















A.Y. 2024-2025 / FEBRUARY 28, 2025



DENTS AND PAREN

SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES

ZERO-TOLERANCE POLICY ON BULLYING

Southville International School and Colleges (SISC) upholds a zero-tolerance policy on bullying and remains committed to providing a safe and respectful environment for all. As part of this commitment, we are reinforcing our reporting system to ensure that concerns are addressed promptly and appropriately. The WASC School Culture, Child Category **Protection** Parent/Community Involvement recommendation to establish an anonymous and easily accessible reporting system further supports this initiative.

To make reporting easier, a QR code linking to the reporting form is now posted around the campus and attached to this SPB. We enjoin everyone—students, teachers, staff, and visitors —to use this tool to report any instances of bullying or child protection concerns.

At the same time, to ensure fairness and accountability, we emphasize that all reports must be supported by facts. While we take every report seriously, we also uphold integrity and will not tolerate false accusations.

Southville International School and Colleges is recognized nationally and globally in the delivery of international education to develop lifelong learners, excellent in academics and values, and movers of society who will make a difference in the 21st century.



Mission

SISC is committed to develop lifelong learners who are equipped with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity, and Innovation) through data-driven and technology-enhanced educational programs to ensure student success in the 21st century.

The Office of Discipline remains dedicated to implementing this system throughout the Academic Year as part of our proactive and continuous efforts to promote a culture of respect, accountability, and preventive discipline.

We welcome your feedback and suggestions to further enhance this initiative. Thank you for your time and support in ensuring a safe and supportive school community.



JUNIORS HONOR SENIORS IN PROM NIGHT

The Senior Class of 2025 was honored by the Junior Class during the Junior-Senior Promenade held at the Manila Hotel last February 14, 2025. The symbolic passing of the key of responsibility by the Seniors to the Juniors marked the former's numbered days in SISC, and the latter carrying on the legacy of excellence and commitment exemplified by the Seniors. It is an important transition point in an SISC high school student's life.

The affair was also highlighted by the awarding of the special titles to deserving promenaders namely:

Promenade King - Vince Santos
Promenade Queen - Kristin Lana Egualan
Promenade Prince - Joshua Levi Santos
Promenade Princess - Ma. Gabrielle Mariz Romulo
Celestial Knight - Cedric Ang
Celestial Bell - Hannah Nixon
Galactic Noble - Ralph Yvan Galing
Galactic Goddess - Venice Gevana
Stellar Charmer - Andre Arreza
Stellar Siren - Samantha Landrito
Lunar Marquee - Prince Kang
Lunar Marchiness - Clarissa Repatacodo



MONARCHS IN THE SPOTLIGHT: DOMINATING SPORTS, MUSIC, AND ACADEMICS!

Southville Monarchs continue to shine in various competitions, showcasing excellence in sports, music, and academics.

ACADEMICS

Gabriel Cabral (Grade 10) dominated the Repentless Asia Superfight Championship Tournament, winning double gold in his division.



SPORTS

Joshua Johnsonian Brakmore-Canterbury (3 Courtesy) made waves at the Heart Splash Swimming Invitational, earning Bronze in the 50m Freestyle and Silver in the 50m Butterfly.

Yuki Togawa (6 Nobility) excelled in fencing, securing:

Silver – Excalibur Minime Women's Foil U12 Silver – Junior Fencing Tournament Women's Foil U12

Rank 5 – Philippine Fencing Association Women's Foil U12



MUSIC

Jenica Beatrice A. Roque (6 Courage) showcased her musical talent at the American Virtuoso International Music Competition – Winter Edition 2024, winning:

2nd Prize – Music in the Baroque Period (Young Artist Group B) Honorable Mention – Music in the Romantic Period (Young Artist Group B)

Congratulations to our Monarchs for their remarkable achievements!



CLASS STANDING NOTICES RELEASED

SISC provides parents and guardians with the Class Standing Notice of their children or wards for them to monitor their children or wards' academic standing and progress within the term. Generally speaking, a student's class standing is based on his or her performance in quizzes, long tests, homeworks, seatworks, recitations, projects, and the like. The term exam score is not yet included.

The Class Standing Notice for the Second Term of Academic Year 2024 - 2025 was released last week. Parents or guardians of students and wards who are not meeting standards must request for a conference with the teacher, either face-to-face or via Google Chat, so that the deficient areas could be addressed as early as possible.

SECOND TERM EXAMS SCHEDULE FOR GRADES 1 - 12

Erratum: We are resending the Second Term schedule as the March 6 schedule for Grade School was previously omitted.

The Second Term Examinations for Grades 1–6 students will be conducted from March 4 to 6, 2025, while for Grades 7–12, they will be held from March 10 to 12, 2025. Students take the term exams thrice during the academic year to assess their learning and to keep them on track for school success. The schedule of the tests is as follows:

OIL IDEO I and	2 FINAL ASSESSMENT SO	CHEDULE (TERM 2)	AY 2024 - 2025
Morch 4, 2025 (Tuesday)	1st and 2nd Grade (Face to Face Classes)	March 4, 2025 (Monday)	1st and 2nd Grade (VOLT)
8:30 - 9:00	Homeroom	12:00 - 12:30 PM	Homeroom
9:00 - 10:00	English	12:30 - 1:50 PM	English
0:00	Dismissol	1:50 PM	Dismissal
March 5, 2025 (Wednesday)	1st and 2nd Grade (Face to Face Classes)	March 5, 2025 (Tuesday)	1st and 2nd Grade (VOLT)
8:30 - 9:00	Homeroom	12:00 - 12:30 PM	Homeroom
9:00 - 10:00	Science	12:30 - 1:50 PM	Science
0:00	Hameroom / Dismissal	1:30 PM	Homeroom / Dismissa
March 6, 2025	1st and 2nd Grade	Harch 6, 2025	1st and 2nd Grade
(Thursday) 8:30 - 9:00	(Face to Face Classes) Homeroom	(Wednesday) 12:00 - 12:30 PM	Homeroom
9:00 - 10:00	Math	12:50 - 1:50 PM	Math
1.00	Propriet	14/40 - 1/40 F.U.	Pidili

GRADES 3 - 6 FINAL ASSESSMENT SCHEDULE (TERM 2) | AY 2024 - 2025

March 4, 2025 (Tuesday)	3rd and 4th Grade	5th and 6th Grade				3rd G (VO	20 mar 20 m
8:30 - 9:00	Homeroom	10:00 - 10:30	Homeroom	12:00	23	12:30	Homeroom
9:00 - 10:30	English	10:30 - 12:00	English	12:30	÷	2:00	English
10:30	Dismissol	12:00	Dismissal			2:00	Dismissal

March 5, 2025 (Wednesday)	3rd and 4th Grade	5th and 6th Grade				3rd G (VO	A CONTRACTOR OF THE PARTY OF TH
8:30 - 9:00	Homeroom	10:00 - 10:30	Homeroom	12:00	2	12:30	Homeroom
9:00 - 10:30	Science	10:30 - 12:00	Science	12:30		2:00	Science
10:30	Dismissal	12:00	Dismissal			2:00	Dismissal

March 6, 2025 (Thursday) 3rd and 4th Grade		3rd and 4th Grade 5th and 4th Grade		3rd Grade (VOLT)			
8:30 - 9:00	Homeroom	10:00 - 10:30	Homeroom	12:00	Si,	12:30	Homeroom
9:00 - 10:50	Math	10:30 - 12:00	Math	12:30		2:00	Math
10:30	Dismissol	12:00	Dismissal			2:00	Dismissal

HIGH SCHOOL SECOND TERM EXAM SCHEDULE | AY 2024-2025

March 10, 2025 (Monday)	7th Grade	8th Grade	9th Grode	10th Grade
8:00 + 8:30	Homeroom Class Adviser and Co Adviser	Homeroom Class Adviser and Co-Adviser		
8:30 - 10:00	Science Class Adviser and Co-Adviser	Science Class Adviser and Co Adviser		
10:00 - 10:30		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Homeroom Class Adviser and Co Adviser	Homeroom Class Adviser and Co-Adviser
10:30 - 12:00			Science Class Adviser and Co Adviser	Science Class Advisor and Co-Advisor

Morch 11, 2025 (Tuesday)	7th Grade	8th Grade	9th Grade	10th Grade
8:00 + 8:30	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co-Adviser		
8:30 - 10:00	English Class Adviser and Co-Adviser	English Class Adviser and Co-Adviser		
10:00 - 10:30			Homeroom Class Advoer and Co-Adviser	Homeroom Class Adviser and Co-Adviser
10:30 - 12:00	1		English Class Adviser and Co-Adviser	English Class Adviser and Co-Adviser

March 12, 2025 (Wednesday)	7th Grade	8th Grade	91h Grode	10th Grade
8:00 - 8:50	Homeroom Class Adviser and Co-Adviser	Homeroom Class Adviser and Co Adviser		
8:30 - 10:00	Math Class Adviser and Co-Adviser	Moth Class Adviser and Co Adviser		
10:00 - 10:50			Homeroom Class Adviser and Co Adviser	Homeroom Class Adviser and Co-Adviser
10:50 - 12:00			Math Class Adviser and Co-Adviser	Math Class Adviser and Co-Adviser

SENIOR HIGH SCHOOL SECOND TERM EXAM SCHEDULE | AY 2024-2025 GRADE 11

March 10, 2025 (Monday)	ABH	GAS	HUHSS	SYEM
R30 - R45	Homeroom	Hameroom	Homeroom	Homeroom
8:45 - 10:15	Math SL	Math Standard Level	Hath	Precalculus
10:15 - 10:45	Break	Break	dismissol	Dismissal of Non-Biology Majors Break for Biology Majors
10:45 - 12:15	General Science	World Studies		Biology Major

March 11, 2025 (Tuesday)	ABH	GAS	HUMSS	STEM
830 - 845	Homeroom	Homeroom	Homeroom	Homeroom
8:45 - 10:15	Probability & Statistics	Probability & Statistics	Social Science	Probability & Statistics
10:15 - 10:45	Break		Dismissel of Industry Break for Efficiency	Dismissal of Non-Chemistry Majors Break for Chemistry Majors
10:45 - 12:15	Marketing Management (10:45AM-11:45AM)		Political Science	Chemistry Major

GRADE 12

March 10, 2025 (Monday)	ABM	GA5	HUMSS	STEH
8:30 + 8:45	Homeroom	Homeroom	Homeroom	Homeroom
8:45 - 10:15	Math for Business and Economics	Precalculus	Math	Calculus
0:15 - 10:45	Dismissal		dismissal	
0:45 - 12:15				

March 11, 2025 (Tuesday)	ABM	GAS	HUHSS	STEH
8:30 + 8:45	Homeroom	Homeroom	Homeroom	Homeroom
R:45 - 10:15	Accounting (8:45AM-9:45AM)	General Science: Chemistry	Social Science	Science Minor
10:15 - 10:45	Dismissal		Dismissal of Psych Majors Break for Pol Sci Majors	
10:45 - 12:15			Political Science	

March 12, 2025 (Wednesday)	ADM	GAS	HUMSS	STEM
8:30 - 8:45	Homeroom	Homeroom		Homeroom
R:45 - 10:15	PASS Preparation and Completion	Intro to Social Science II		
10:15 - 10:45			PASS Historical Completion	Science Major
10:45 - 12:15	1			

SECURE THE SECOND TERM EXAM CLEARANCE

The Second Term Exams are just around the corner. Please settle your accounts at the soonest possible time so we can process your child's **Term Exam Clearance**. Students who have settled their accounts will be issued a Term Exam Clearance with a reply slip to be returned to the Class Adviser.

The "Term Exam Clearance" should be presented to the adviser/proctor on the first day of the examination week for the student to be able to take the exam. Those who have settled their account as of February 5, 2025 will receive the term exam clearance from the adviser.

Below are the different options on how you may settle your school fees assessment:

BANK TRANSACTION		DIDECTLY TO THE CASHED	CONTRACT TO MARKET TO
BANK DEPOSIT	BANK WIRE TRANSFER	DIRECTLY TO THE CASHIER	ONLINE PAYMENT
BPI Acct Name: SOUTHVILLE INTERNATIONAL SCHOOL Branch: Citadella Las Piñas branch Acct No.: 4611-0042-36 MBTC Acct Name: SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES INC. Branch: Ayala Alabang branch Acct No.: 001-7-001-51917-0	BPI Acct Name: SOUTHVILLE INTERNATIONAL SCHOOL Address: Unit B Fenina bldg., CAA Road cor, Cittadella Ave. Village Pulang Lupa 2, Las Piñas City Dollar acct no., 4614-0119-85 Peso acct no., 4611-0042-36 SWIFT Code: BOPIPHMM MTBC Acct Name: SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES INC. Branch: Ayala Alabang branch Acct No.; 001-7-001-51917-0 SWIFT Code: MBTCPHMM	1. Cash and check payments may be directly paid to Southville cashiers at the Luxembourg Campus FOR CHECK PAYMENTS Please make check payable to SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES INC. 2. Payment through credit cards directly to the cashier. Credit cards accepted: BPI & OTHER MAJOR CREDIT CARDS (VISA/MASTERCARD) 3. Debit payment for BPI card holders	1. Online payment through GCASH and PAYMAYA (Kindly follow the instructions indicated in the site) 2. Online Credit Card Payment (Peso Only) Please provide your details by filling out this form https://forms.gle/bFgNGctAyN3hYoCr6 and choose option 4. You will receive an email from Paymongo. For more details, please visit https://www.southville.edu.ph/payment-details/

accounting@southville.edu.ph

ou may also email any tuition fee concerns and inquiries at this email address

PLAN AHEAD, MONARCHS!

Stay informed and prepared! Check out the School Calendar for AY 2025-2026 to keep track of important dates, events, and milestones for the year ahead. Let's make it another year of excellence!



To download or view the school calendar for A.Y 2025-2026, kindly scan the QR code on the side.





-MONARCHS-MOMENTS

STAR CAMPUS

"

Bringing stories to life! Our storytelling activity at Star Campus sparks creativity, imagination, and a love for reading among our young learners.















MONARCHS MOMENTS

MUNICH CAMPUS

At Munich Campus, storytelling opens a world of wonder!
Students dive into tales of adventure, creativity, and learning,
making every story come alive.



44







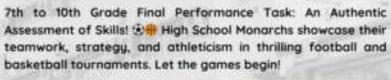




7TH - 10TH GRADE P.E. FINAL PERFORMANCE TASK (FPT)













9TH GRADE FOOTBALL GITTE COMPASSION Bous: FORTITUDE

BTH GRADE BASKETBALL GIVE: INTEGRITY BOUS INTEGRITY

10TH GRADE FOOTBALL Girls: PRUDENCE Boys: COMPASSION



MONARCHS MOMENTS

IB CAMPUS

The IB honors and celebrates our Non-Teaching Employees with a special simple program last February 20.







SOCIAL-EMOTIONAL LEARNING (SEL) CORNER

6 STEPS TO MASTERING YOUR EMOTIONS

The ultimate step-by-step guide to process any kind of emotion!



1. WELCOME THE EMOTION

Emotions help us to survive, thrive, and avoid danger. There's always a positive intention behind every emotion!



2. BECOME THE OBSERVER

Take 5 deep breaths. Look at yourself feeling the emotion from the outside.



3. NAME THE EMOTION

Recognize and name what you are feeling. We are more comfortable with what we know!



4. SEFRIEND THE EMOTION

Look at the emotion with compassion and curiosity. Emotions signal whether your needs are being met or not!



5. IDENTIFY THE NEED

Feeling sad? You might need a hug! Feeling stressed? Maybe you need to relax? Feeling overwhelmed? Do you need a plan?



6. CREATE ACTIONABLE STEPS

Be action-oriented! What steps can you take to get the need you identified met?

REMEMBER: YOU DON'T HAVE CONTROL OVER EVERYTHING. FOCUS ON WHAT YOU CAN CONTROL!

This infligraphic brought to you



Tamara Pflug







Elevate Your Hospitality Career with SISFU! A Fast-Track Austrialian, Swiss, and UK Bachelor's Degree!

ABOUT THE PROGRAMME

SISFU's Hospitality Management is a programme designed for students who want to earn international qualifications from Pearson and degrees from our partner universities in Switzerland and Australia. Emphasis on core hospitality courses with no minor subjects offered for streamlined focus on priority skills sets our programme apart. Our campus features workshops for students to learn industry practices, complemented by hands-on experience through local and paid international internships. With our high employability rate. SISFU graduates are ensured excellent career prospects around the globe.

ENROL NOW







www.sisfu.edu.ph

BF International, Las Piñas City

SWISS HOTEL MANAGEMENT SCHOOL - LEYSIN CAMPUS. SWITZERLAND

- Top Up and receive a Dual Degree in Bachelor of Arts (Hons) in International Hospitality Management awarded by SHMS (Switzerland) and University of Derby (UK).
- Chance to extend for another 18 months in Switzerland for paid internship (subject to qualifications)
- Tuition Fee includes books, food allowance, board and lodging!



FEBRUARY 28, 2025





THE HOTEL SCHOOL: GOLD COAST, **AUSTRALIA**

- Paid internships during your Top-Up year! Earn as much as Php 100K+ a month!
- Earn a 2-3 Year Work Visa upon Graduation!



WHY STUDY HOSPITALITY MANAGEMENT AT SISFU?

- ► Guaranteed Admission to Top-ranked UK & AU Universities
- Paid Internship programme in Australia, UK, and the US
- ► Eligibility for a post study work visa (2-4 years) after 2 years of internship/study in Australia "viso opprovol may vary depending on the latest AU govt updates
- Pathway for Migration to Australia
- ▶ 95% of graduates earning 1.5M/yr right out of school
- Savings on study investment of 40% versus entering straight to Australian schools

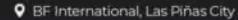
ADMISSION REQUIREMENTS

- Application form
- 4 pcs. 2x2 pic
- 500-word essay
- Original Birth Certificate
- TOR / Latest copy of grades
- SHS Diploma (scanned copy)
- Passport (if available)



🗠 enquiry@southville.edu.ph 宿 09989635282 | 84 | 86 | 88

www.sisfu.edu.ph



YOUR VOICE MATTERS: SHARE YOUR FEEDBACK HERE



Customer Satisfaction Survey

Our Public Relations Office has created a survey tool available to all parents, students, and stakeholders of Southville International School and Colleges. Simply scan the QR code below to share your concerns, commendations or suggestions.

Kindly scan the QR code.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly scan the QR code to the right or click the link below:



<u>Acknowledgement Form</u>

Marie Vic F. Suarez, PhD Principal, K12 and IB

To view the previous SPBs, please click the button below:

K12 and IB Bulletins



HEALTH ADVISORY

Burnout

What is Burnout?

Burnout is not a medical condition but a "physical, emotional, or mental exhaustion, accompanied by decreased motivation, lowered performance, and negative attitudes toward oneself and others."

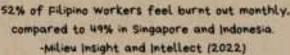
Who experiences burnout?

Anyone regularly exposed to high levels of stress, whether work-related, school-related or not, can experience burnout.

Why might burnout occur?

Typically, burnout is the result of chronic, unmanaged stress, which can appear from various sources and situations.

More Filipino employees experience burnout at work than their regional counterparts, despite rating their mental health as good or excellent.



85% of college students feel overwhelmed by their responsibilities at some point during the academic year.

-National College Health Assessment (2021)





Signs of Burnout

Burnout looks different for everyone, although it can affect someone physically, mentally and emotionally



Feeling apathetic or dissatisfied with work



Changes to diet or sleep patterns





Burnout

7 Strategies to Help Prevent Burnout

1 Recognize and Respond to Stress

Stress may present itself differently in each person. The quicker a person can learn to recognize their body's signals, the quicker they can act.



2. Set boundaries

Boundaries are personal limits that someone establishes according to their sense of what is acceptable, appropriate, and comfortable.

Develop a work-life or school-life balance

With a healthy work-life or school-life balance, individuals can better manage their work and personal lives without sacrificing one for the other.





4. Prioritize self-care

Take time to do things that improves physical and mental health, and promotes overall well-being

5. Exercise the body and mind

Exercise does not have to mean high intensity Meditation workouts. and mindfulness techniques may help lower blood pressure, reduce anxiety, and depressive symptoms, and combat insomnia.





6. Regularly take breaks

Short breaks throughout the day can help a person relax and recharge.

7. Maintain a support network

Having a strong supportive network means a person has family members, friends or work colleagues with whom they can share feelings and experiences.



