie Sealtiel Amora
KIM Yeri (Sarah)	

IV. Perfect Attendance

V. Loyalty Award

BANG Changseong (Kevin)	ABELEDA, Mischka Daniela C.
DELA CRUZ, Bianca Marie	AGUIRRE, Katrina Bianca C
ESTEBAN, Erin Gabrielle C.	ANG, Aaron Ryley A.
GO Minsu	ANG, Daryl Clyde T.
IBAÑEZ, Miguel Segundo A.	CLIMACOSA, Shane Allison B.
KIM Min Seo	DAÑGILAN, Raphael Sebastian
LIM Sunyoung (Sophia)	DAUIGOY, Edrigo G.
OBEDOZA, Gabriel Jr.	GREGORIO, Jiana Maxine L.
VALDELEON, Eli A.	IBAÑEZ, Miguel Segundo A.
YOO Myung Jun (MJ)	JUANE, Junior Jerie S.
YOON Na Kyung (Hera)	KATSUMI, Senna Hiroshi U.
	KIM Yeri (Sarah)
	MERCADO, Ian Luis B.
	OGURO, Kenji G.
	PARK Insu
	PEREZ, Joshua Henrie R.
	RIVERA, Aaron Gabriel D.
	ROMEY, Ellis Miguel A.
	TRIA, Daryl Margaux C.

VI. Outstanding PASS Research

NAME OF STUDENT/S	PASS TITLE
Outstanding Descriptive Researches	
GAERLAN, Jilliane Rae P.	Quality of Household Environment and Academic Productivity of SHS Students
LIM Sun Young (Sophia)	Open-mindedness and Levels of Conflict Management of Grade 10 Students
MENDOZA, Julieana Zchishane	Test Anxiety as Factor of Exam Performance: A Quasi Experimental Study
Outstanding Historical Researches	
DATU, Joaquin Emmanuel A.	From Mandatory to Voluntary - The Transition of the ROTC Program in the Philippines
RESPECIA, Chino MarianJetti R.	Social Media and Communication in the Philippines: The Growing Disconnect Between Reality and the Virtual World (2002-2022)
TABUENA, Lucas Mikkel E.	The Taiwanese New Wave: An Evolution of Taiwanese Society Through Cinema (1980-2001)
Outstanding Business Plan Research	
CALMA, Bianca Eunice	Cherir Boutique
FAUNDO, Arrela Miel	
REYES, Ysabella Loise	
Outstanding Experimental Researches	
ANG, Aaron Ryley	The Feasibility of Mixing Canola (<i>Brassica napus</i> L.) Oil and Corn (<i>Zea mays</i>) Oil to Produce Biodiesel (PURE EXPERIMENTAL)
DAUIGOY, Edrigo	
PEREZ, Joshua Henrie	
ESTANISLAO, Isaac Lorenzo O.	<i>Citrofortunella microcarpa</i> as an Effective Natural Psoralen Substitute for <i>Citrus × aurantifolia</i> in SODIS (PURE EXPERIMENTAL)
PARK Insu	
CAMELLO, Gabriel Tristan A.	A Comparative Study on Banana Peel and Ripped Paper's Effect on Particle Board Durability (EXPERIMENTAL-BLUEPRINT)
GRAFIL, Mary Francesca H.	
SIMBORIO, Gielo G.	
GABRIEL, Chrizel Anne	Metabolism of Lactose using <i>Bifidobacteria: B. adolescentis</i> and <i>B. longum</i> via In Vitro (EXPERIMENTAL-BLUEPRINT)
PERIDO, Kurt	
SULLANO, Athena	

SENIOR KINDER CLASS OF 2023



GRADE 6 CLASS OF 2023



GRADE 12 CLASS OF 2023



PTC SET ON JULY 7

The Parent-Teacher Conference (PTC) regarding your child's school performance during the Third Term will be on July 7, 2023. Parents or guardians have the option to do it in-person or virtually with your child's class adviser sending you the personal meeting link before your conference.

This is your chance to discuss with your children's teachers their growth from the beginning of the year to how you can continue to support them academically at home during the break. You will also learn the important dates and other helpful information going into school year 2023 - 2024.

From Second Term PTC photos



STUDENT ORGANIZATIONS STEP UP TO HELP FIRE VICTIMS

Last May 15, 2023, a fire hit a residential area in Brgy. Talon Uno, Las Piñas City, rendering more than 100 families homeless. Understanding the importance of helping those in need, the Red Cross Youth - SISC, in collaboration with the Youth Enthusiasts for Science (YES) Club, launched a donation drive, collecting canned food, clothes, water, toiletries, medical kits, and the like for the fire victims.

Mulan Azalea Sugiarto and Sofia Leigh Sindac of Red Cross Youth Organization - SISC, together with Reigan Salazar and Henry Christian Von Seyfried of the YES Club, personally delivered the donations to the evacuation center to provide immediate relief to the affected families and help them get back on their feet after the horrific disaster.

Thank you to the following SISC students, teachers, and staff for your generous donations:

Mahima	Andrea Kate Villamater	Gianna De Mesa	Thea Celestine De Mesa
Bernice Mata	January Gutierrez	Joseph Gregorio	Mc Daryl Pedro
May Anne Ko	Jude Justino Agsalon	Gladys Mintu	Julia Mina
Rachel Chua	Shaira Bravo	Ma. Hannah Asuncion	Anjenette Rosindi
Mark Ernest Isabelo	Richelle Bautista	Maricar Abaricia	Hanna San Esteban
Eileen Empalmado	Garry Gonzalo	Lourdes Boco	Anna Seva
Joyce Pabrigas	Giselle Galisanao	Kim Pascual	Grezzel Camplon
Angeline Dumlao	Jessa Intano	Precious Daluz	Patricia Belleza
Aris Santos	Jeline Pagdonsolan	Majah Montinola	Mark Anthony Orale
Aldrin Balite	John Kenny Benosa		



HEALTH ADVISORY



HEALTH ADVISORY Medical Department



Issue No. 24

June 30, 2023

Colds

During the rainy season, the drastic fluctuation of temperature makes the body susceptible to bacterial and viral attack, resulting in colds and flu. Colds spread easily, especially within homes, classrooms and workplaces.



What is a cold?

A cold is a contagious upper respiratory infection that affects the nose, throat, sinuses and windpipe (trachea).

Symptoms



Causes

Many different respiratory viruses can cause the common cold, but rhinoviruses are the most common. Rhinoviruses can also trigger asthma attacks and have been linked to sinus and ear infections.

How to Protect Yourself

Viruses that cause colds can spread from infected people to others through the air and close personal contact. To reduce the risk of getting a cold:



How to Protect Others

If you have a cold, you should follow these tips to help prevent spreading it to other people:

- Stay at home while you are sick.
- Avoid close contact with others, such as hugging, kissing, or shaking hands.
- Move away from people before coughing or sneezing.
- Cough and sneeze into a tissue then throw it away, or cough and sneeze into your upper shirt sleeve, completely covering your mouth and nose.
- Wash your hands after coughing, sneezing, or blowing your nose.
- Disinfect frequently touched surfaces and objects such as doorknobs and mobile devices.

Lifestyle and Home Remedies

To make yourself as comfortable as possible when you have a cold:

- ☑ Drink plenty of fluids.
- ☑ Sip warm liquids to soothe a sore throat and loosen a stuffy nose.
- ☑ Rest.
- ☑ Adjust your room's temperature and humidity. If the air is dry, a cool-mist humidifier can help with stuffiness and coughing.
- ☑ Use a saltwater gargle.
- ☑ Try other throat soothers like ice chips, lozenges or hard candy.
- ☑ Try saline nasal drops or sprays to keep nasal passages moist and to loosen mucus.



Keep your immune system strong – fight off colds.



Reference:

- Centers for Disease Control and Prevention
- Mayo Clinic
- NHS



SOCIAL-EMOTIONAL LEARNING(SEL) CORNER

9 THINGS EMOTIONALLY INTELLIGENT PEOPLE **AVOID** DOING IN CONVERSATIONS

- 1 *Talking over others*
- 2 *Dominating the conversation*
- 3 *Not reciprocating questions*
- 4 *Not asking any questions*
- 5 *Giving closed answers*
- 6 *Not noticing when others are losing interest*
- 7 *Missing signs that others are uncomfortable*
- 8 *Leaving people out*
- 9 *Filling all silences*



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[**Acknowledgment Form**](#)

Marie Vic F. Suarez, PhD
Principal, K12 and IB

K12 and IB Bulletins

NURTURING the **5Cs** through
Academic Rigor, with **GRIT** and a
GROWTH MINDSET