



# Southville International School and Colleges STUDENTS AND PARENTS' BULLETIN

No. 40 A.Y. 2023-2024

July 12, 2024



## Year-End Message from the Principal



It seems incredible that this is the 14th year that I am writing a yearend message as Principal of Southville International School and Colleges (SISC). Once again, I find myself writing that this has been the best year yet but I really mean it!

I believe that we are really getting better each year by always looking to improve and always moving forward. So let me say now that Academic Year 2023-2024 was the best year ever!

It has been another year packed with achievements and celebrations. The remaining days had been filled with wonderful award ceremonies recognizing the impressive successes and growth of so many of our students. In school, off campus, on the stage, in the playing court, virtually, in person, and in both team and individual pursuits, you have excelled in so many fields it is impossible to list them all. Congratulations to all our little and big Monarchs, and we are justly proud of you!

We are fortunate to have such dedicated teachers and staff who take pride in realizing and celebrating the milestones in our student's lives. Your passion,

### *Vision*

Southville International School and Colleges is recognized nationally and globally in the delivery of international education to develop lifelong learners, excellent in academics and values, and movers of society who will make a difference in the 21st century.



### *Mission*

SISC is committed to develop lifelong learners who are equipped with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity, and Innovation) through data-driven and technology-enhanced educational programs to ensure student success in the 21st century.

creativity, and tireless efforts have created nurturing and inspiring learning environments where each child has the opportunity to thrive. Know that we all see how hard you've worked, the changes you've made, and the growth that has occurred under your watch. But thank you also for the many things that nobody saw that made things run well for our students.

Of course, none of this would be possible without the trust and encouragement of our parents and guardians. You have gone out of your way to support us whether it was volunteering in classrooms, attending parent-teacher conferences, contributing to outreach events, or joining school activities. Many of you have been with SISC for many years, and we thank you for your faith and partnership. We will always try to do the best for your children.

SISC is such a special place and a huge privilege to be a part of. As we look back on the memories we have created together this school year, we are reminded of the strength and unity of our Southville family with student success at the center. We will continue to build on the good work we've done this year, and get really excited about the start of next year. Until then, here's wishing you love, laughter and an enjoyable vacation!

## **SISC makes top performing school list**

A leading math education organization in the Philippines named SISC to its 2024 Mid-Year Top Performing Schools list due to many of its students excelling in international math competitions. The Math Olympiads Training League, Inc. (MOTLI) is recognizing the school based on its mathletes' performance in the 2024 Philippine International Mathematical Olympiad (PHIMO) and Hong Kong International Mathematical Olympiad (HKIMO).

Twenty-six Monarchs won medals in the heat round of the PHIMO while nine others did the same thing in the HKIMO. The presentation of the Top Performing School Award will happen on July 14, 2024 at the Tejeros Hall in Camp Emilio Aguinaldo, Quezon City.



# Parents write appreciation at end of school year

Working closely with students' parents and carers is a crucial part of SISC, and we always love to hear what you think of the school. Here are some quotes we received from parents whose children joined us in the academic year 2023-2024.



*"This inclusive and progressive community (or should I say family) is an answered prayer. Looking back when we used to pass by STAR campus, it was just another building on the street. Now we see it as an extension of our home. We are extremely grateful that we get to be part of all this and be surrounded by sincere, genuine, and caring people from all walks of life. I know that my son's core memories have been filled with precious moments and that this has built a good foundation for the journey ahead and the years to come."*

- Mrs. Grace Gloria (SK Aqua parent)

*"We are very happy that Dominic looks forward to going to school every day to learn new things, develop new skills, strengthen his core values, and most of all, make new friends. He is always excited to share stories about what he did in school and for me, that already sparks joy. We're now at the end of our kindergarten journey and if you were to ask me, I would give our school a five-star rating. But I think the best source of feedback is my son so I asked, "Dominic, do you like going to school?". He said, "Yes, mommy, I am happy in my school because my school is Southville; it's 10 out of 10", and that says it all."*

- Mrs. Claire Empeño (SK Peach parent)



# Erratum

This is a correction notice for Students and Parents Bulletins #38 and #39.

## TOEFL Junior Prefect Scorers



Nikolai Eusebio



Brooklyn Faith Uy

**Bulletin #38:** In **Students and Parents Bulletin No. 38**, the names of **Nikolai Eusebio** of Gr. 6 – Nobility and **Brooklyn Faith Uy** of Gr. 6 – Collaboration were inadvertently omitted from the list of TOEFL Junior perfect scorers. Our apologies.

**Bulletin #39:** In the article “SISC holds the Class of 2024's commencement exercises” of **Students & Parents Bulletin No. 39**, From the Subject Excellence Award, **Kylie Ceazer Vaz**'s grade level and section should be Grade 6 – Nobility. Our apologies.



# Stars, Hearts, and Laurels: Alumni Achievers Spotlight

Welcome to our "Alumni Achievers Spotlight" – a dedicated corner where we celebrate the remarkable accomplishments of our former students. Our alumni have gone on to achieve great success in various fields, serving as a source of inspiration for current students and parents alike. In this space, we will share their inspiring stories, achievements, and the valuable lessons they've learned on their journey from our school to their dreams. Join us in celebrating the excellence of our alumni and discover the limitless possibilities that await our current students.

“



Southville has ingrained in me not only the importance of education but more so the importance of being a **holistically inclined individual**. The **5Cs** allowed me to discover and harness the different skillsets I had, including those in the realm of sports and the arts. Looking back, I cherish the people and the places I was able to travel to during my stay in Southville as it exposed me to values and cultures I otherwise wouldn't have been able to get to know. And all these, moving forward, helped me become the person I am today!

## Henzor Dauigoy

Basic Ed Alumnus  
M.D. Dr. Ernesto Domingo Award For Most Outstanding  
First Year Resident

2nd Year Internal Medicine Resident  
Physician Class 2014

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## HAND FOOT AND MOUTH DISEASE

Hand, Foot and Mouth Disease (HFMD) is a highly contagious disease that mostly affects infants and children. It is caused by an Aphthovirus of the family Picornaviridae.



### MODES OF TRANSMISSION

- ✓ Nose and throat secretions- saliva and nasal mucus
- ✓ Saliva if infected person
- ✓ Fluid from blisters or scabs
- ✓ Feces



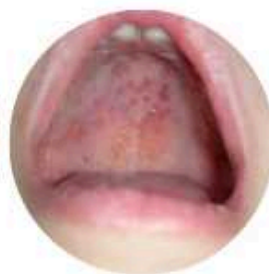
### PREVENTION AND CONTROL

- ✓ Wash hands frequently.
- ✓ Good hygiene can decrease risk of spreading the disease.
- ✓ Disinfect premises and all infected materials.



### SIGNS AND SYMPTOMS

- ✓ Fever, sore throat, body malaise
- ✓ Painful, red, blister-like lesions on the tongue, gums and inside of the cheeks
- ✓ Red rash without itching but sometimes with blistering on the palms, soles
- ✓ Loss of appetite
- ✓ Irritability in infants and toddlers



### TREATMENT

- ✓ Palliative relief of fever, sore throat and mouth sores
- ✓ No specific treatment but signs and symptoms usually clear up in 7-10 days

**“Keep it Clean,  
Keep it Healthy”**

#### References:



<https://caro.doh.gov.ph/doh-car-warns-public-against-hand-foot-and-mouth-disease/>

<https://caro.doh.gov.ph/hfmd/>





# Social-Emotional Learning (SEL) Corner

## 5 WAYS TO HELP CHILDREN BUILD POSITIVE RELATIONSHIPS

### 1 MODEL RESPECT

Start by asking your children, "What does respect mean to you?"

Point out the ways you work to show them respect by listening, caring about their feelings, and staying calm when you're upset.



### 2 PRACTICE MINDFUL SPEECH

There is power in pausing before we speak. When children choose words that help rather than harm, positive relationships take root.

Use the "Three Gates" technique

Before we speak, our words must pass through three gates:



1

Is it true?

2

Is it helpful?

3

Is it kind?

### 3 DISAGREE RESPECTFULLY

Teach children how to assert themselves respectfully during conflict. In tricky moments, kids can learn to disagree in ways that even strengthen the relationship.

- Allow children to see parental disagreements and their resolution
- Model peaceful communication during real-life struggles
- Create a menu of choices for disagreements such as using an 'I' Message, walking away, compromising or asking an adult for help



- Ask your child: "Do you want to be right or do you want to be friends?" or "What's most important to you in this situation?"

Remind your children both people in an argument can be correct—they just have differing viewpoints.

### 4 EMBRACE DIVERSITY

Embracing differences can be a challenge, but teaching children to treat everyone with respect will serve them well in life.

- Teaching kids to treat everyone with respect will serve them well in life
- Remember a "strengths-based" perspective when discussing those who are different from your child



### 5 TEACH EMPATHY

Empathy is a key ingredient in positive relationships—it deepens sensitivity and attachment to others.

- Identify their emotions and point out your own
- Hold family meetings to discuss conflicts, and encourage each member to take the other's perspective
- Write notes of gratitude



References: Big Life Journal

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly click the link below:

[Acknowledgement Form](#)

**Marie Vic F. Suarez, PhD**

**Principal, K12 and IB**

**K12 and IB Bulletins**

**NURTURING the 5Cs through**  
*Academic Rigor, with* **GRIT** *and a*  
**GROWTH MINDSET**

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