



STUDENTS AND PARENTS' BULLETIN

SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES

IB VISIT HIGHLIGHTS SISC'S COMMITMENT TO EXCELLENCE AND HOLISTIC STUDENT DEVELOPMENT

Southville International School and Colleges (SISC) recently welcomed the **International Baccalaureate (IB) evaluation team** as part of the **IB Programme Evaluation** process. This visit marked a significant milestone in our continuous journey to provide a world-class education grounded in the IB mission of developing inquiring, knowledgeable, and caring young people.

The visit was the culmination of a rigorous self-study process that engaged the entire school community—faculty, students, staff, and parents alike. The IB Organization recognized the dedication and collaborative effort that went into the process and acknowledged the valuable insights gained by the school throughout this reflective journey.

Vision

Southville International School and Colleges is recognized nationally and globally in the delivery of international education to develop lifelong learners, excellent in academics and values, and movers of society who will make a difference in the 21st century.



Mission

SISC is committed to develop lifelong learners who are equipped with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity, and Innovation) through data-driven and technology-enhanced educational programs to ensure student success in the 21st century.

The evaluation report commended SISC for several notable strengths:

- **Commitment to the IB Mission:** SISC's vision statements and strategic initiatives clearly reflect its alignment with the IB philosophy. The school actively promotes responsible action, open communication, and mutual respect within the community.
- **Leadership and Global Engagement:** SISC's leadership exemplifies its dedication to the IB ethos through active participation in regional and global IB communities. By sharing best practices and engaging in broader conversations across various platforms, the school contributes meaningfully to the growth of IB education worldwide.
- **Culture of Continuous Improvement:** The school has embedded a culture of reflection and growth, collecting regular feedback from stakeholders through surveys and forums. This practice ensures the long-term sustainability of the IB programme and demonstrates SISC's unwavering focus on student achievement.
- **Holistic Student Support:** The school's Mental Health & Wellbeing Centre, alongside initiatives like the Tier 1 Wellbeing Programme and Journal, underscores its proactive approach to student welfare. These efforts have made learning more accessible and meaningful for every student.
- **Student Voice and Inclusion:** SISC cultivates a nurturing environment where students feel heard, respected, and supported. The inclusive and open relationships between students and staff are a hallmark of the school's positive culture.
- **Academic Integrity and Transparent Assessment:** The school's assessment practices are consistent, fair, and clearly understood across the community. This has fostered a strong culture of academic integrity and clarity around expectations.

We would like to extend our heartfelt thanks to all the students, parents, and teachers who participated in the interviews with the evaluators. Your honest feedback, insights, and engagement were vital to the success of this visit and truly showcased the strength and unity of the SISC community.

The IB evaluation affirmed SISC's steadfast commitment to the values and standards of an IB education. More than a validation, it served as an opportunity to identify strategic areas for growth, allowing the school to further enhance its impact on student outcomes.

With renewed inspiration and direction, SISC remains dedicated to its mission of preparing students to be future-ready global citizens who lead with competence, character, and compassion.



NEW ELECTIVE OPTIONS FOR SENIOR HIGH STUDENTS THIS ACADEMIC YEAR!

Starting this academic year, **Senior High School students** will continue to be grouped based on their chosen strands. However, we are excited to introduce greater flexibility in their learning journey—**students may now choose elective subjects outside their strand.**

This model follows the **International Baccalaureate (IB) curriculum framework**, which encourages interdisciplinary learning and student choice. By exploring subjects beyond their main track, students can broaden their interests, deepen their understanding, and develop a well-rounded academic profile that supports both college and career readiness.

INTERESTED IN AFTER-SCHOOL MUSIC LESSONS?

With music’s positive impact on children’s creativity, social skills and academic performance, SISC is partnering with the **Yupangeo Music Academy** to offer after-school music programs as enrichment learning experiences. From piano to guitar, drums, violin, ukulele, saxophone, flute, recorder and voice, there is something for everyone to master at their own pace.

Please answer the **YMA Survey** or scan the QR Code below so the school will know your desired instrument and program preferences, and you can get in touch with your inner musician. The results of the survey will be used to develop the after-school music programs that meet the needs and interests of SISC community members.



SISC JULY SUMMER OFFERINGS: A SEASON OF DISCOVERY, CREATIVITY, AND FUN!

This July, Southville International School and Colleges invites students to make the most of their summer break through a wide array of co-curricular and non-curricular programs designed to ignite passions, sharpen skills, and unleash talents!

Academic Programs

Engaging sessions in **English, Math, Science**, and **PASS** — designed for young minds to grow, learn, and discover!

Co-Curricular Programs

Perfect for young learners eager to explore academic enrichment and creative expression, our co-curricular classes blend fun with learning:

- **Exploring Colors** – An exciting introduction to the world of hues.
- **Canva Tutorial** – A digital design workshop for aspiring creatives.
- **Ballet** – Cultivate discipline and grace through classical dance.
- **Generic Arts**

- **Music Lessons:**
 - **Guitar, Ukulele, Violin, Piano** – Master an instrument and express your musicality.
 - **Music Appreciation** – Broaden your understanding of rhythms, melodies, and genres.

- **Sports Clinics:**
 - **Football/Soccer, Basketball, Volleyball** – Enhance agility, teamwork, and discipline.
 - **Fencing, Taekwondo, Karate, Arnis** – Build focus, strength, and confidence.
 - **Archery** – Learn precision and control in this unique sport.
 - **Chess** – Sharpen strategy and mental agility.

ENROLL NOW!



SMART SUMMER

Programs



Voice



Modern Dance



Ballet



Arnis



Basketball



Soccer



Taekwondo



Volleyball



Karate



Chess



Archery



Fencing



Spanish | French



Arts



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PTC FOR GRADUATING STUDENTS SET ON JUNE 20

The Third Term Parent-Teacher Conference (PTC) for Preschool and Grades 6 & 12 students will be on June 20, 2025. It will be done face-to-face in the morning and online in the afternoon with your child's class adviser sending you the sign-up sheet link for your preferred time slot.

This is your chance to discuss with your children's teachers their growth from the beginning of the year to their readiness for the next level. You will also learn the important dates and other helpful information going into school year 2025 - 2026.





MONARCHS MOMENTS

STAR CAMPUS

“ STAR Young Monarchs wrapped up the year with fun, smiles, and unforgettable moments. ”



MONARCHS MOMENTS

MUNICH CAMPUS

“

Smart shoppers in action! Our Grade 1 and 2 students explored the market on their special **Market Day**—learning to make thoughtful choices, compare prices, and shop wisely while having fun!

”



MONARCHS MOMENTS

LUX CAMPUS

“ Incoming Grade 7 students and their guardians joined the Special Coffee Chat at Luxembourg Hall last June 10, 2025, as they geared up for an exciting new chapter. ”



MONARCHS MOMENTS

IB CAMPUS

Congrats, Southville IB Graduates!

“ Huge congratulations to the incredible International Baccalaureate graduates of Southville! Your hard work and dedication have truly paid off. We're so proud of all you've achieved and excited to see the amazing things you'll do next. Go out and shine! ”



SOCIAL-EMOTIONAL LEARNING (SEL) CORNER



HOW TO HELP KIDS DEVELOP PROBLEM SOLVING SKILLS AND DECISION-MAKING ABILITIES

PARTICIPATE IN GROUP ACTIVITIES

Group activities teach children to work together, listen to different perspectives, and solve problems as a team. This builds communication skills and fosters appreciation for diverse viewpoints.

ALLOW CHILDREN TO MAKE MISTAKES

Allowing children to make mistakes and learn from them is a key way to build problem-solving skills. This encourages resilience, critical thinking, and confidence as they work through challenges and find solutions on their own.

ROLE-PLAYING SCENARIOS

Role-playing helps children develop problem-solving skills by letting them explore emotions, communication, and challenges through different characters. It boosts creativity and decision-making as kids navigate imaginary scenarios requiring thoughtful solutions.

ALLOW FREEDOM OF CHOICE

Encouraging children to make small daily decisions helps strengthen their problem-solving skills. Simple choices like choosing what to wear or eat allow them to practice analyzing options and anticipating outcomes.

ENCOURAGE ASKING QUESTIONS

Encouraging kids to ask questions helps them develop analytical and problem-solving skills. When curiosity is nurtured, they learn to think critically, explore issues deeply, and seek meaningful solutions.

ENGAGE IN CREATIVE PLAY

Frequent conversations about real-life issues help children strengthen their critical thinking and problem-solving skills. These discussions increase their awareness and encourage them to consider different perspectives while learning to handle everyday challenges.

EQUIP THEM WITH SOFT SKILLS

Teaching kids essential soft skills like communication, active listening, and time management strengthens their problem-solving abilities. These skills support both academic success and daily decision-making by helping children approach challenges with clarity and structure.

ENCOURAGE AND MOTIVATE

Lastly, consistent encouragement from parents and teachers boosts a child's confidence in facing challenges. Acknowledging their efforts reinforces their problem-solving skills and motivates them to stay creative and decisive in future situations.

Canker Sores (Aphthous Ulcers)

What are Canker Sores?



Canker sores are small, painful ulcers that develop inside the mouth — typically on the inner cheeks, lips, tongue, or the floor of the mouth. Unlike cold sores, they are not contagious and do not occur on the surface of the lips.

Causes: Canker sores may be triggered by:

- Minor injury (e.g., biting the inside of your cheek, dental work)
- Stress or hormonal changes
- Certain foods (acidic fruits, chocolate, coffee, spicy foods)
- Vitamin deficiencies (especially B12, folic acid, zinc, iron)
- Allergic reactions to oral hygiene products or food
- Underlying health conditions like celiac disease, Crohn's disease, or autoimmune

Symptoms:



Round or oval sores with a white, yellow, or gray center and red border



Burning or tingling sensation before sores appear



Pain while eating, drinking, or speaking



Typically heal within 1–2 weeks without scarring

"Keep Your Smile Strong – Say Goodbye to Canker Sores."



References:

<https://www.mayoclinic.org/diseases-conditions/canker-sore/symptoms-causes/syc-20370615> <https://my.clevelandclinic.org/health/diseases/10945-canker-sores>

Canker Sores (Aphthous Ulcers)

Treatment & Management:



Home Remedies:



Use salt water or baking soda rinses to soothe irritation and promote healing.

Dilute a hydrogen peroxide solution and use as a mouth rinse to disinfect.



Dab milk of magnesia directly on the sore to reduce pain and speed healing.

Avoid irritating foods like spicy, acidic, or rough-textured food.



Maintain good oral hygiene by using a soft-bristled toothbrush and non-SLS toothpaste.

Over-the-Counter Products:

Oral pain relievers (benzocaine, hydrogen peroxide rinses)



Protective pastes (like Orabase)

When to See a Doctor:

- Sores larger than 1 cm or lasting more than 2–3 weeks
- Frequent recurrence
- High fever, difficulty swallowing, or other systemic symptoms
- Signs of infection (pus, spreading redness, swelling)

"Keep Your Smile Strong – Say Goodbye to Canker Sores."



References:

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YOUR VOICE MATTERS: SHARE YOUR FEEDBACK HERE



Customer Satisfaction Survey

Our Public Relations Office has created a survey tool available to all parents, students, and stakeholders of Southville International School and Colleges. Simply scan the QR code below to share your concerns, commendations or suggestions.

Kindly scan the QR code.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly scan the QR code to the right or click the link below:



[Acknowledgement Form](#)

Marie Vic F. Suarez, PhD
Principal, K12 and IB

To view the previous SPBs, please click the button below:

[K12 and IB Bulletins](#)