



STUDENTS AND PARENTS' BULLETIN

SOUTHVILLE MONARCHS INTERNATIONAL SCHOOL

Managed by
Southville International School and Colleges



NEW YEAR MESSAGE FROM THE PRESIDENT

Happy 2026! I hope everyone is safe and well in this new year after a restful and joyful holiday break. I hope you share my eagerness for the start of this new year and the exciting path that lies ahead. As we turn the calendar to January, it invites us to look forward with curiosity, enthusiasm, and purpose because the opportunities for excellence and improvement are real.

The new year invites us to begin again—with renewed purpose, fresh perspectives, and strengthened resolve. I encourage everyone to embrace it with open hearts and a shared sense of unity. Together, we will continue to nurture a culture of learning, discovery, innovation, and service, as we shape the next chapter in the proud legacy of Southville Monarchs International School (SMIS).

We eagerly welcome all that the new year will bring and the many achievements that lie ahead. With everyone pooling their talent, energy and commitment collaboratively, I am confident that the year to come will be a spectacular time for SMIS. May 2026 be a year filled with growth, discovery and enriching connections, as I am deeply grateful to share this journey with you.



Jocelyn P. Tizon
SISC President

Vision

Southville Monarchs International School (SMIS) is recognized nationally and globally for providing a solid foundation in academics and values to develop lifelong learners who will live productive and happy lives.



Mission

Southville Monarchs International School is committed to equip learners with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, and Creativity/Innovation) through an internationally based academic curricula and universal values programs.

These programs are facilitated by competent, creative and caring teachers within a safe and conducive learning environment.

- 6Qs* Program (Diligence Quotient + Intelligence Quotient + Reading Quotient +, Emotional Quotient + Computer-Technology Quotient= Success Quotient)
- Harvard Executive Functions (Memory, Cognitive, Flexibility, Impulse Control)
- Artificial Intelligence (AI) and Technology-Driven Programs
- Values Program

SCHEDULE OF MIDTERM EXAMS SET

The Midterm Exams for Grades 1-4 will happen on January 21-22. This is to determine how well students are learning in class and prepare them for the forthcoming term exams. The midterms schedule and the pointers to review were released through the student's Academic Weekly Planner (AWP).



FIRST TERM PARTEN-TEACHER CONFERENCE (PTC)

The Parent-Teacher Conference (PTC) regarding your child's school performance during the First Term will be on January 23, 2026 for Preschool to Grade 4. The class adviser sent the individual schedule through your registered email.

This is your chance to meet and catch up with your child's teacher to learn about your child's progress in school. There will be no classes on January 23, 2026 for Preschool to Grade 4 students give way to the PTC.

B E F O R E

1. Take note of the venue (room number) and time that your child's adviser sent you.
2. Ask your child if there is anything that he/she wants you to ask or talk about with his/her teacher.
3. List down your questions/concerns that you want to talk about with the teacher.

D U R I N G

1. Be on time for the meeting.
2. Be conscious of the time. End the meeting on time. Follow your assigned schedule only.
3. Ask the most important questions first.
4. Ask for explanation of anything that you don't understand.
5. Ask your child's teacher for ways that you can help your child at home.

A F T E R

1. Talk about the conference with your child.
2. Talk about the positive points, and be direct about some areas for improvement.
3. Tell your child about any plans you and the teacher agreed on.
4. Keep in touch with the teacher during the school year.

Remember: You and your child's teacher want the best for your child. You can help your child by working together as a team.

MONARCHS MOMENTS

The Laudato Si' Team is a group of advocates dedicated to promoting environmental awareness and sustainable practices across all SGEN schools. United by a shared commitment to care for our common home, the team leads initiatives that encourage responsible stewardship and environmentally conscious actions within the school community.

MEET THE LAUDATO SI TEAM

 Ms. Belen Mandin CAPS Head			
 Mr. Ramcis Yano Guidance Counselor	 Ms. Sary Escurel SFO Coordinator	 Mr. Ronald Verde Transportation Coordinator	 Mr. Tomas Leopoldo Farm Custodian

The Philippines continues to face worsening environmental challenges, including improper waste disposal, excessive plastic use, deforestation, and the pollution of land and water resources. Inspired by Laudato Si', the event highlighted the call to care for our common home by promoting responsible stewardship of the environment.

Our young Monarchs were guided on proper waste segregation and practical ways to compost food waste, emphasizing simple yet meaningful actions that help reduce environmental impact and nurture a more sustainable future.





FITNESS DAY

Mufti Day Fitness Day brought the school community together for a day of fun, movement, and wellness. Students and teachers enjoyed wearing sports attire and enjoyed fitness activities that encouraged teamwork, healthy habits, and an active lifestyle. Stay healthy and fit, young Monarchs!



PRESCHOOL SOUTHVILLE IDOL AWARDING FOR THE VALUE OF RESPECT

The Southville Idol Awarding celebrated our Preschool students who exemplified the value of Respect, focusing on Loving Oneself and Politeness. Through this recognition, the students' positive behaviors and kind actions were highlighted, inspiring them and their peers to continue practicing respect in their daily interactions.



Spark & Explore Club! INTEREST CLUB UPDATES



From farm to table!

Our young farmers and entrepreneurs had so much fun while learning how to plant, harvest, cook and sell their products.



Coaster Creations!

The students transformed simple materials into personalized, artistic coasters. This hands-on project encouraged creativity, fine motor skills, and design thinking, allowing each participant to craft functional art they could proudly use or display.



Spark & Explore Club! INTEREST CLUB UPDATES



Focus & Frame!

The Shutter and Sketch Club explored the art of capturing beautiful moments through their gadgets while learning practical photography tips and techniques. Our young Monarchs honed their skills in framing, lighting, and composition, turning everyday sights into memorable snapshots.



Animal Poses!

The Yoga Club joyfully practiced their animal poses, stretching and moving with focus and fun. Through these playful poses, members built strength, balance, and mindfulness while enjoying a calm and relaxing experience together.



CELEBRATING OUR IXL CHAMPIONS!

We are proud to celebrate the outstanding achievements of our Monarchs who excelled in the recent IXL Leaderboard who has mastered the most skills for, **January 12-16, 2026**. Through their dedication and commitment to practice, these students showcased excellence by mastering the most skills during the competition period. Their hard work and perseverance truly set them apart. Keep practicing, keep mastering and you might just be the next IXL Champion

Leaderboard
SMIS: Jan. 12-16, 2026

Who has mastered the most skills?

- 1. Cleon Zell Sunga: 30 skills mastered
- 2. Ariella Beatriz Ravelo: 28 skills mastered
- 3. Dominic Minay: 25 skills mastered

STARTED: Jan 12, 8:40 AM | ENDED: Jan 16, 9:13 AM

STUDENT	PROGRESS	TEACHER	GRADE
1. Cleon Zell Sunga	30 skills mastered	Musa	1
2. Ariella Beatriz Ra...	28 skills mastered	Lacson; Padilla	4
3. Dominic Minay	25 skills mastered	Lacson	3



MONARCHS EXCEL IN IXL!

January 12-16, 2026

WHO HAS MASTERED THE MOST SKILLS?



CLEON ZELL S. SUNGA
Grade 1 Galileo



ARIELLA BEATRIZ C. RAVELO
Grade 4 Hope



DOMINIC H. MINAY
Grade 3 Peace

ACTIVITIES TO LOOK FORWARD TO



SOUTHVILLE
Monarchs International School

Term 1

Parent-Teacher Conference

Academic Year 2025 - 2026

January 23, 2026



SOUTHVILLE MONARCHS INTERNATIONAL SCHOOL

SMIS OEP

FEBRUARY 13 2026

6:00 AM	ASSEMBLY TIME AT SMIS
6:30 AM	DEPARTURE FROM SMIS
8:30 AM	STA. ELENA FARM
1:30 PM	THE CATSUP MUSEUM
2:30 PM	MUSEUM Y
7:00 PM	ESTIMATED TIME OF ARRIVAL AT SMIS

SMIS OEP ACTIVITIES



STA. ELENA FARM



THE CATSUP MUSEUM



MUSEUM Y



SGEN HEALTH ADVISORY

Medical Department



A.Y. 2025-2026

Healthy Tips for a New Year 2026


Start 2026 with healthier choices for your body and mind. These small, consistent habits can lead to lasting wellness throughout the year.



Move More and Stay Active
Aim for at least 150 minutes of moderate physical activity per week to strengthen your heart, boost energy, and reduce stress.



Eat a Balanced, Nutritious Diet
Choose fruits, vegetables, whole grains, lean proteins, and healthy fats while limiting salt, sugar, and highly processed foods.



Stay Hydrated and Get Quality Sleep
Drink enough water daily and aim for 7–9 hours of sleep each night to support immunity, focus, and overall wellness.



Manage Stress and Care for Mental Health
Practice mindfulness, relaxation techniques, and maintain social connections to protect emotional and mental well-being.



Practice Good Hygiene and Preventive Care
Regular handwashing, updated vaccinations, and routine health checkups help prevent illness and ensure early detection.



STOP Choose Healthy Habits Over Risky Behaviors
Quit smoking and avoid alcohol use to reduce the risk of chronic diseases and promote long-term health.

“Care Today, Feel Okay—Every Day!”



- References:**
- World Health Organization (WHO). Healthy Diet and Physical Activity Guidelines.
 - Centers for Disease Control and Prevention (CDC). Healthy Living and Preventive Care.
 - Department of Health (DOH), Philippines. Health Promotion and Disease Prevention Programs.
 - National Sleep Foundation. Sleep Health Recommendations.



Social-Emotional Learning Corner

START WITH WHY: BUILDING PURPOSE, ACHIEVING GOALS

Strengthening Sense of Purpose

1

KNOW WHY YOUR GOALS MATTER TO YOU

Choose goals that connect to your interests, dreams, and values. Your 'why' keeps you motivated to work hard.



2

SET CLEAR AND REALISTIC GOALS

Write down what you want to achieve and break down into small, doable steps.



3

STAY FOCUSED, EVEN WHEN IT GETS HARD

Challenges and mistakes are part of learning. Use them as lessons, not reasons to quit.



4

TRACK YOUR PROGRESS AND REFLECT

Regularly check how far you've come and what you've learned.



5

TAKE RESPONSIBILITY FOR YOUR ACTIONS

Show commitment by managing your time, completing tasks, and following through on promises.



REFERENCES:

- Damon, W. (2008). *The Path to Purpose: Helping Our Children Find Their Calling in Life*. Free Press.
- Duckworth, A. (2016). *Grit: The Power of Passion and Perseverance*. Scribner.
- American Psychological Association. (2020). *Goal setting and motivation*.
- Character.org. (2023). *Developing purpose and commitment in students*.

YOUR VOICE MATTERS: SHARE YOUR FEEDBACK HERE



Customer Satisfaction Survey

Our Public Relations Office has created a survey tool available to all parents, students and stakeholders of Southville Monarchs International School. Simply Scan the QR code below to share your commendations, concerns or suggestions.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips.

Kindly click the link below or scan the QR code.



Acknowledgment Form


MARIE VIC F. SUAREZ, PhD
K12 and IB Principal


RAHIMA R. ONA
Deputy Principal

To view the previous SPBs, please click the button below:

SMIS BULLETINS