



# Southville International School and Colleges STUDENTS AND PARENTS' BULLETIN

No. 39 A.Y. 2023-2024

July 5, 2024



## SISC earns full six-year WASC accreditation



**Southville International School and Colleges (SISC)** has received accreditation for the maximum allowable duration of **six years** from the **Western Association of Schools and Colleges (WASC)**. WASC is the **regional accrediting commission** for schools in California, Hawaii, the Pacific Islands, and Asia. Its mission is to assure schools meet the standards of **quality education** while fostering **continual improvement**.

Last April 22 – 26, 2024, SISC hosted a visiting evaluation team from WASC composed of **administrators and teachers** from different parts of the world. They spent the week **exploring** every aspect of school life from meeting the members of SISC's management team, teachers, staff, students, and even parents, to observing classes. The visiting committee then **prepared a report**, detailing its recommendations for accreditation.

### *Vision*

Southville International School and Colleges is recognized nationally and globally in the delivery of international education to develop lifelong learners, excellent in academics and values, and movers of society who will make a difference in the 21st century.



### *Mission*

SISC is committed to develop lifelong learners who are equipped with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity, and Innovation) through data-driven and technology-enhanced educational programs to ensure student success in the 21st century.



Last June 28, 2024, WASC announced that it had granted a **six-year accreditation** term to SISC with a mid-term visit in 2027. The accreditation **ensures** that the school has been **reviewed and critiqued** to provide the **highest-quality education** to its students, and that it is **recognized internationally** as a distinguished school. It guarantees that SISC adheres to **international standards and practices** so its students can compete successfully in the global arena.



# SISC holds the Class of 2024's commencement exercises

It is graduation season in **Southville International School and Colleges (SISC)** with the **Senior Kinder, Grade School** and **Senior High School** Classes of 2024 taking over Luxembourg Hall last **June 28 and 29, 2024**. A total of 85 Senior Kinder students, 99 Grade 6 students and 143 Grade 12 seniors were **represented** in the **graduating** classes.

The recipients of the **top awards** from the Class of 2024 are as follows:

## GRADE SCHOOL

### SGEN MEDAL OF EXCELLENCE AND GENERAL SCHOLASTIC AWARDS

GOLD	CHO, SUBIN
SILVER	PEREZ, MASON GUINTO
BRONZE	MEDINA, MATTHEW ELIZER ZARAGOZA

### SUBJECT EXCELLENCE AWARDS

SUBJECT	STUDENT AWARDEE
ENGLISH	
•6-Collaboration	VAZ, KYLIE CEAZER CLEMENTE
MATH	
•6-Courage	CHO, SUBIN
SCIENCE	
•6-Courage	CHO, SUBIN
SLGE	
•6-Collaboration	DE GUZMAN, CHRISTIEN JAY DEL PRADO
AI/ICT	
•6-Collaboration	DE GUZMAN, CHRISTIEN JAY DEL PRADO
•6-Nobility	KIM, MIN SOL
•6-Nobility	IM, SEUN
CHINESE	
•6-Courage	LEE, JEHEEELIN



•6-Perseverance	KANG, RENZ IAN RIVAS
<b>STANDARD FILIPINO</b>	
•6-Courage	DANGANAN, GABRIELLE CONCHITA ORDONEZ
<b>FOUNDATION FILIPINO</b>	
•6-Nobility	VAZ, KYLIE CEAZER CLEMENTE
•6-Nobility	DELA CRUZ, SAVANNAH PEACH UY
<b>ARTS</b>	
•6-Nobility	NOSCHKIN, Jaelina Divine Agte
•6-Courage	TAGALA, Francine Faye Galsim
<b>MUSIC</b>	
•6-Courage	VILLANUEVA, Juana Alexie Villarante
<b>PHYSICAL EDUCATION</b>	
•6-Perseverance	AREVALO, EDWARD JACOB GONZALES

### VALUES EXCELLENCE AWARDS

<b>PERSEVERANCE</b>	
Cu-Unjieng, Ethan Cadi	Ababa, Katharina Marie
Perez, Mason G.	Choi, Dajung
Singh, Devansh	Enriquez, Zia
Delos Santos, Wendel	Lee, Princess
Guanzon, Santino	Yusop, Kalilah
<b>NOBILITY</b>	
Ayaso, Ynigo Miguel M.	Noschkin, Jaelina Divine A.
Dela Peña, Moises Edward B.	Oh, Sumin
Medina, Matthew Elizer Z.	Orteza, Sofia Regina L.
Aravinda, Venya	Palma, Eriannah Jeweleigha P.
Dela Cruz, Savannah Peach U.	Vaz, Kylie Ceazer C.
Kim, Chaemin	Diputado, Shem Caleb C.
<b>PERSEVERANCE</b>	
Aguas, Jeremy Coleen E.	Lee, Jeheelin
Cho, Subin	Macaraeg Jr., Raul L.
Danganan, Gabrielle Conchita O.	Ong, Junjie Jayden M.
Gutierrez, Julianne Gabrielle	Pak, Hyo Ju
Jeong Hayul	Villanueva, Juana Alexie V.

### GOOD DIGITAL CITIZEN AWARD

<b>COLLABORATION</b>	
De Guzman, Christien Jay	Uy, Brooklyn Faith
Felizardo, Josiah Freg F.	Vicente, Jamie Rosette Z.



Santos, Evo Cristopher Hern E.	Yorac, Sandi A.
Tribiana, John Paul Benedict D.	Alcantara, Alexandre Jacob O.
Wamilda, Fil Zackery	Bicos, Dream Jericko
Aquino, Annika Gleinsseb	Cruz, Max Arione L.
Flores, Duchess Kairah G.	Maayo, Tchelzy Mei E.
Merto, Nicole	

PERFECT ATTENDANCE AWARDS

PERSEVERANCE	
Renz Kang	Kayla Jung
Santino Guanzon	Julia Silvestre
NOBILITY	
Batoy, Briannah Crisanta	Oh, Sumin
Kim, Chaemin	Vaz, Kylie
NOBILITY	
Cho Subin	Pak Hyoju
Ong Junjie	

OUTSTANDING PASS RESEARCH

TITLE	STUDENT AWARDEE
Outstanding Researches	
Perceived Practices of Solid Waste Management through Segregation Among the Grade 6 Students	Ayaso, Ynigo Miguel
Perceived Academic Rigor Among the Grade 6 Students of Southville International School and Colleges	Sybingco, Marcus Emmanuel D.
Perceived Effects of Student Motivation Among Grade 6 Students of Southville International School and Colleges	Ababa, Katharina Marie
Perceived Effects of the Physical Classroom Environment on the Grade 6 Students’ Learning Experience	Yusop, Kalilah Rafa H.
Perception of Grade 6 Students on the Advantages and Disadvantages of ChatGPT in Education	Togawa, Kent C.
Perceived Effects of Cyberbullying on the Academic Performance of Grade 5 and 6 students	De Guzman, Christien Jay
Perceived Effects of Fiction on the Problem-solving Skills among Grade 6 Students	Tribiana, John Paul Benedict D.
Sleep Time and Productivity of Grade School Teachers	Aguas, Jeremy Coleen E.
Perceived Effects of Online Gaming on the Locomotor Skills of Grade 6 Students	Espiritu, Andrew Ichiro S.
Perceived Relationship between TOWPEP Activities Participation and Emotional Wellbeing of Grades 3-6 Students	Silvestre, Julia E.
Perceived Effects if Sleeping Early on Grade 6 Students’ Focus and Concentration	Vaz, Kylie

Athlete of the Year	
6-Nobility	PALMA, ERIANNAH JEWLEIGHA PALACIO
Most Promising Athlete	
6-Collaboration	MAAYO, TCHELZY MEI ELBINIAS

**SENIOR HIGH SCHOOL**  
**SGEN MEDAL OF EXCELLENCE**

**SGEN GOLD Medal of Excellence Awardees and Excellence in the Strand Awardees**

- ABM:** Reana Shayne V. Manalo  
**GAS:** Woo Doreen  
**HUMSS:** John Matthew Bryan S. Cabiles and Tiffany F. Sawaki  
**STEM:** Jin Jiwon, Kim Inseo and Oh Dahye

**SGEN SILVER Medal of Excellence Awardees**

- ABM:** Kasey Angelica D. Tolentino  
**GAS:** Moira Mikhaila M. Pabello  
**HUMSS:** Yoeiza S. Garcia  
**STEM:** Kim Yerin

**SGEN BRONZE Medal of Excellence Awardees**

- ABM:** Jacqueline Ross C. Jocson  
**GAS:** Lee Seungmin  
**HUMSS:** Lauren Mattea A. Masilungan  
**STEM:** Christopher Ashley D. Alacbay

**SUBJECT EXCELLENCE AWARDS**

SUBJECT	STUDENT AWARDEE
LANGUAGE AND LITERATURE	
•ABM	TOLENTINO, Kasey Angelica D.
•GAS	PABELLO, Moira Mikhaila M.
•HUMSS	CABILES, John Matthew Bryan S.
•STEM	RAMOS, Sofia Leana S.
MATH	
•Math (ABM)	MANALO, Reana Shayne
•Math (GAS)	GWARK Hyunjeong
•Math (HUMSS)	CABILES, John Matthew Bryan S.



<ul style="list-style-type: none"> <li>•Math (STEM) <ul style="list-style-type: none"> <li>-Statistics &amp; Probability</li> <li>-Precalculus</li> <li>-Calculus</li> </ul> </li> </ul>	KIM Inseo JIN Jiwon KIM Inseo
<b>SCIENCE</b>	
•Physics Major	SONG Hyun Kyu (Alex)
•Biology Major	CASTILLO, Isabela Ramona
•Chemistry Major	JIN Jiwon
•Physics Minor	JIN Jiwon
•Biology Minor	RAMOS, Sofia Leana S.
•Chemistry Minor	KIM Yerin
•DRRM (STEM)	RAMIREZ, Alexi Gabrielle I.
•DRRM (non STEM)	CABILES, John Matthew Bryan S.
<b>LANGUAGE ACQUISITION</b>	
•Standard Filipino	DIZON, Ehra Gail
•Foundation Filipino	RAMOS, Sofia Leana S.
•French	SAWAKI, Tiffany
<b>INDIVIDUALS AND SOCIETIES</b>	
•Business Management	MANALO, Reana Shayne V.
•Accounting	TOLENTINO, Kasey Angelica D.
•Stock Investment	MANALO, Reana Shayne V.
•Psychology	ZALAMEDA, Regina Sara
•Social Science	CABILES, John Matthew Bryan S.
•Political Science	CABILES, John Matthew Bryan S.
•AI/ICT	LEE Dong Hee
<b>ELECTIVES</b>	
•Physical Education	PUSTRADO, Jude Anthony S.
•Art	KIM Nayoung
•Music	SAWAKI, Tiffany
•Consumer Science	CASTILLO, Isabela Ramona
•Journalism	CABILES, John Matthew Bryan S.

•Psychology (ABM)	TOLENTINO, Kasey Angelica
•Psychology (STEM)	SIBAL, Achilles A.

### VALUES EXCELLENCE AWARDS

ABM	
BAUTISTA, Nathalie S.	JOCSON, Jacqueline Ross C.
CRUZ, Danielle Anne A.	MANALO, Reana Shayne V.
CRUZ, Francinne Emma T.	MENDOZA, Francesca Alliah A.
DY, Antonio M.	TOLENTINO, Kasey Angelica D.
GAS	
GWARK Hyun Jeong	OSSI, Blessing M.
KIM Chaeyun	PABELLO, Moira Mikhaila M.
KIM Nayeon	VILLANO, Una Bighani I
LEE Seungmin	WOO, Doreen
NAM Eunsong	
HUMSS	
CABILES, John Matthew Bryan S.	MASILUNGAN, Lauren Mattea A.
CRUZ, Abigail G.	PARK Si Hyun
GARCIA, Yoeiza S.	SAWAKI, Tiffany F.
KIM Nayoung	
STEM	
AREVALO, Marielle Anne C.	JIMENEZ, Alyssandra P.
AUSTRIA, Juliane Alen H.	JIN Jiwon
BOBADILLA, Isaiah Louise M.	JUNG Bigeum
BRICENIO, Takumi Simeon	KIM Yerin
CABAGUIO, Simon Nathaniel A.	LEE Dong Hee
COLASITO, Kelsey May V.	OH Dahye
CRUZ, Avery Shyanne	OIKAWA, Minami C.
DICHUPA, Nathan E.	OJALES, Sofia Yra F.
DY PO, Cyanara	PUSTRADO, Jude Anthony S.
ESTEBAN, Erico Gabriel C.	RAMIREZ, Alexi Gabrielle I.
EVANGELISTA, Veana Erika G.	SORIANO, Miguel Enzo T.

### LOYALTY AWARDS

ABM	
ANG, Rianna Alyssa A.	ZBINDEN, Azed
MANALO, Reana Shayne	
GAS	
ORINA, Rob	OSSI, Blessing M.
HUMSS	
CABILES, Matthew Bryan	MASILUNGAN, Lauren Mattea
DEVARAS, Julia Chrysabelle	PARK Si Hyun
HOSOKAWA, Mizuki	TIMBOL, Mika Samantha Marie
STEM	
ALACBAY, Christopher Ashley	GERONIMO, Jose Ynno Raphael
CASTRO, Sean Kevin	JIMENEZ, Alyssandra
DICHUPA, Nathan	MAGCALAS, Christopher Anthony O.



## OUTSTANDING PASS RESEARCH

NAME OF STUDENT/S	PASS TITLE
Outstanding Business Plan Research	
BAUTISTA, Nathalie	Comoda UpSnacks Ltd.
CASTRO, Ianna	
TOLENTINO, Kasey Angelica	
JOCSON, Jacqueline Ross	Coupe Eco-friendly Beverage Packaging Alternative
Outstanding Descriptive PASS Research	
KIM Nayeon	Impact of Peer Influence on Risky Behavior: Surveying Adolescents' Perceptions and Experiences
PABELLO, Moira Mikhaila M.	Consumed Media Content and Gender Expectations of Teenagers
Outstanding Historical Investigation Researches	
CABILES, John Matthew Bryan S.	Agaw-armas: Filipino Military Weapons and Tactics during the Philippine Revolution (1896-1898)
TIMBOL, Mika Samantha Marie R.	The Queen's Demise: The Historical Shift to Escolta to Eskinita
ZALAMEDA, Regina Sara	The Enduring Power of Funerary Traditions of the Cordilleras
Outstanding AI Research	
CABAGUIO, Simon Nathaniel	Auto-Tracking, Gesture-Controlled Web Camera Module: Design and Development
CRISTOBAL, Zaira	
PITOGO, Maico Lorenzo	
Outstanding Experimental PASS Researches	
DY PO, Cyanara	A Comparative Study of <i>Musa acuminata</i> and <i>Citrus sinensis</i> as Natural Coagulants for Reducing Turbid Water
MAEDA, Princess Akari	
OJALES, Sofia Yra	
KIM Inseo	Development of Liquid Resistant, Tensile, and Degradable Straw Made from Coconut Water Fermented with <i>Acetobacter xylinum</i>
RAMIREZ, Alexi Gabrielle	
JIN Jiwon	Jute, Hemp, and Sisal as Heat Insulator

## SPECIAL AWARDS

Mercury Drug Foundation Inc. Gawad Talino Award for:	
· Math	Kim Inseo
· Science	Jin Jiwon
Junior Ambassador of Peace	
Park Sihyun	
Athlete of the Year	
JOCSON, Jacqueline Ross C.	

## PERFECT ATTENDANCE AWARDS

ABM	
JOCSON, Jacqueline Ross C.	TOLENTINO, Kasey Angelica D.
HUMSS	
CABILES, John Matthew Bryan S.	
STEM	
BRICENIO, Takumi Simeon	MAGCALAS, Anthony Christopher O.
JIN Jiwon	SORIANO, Miguel Enzo T.

## SPECIAL CITATION FOR EXEMPLARY DEPARTMENT FOR VOLT STUDENTS

GAS	
KANG Gyoyeon	
HUMSS	
BAROSO, Jazmin Eshi O.	SORIANO, Daphne Cyrene G.
HOSOKAWA, Mizuki M.	
STEM	
DIZON, Ehra Gail P.	SANCHEZ, Ruth Yhsabel A.
OH Hyeonjeong	



**SENIOR KINDER CLASS OF 2024**



**GRADE 6 CLASS OF 2024**



**GRADE 12 CLASS OF 2024**





# Monarch wins big in swim meet



A student from **STAR Campus** won several awards at the **Swim Battle - 6th Anniversary Swim Meet** held last June 22, 2024 at the Muntinlupa Aquatic Center. **Joshua Jhosonian Brakmore-Canterbury** placed first in the 50-meter backstroke, second in the 50-meter butterfly and 50-meter breaststroke, and third in the 50-meter freestyle to bag the **Most Outstanding Swimmer** crown in the boys (9-year old) category.

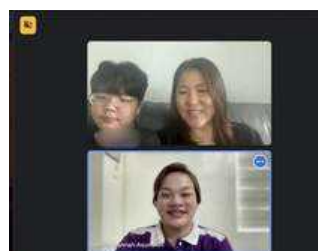


# MONARCHS MOMENTS



## HIGH SCHOOL DEPARTMENT

*Thank you for attending the PTC*



Closing out the year strong! HS teachers hosting the final Parent-Teacher Conference to discuss term 3 progress and next steps.





# SGEN Health Advisory Medical Department



Issue No. 17

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## Scoliosis



Scoliosis refers to an unusual sideways bending of the spine, which typically has a gentle curve forward and backward. In scoliosis, the spine bends to the left or right, forming a shape resembling either a C or an S.

In the Philippines, there are an estimated 3 million Filipinos with scoliosis based on data gathered by the Scoliosis Research Society, 2022. While many instances of scoliosis are minor and asymptomatic, severe cases can result in irregular posture and discomfort. Treatment options may involve using a brace or undergoing surgery.



### Signs and Symptoms

Scoliosis usually doesn't cause symptoms, but they may include:



Back Pain



Difficulty standing upright



Core muscle weakness



Leg pain, numbness or weakness



Uneven shoulders



Shoulder blades that stick out



Constant leaning to one side



Uneven waist and Elevated hips



### Diagnostic Tests

Scoliosis is usually confirmed through a physical examination, an x-ray, spinal radiograph, CT scan or MRI. The curve is measured by the Cobb Method and is diagnosed in terms of severity by the number of degrees.



### Prevention



Prevention strategies for scoliosis remain elusive. While preventing scoliosis itself might be challenging, maintaining a good posture is critical for overall spinal health. The following can be a valuable tool for strengthening and relaxing uneven muscles:

1. Encourage proper ergonomics in your daily activities. This includes things like sitting correctly at a desk when using electronic devices. Good posture reduces strain on the spine.
2. Engage in regular exercise. Activities that strengthen the core muscles can support the spine and contribute to better posture.
3. Observe proper body mechanics when lifting heavy things.
4. Eat a good and balanced diet rich in Calcium and Vitamin D, such as fresh fruits and vegetables.

## Embrace Your Curves, Spread Awareness

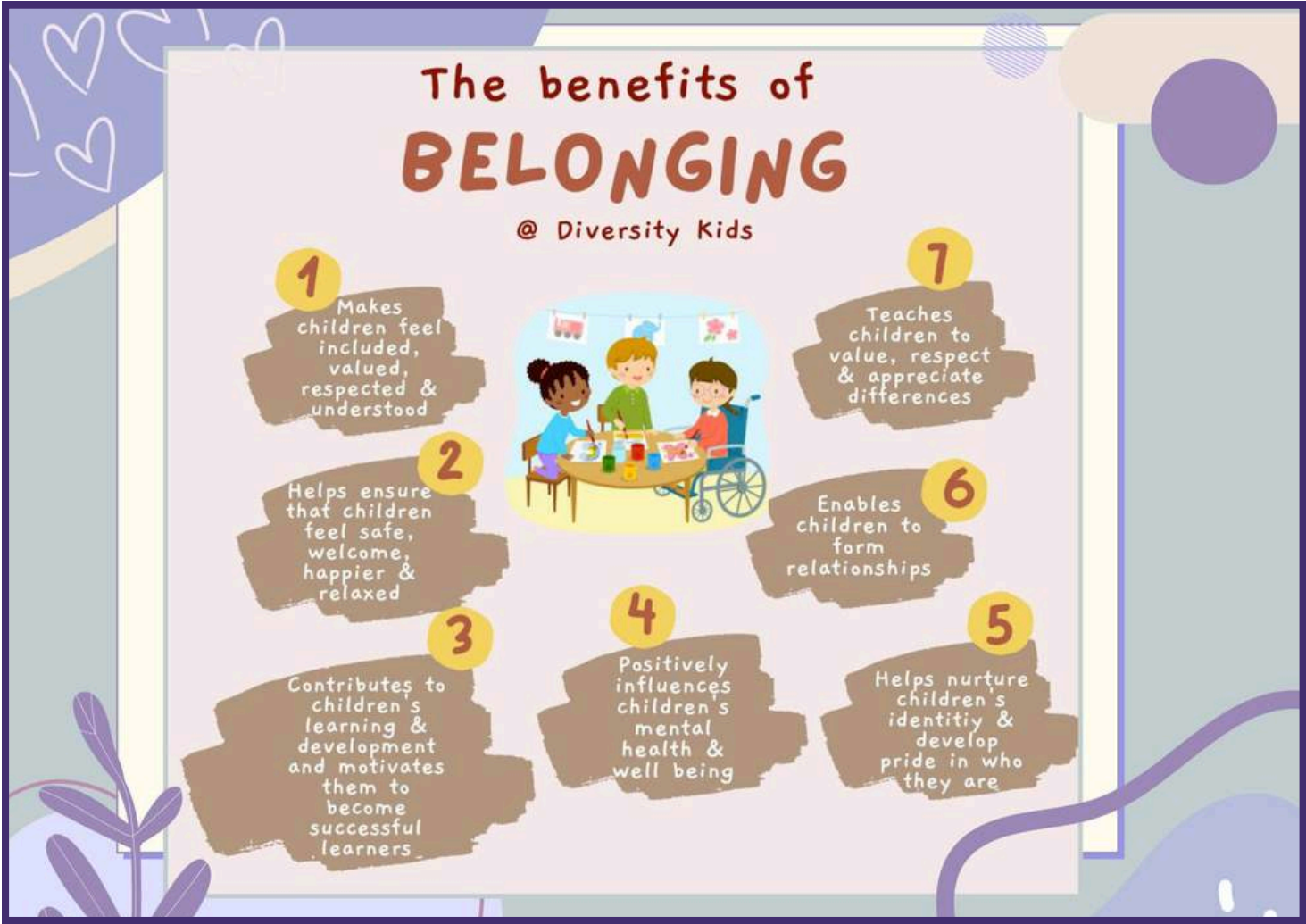


#### References:

- American Association of Neurological Surgeons
- Cleveland Clinic
- Philippine Chiropractic Healthcare Specialist
- Mayo Clinic - Mayo Foundation for Medical Education and Research (MFMER)
- The Advanced Spine Center



# Social-Emotional Learning (SEL) Corner



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[\*\*Acknowledgement Form\*\*](#)

**Marie Vic F. Suarez, PhD**  
**Principal, K12 and IB**

**K12 and IB Bulletins**



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