

Southville International School and Colleges (SISC) captured the overall championship of the recent Southville Global Education Network's (SGEN) Academic Olympiad held at Stonyhurst Southville International School -Batangas. The event featured the best and the brightest K12 and IB students from the SGEN member schools namely South Mansfield College, Stonyhurst Southville International School - Batangas, Stonyhurst Southville International School - Malarayat, Asian SEED Academy of Technology, and SISC.

Here are the SGEN Academic Olympiad Awardees:



Vision

Southville International School and Colleges is recognized nationally and globally in the delivery of international education to develop lifelong learners, excellent in academics and values, and movers of society who will make a difference in the 21st century.



Mission

SISC is committed to develop lifelong learners who are equipped with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity, and Innovation) through data-driven and technologyenhanced educational programs to ensure student success in the 21st century.



Spelling Bee winners with coaches Ms. Nica and Sir Ian



Southville Pride



Quiz Bee Winners with one of their coaches, Ms. May Anne



Celebrating Excellence! Ms. Judy (right), Martin Kim (center), and his dedicated coach, Sir MC (left), beam with pride during the awarding ceremony. #AchievementUnlocked #ProudMoment



Examinees from SISC achieved a 100% passing rate at the recent **Hanyu Shuiping Kaoshi (HSK)**, the international standardized Chinese language exam for non-native Chinese speakers. They did exceptionally well in the listening and reading elements to earn a certificate and international recognition for Mandarin proficiency.



THANK YOU FOR ATTENDING THE PTC

We extend our heartfelt thanks to all the parents and guardians who attended the Parent-Teacher Conference (PTC) to discuss your child's school performance during the First Term. Your time and effort, whether meeting virtually or in person with your child's class adviser, are invaluable in building a shared understanding of how to support their academic and personal progress.

A special shoutout goes to our incredible students who participated in the Student-Led Conference with such confidence and poise! Your thoughtful presentations and reflections on your learning journey truly showcased your growth and commitment to excellence. We look forward to continuing this meaningful partnership throughout the school year. Together, let's inspire even greater achievements!



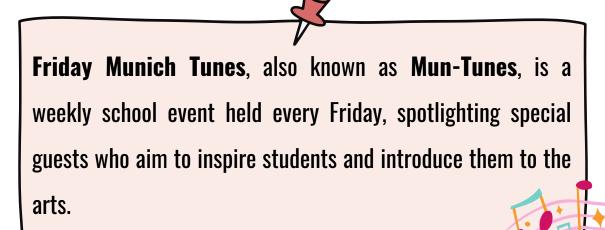
A Celebration of Joy and Generosity through the POUCh Program

SISC's Prosperity Outreach for Underprivileged Children (POUCh) program held a Christmas Party for 120 students from CAA Elementary School and Daniel Fajardo Elementary School last December 11 & 12, 2024, bringing joy, teaching kindness, and fostering community spirit.

Students from Grades 7, 10, 11, and 12 organized engaging activities and games, had heartfelt interactions, and brightened the lives of the young learners by sharing Christmas packages. The excitement and happiness on the children's faces were matched by the dedication of their Southville counterparts, who demonstrated their commitment to making a difference.

The POUCh program underscores the importance of compassion and collective action in creating meaningful change. The success of the event showed that small acts of kindness can lit up the hearts of many. Together, we continue to inspire and make a difference.





Monarchs Momenia

MUNICH Campus

Friday Mun-Tunes







Successful Parent-Teacher Conference for Term 1 last January 14! Grateful for the meaningful discussions and collaboration to support our students' growth and learning.







A heartwarming day at STAR Campus, where parent volunteers shared stories and fun activities, teaching our Young Monarchs the beautiful values of love and sharing.













The IB First Term Parent-Teacher Conference held on January 14 provided an opportunity for parents, students, and teachers to collaborate and discuss academic progress, goals, and strategies for success. The PTC highlighted the school's commitment to fostering open communication and supporting student growth in the International Baccalaureate Diploma Programme.





"RESPONDING TO THE NEEDS OF OTHERS, ESPECIALLY THE SOCIALLY DISADVANTAGED"

Reflection on the Value of the Week by Moon Hyeonwoo of IB 2-Balanced



By providing an affordable, welcoming environment, this couple responds to the needs of the socially disadvantaged, showing that even simple gestures can have profound impacts. They remind us that addressing inequality and hardship doesn't always require large resources; sometimes, it's about enabling others to show care in their own way.



This week's value—"Responding to the needs of others, especially the socially disadvantaged"—calls us to reflect on how we can make a difference. Whether it's sharing our time, space, or resources, we all have something to offer. Let us be inspired by this couple's generosity, remembering that when we uplift others, we create a ripple effect of kindness and healing in our communities.



SISC RECEIVES CORPORATE EXCELLENCE AWARD



Southville International School & Colleges (SISC) has been honored with the Corporate Excellence Award at the 2024 Asia Pacific Enterprise Awards (APEA) Philippines. The prestigious award recognizes organizations for their excellence, innovation, exceptional growth and visionary leadership, all of which have contributed to outstanding results.

The recognition from Enterprise Asia highlights SISC's unwavering commitment to delivering world-class education while fostering innovation and growth. The award reaffirms the school's role as a leader in the education sector, as it continues to innovate and elevate educational standards in the Philippines.

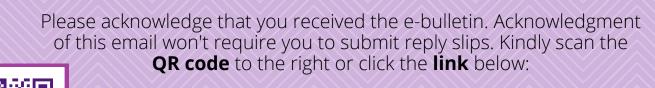
Your Voice Matters: Share Your Feedback Here



Customer Satisfaction Survey

Our **Public Relations Office** has created a survey tool available to all parents, students, and stakeholders of Southville International School and Colleges. Simply scan the QR code below to share your concerns, commendations or suggestions.

Kindly scan the QR code.





Acknowledgement Form

Marie Vic F. Suarez, PhD Principal, K12 and IB

To view the previous SPBs, please click the button below:



STAR Campus 136 Elizalde St., BF Homes, Parañaque City, Philippines Tel. Nos. 88428811 Munich Campus Munich St. corner Tropical Avenue, B.F. Homes International, Las Piñas City Tel. Nos.: 8825-6374 Loc 208 Luxembourg Campus 1281 Tropical Ave. Cor. Luxembourg St., BF International, Las Pinas City, Philippines Tel. Nos. 8825-6374 Loc 100 / 327

BE GLOBAL. BE AMAZING. BE SOUTHVILLE

www.southville.edu.ph

SGEN HEALTH ADVISORY Medical Department



A.Y. 2024-2025





What You Need to Know about Coughing

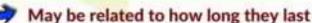
A cough is an automatic reflex that occurs when irritants like mucus, germs, or dust affect your throat and airways. Just like other reflexes, such as sneezing or blinking, coughing helps protect your body. COUGH/

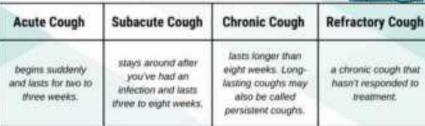


Types of Coughs



January 11, 2025







May be related to mucus

Productive Cough	a cough that brings up mucus or phlegm	_(
Non-productive Cough	doesn't bring up mucus or phlegm.	· "//





Possible Causes of Cough



Some medical conditions that can cause chronic cough







Chronic Branchitis COPD and other lung conditions



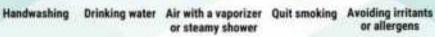
How to treat cough?

Treating a cough will depend on what is causing the cough. If you have an infection, your healthcare provider might prescribe some type of antibiotic or antiviral medication, but most viral coughs do not require antiviral medications.













or steamy shower

Some medical conditions that can

Pneumo





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