



STUDENTS AND PARENTS' BULLETIN

SOUTHVILLE MONARCHS INTERNATIONAL SCHOOL

Managed by
Southville International School and Colleges



Little Explorers with Big Outdoor Adventures!



The Outdoor Educational Program (OEP) held on February 13 was a meaningful blend of learning, exploration, and family bonding. Our young Monarchs, together with their families, first visited Sta. Elena Farm, where they experienced nature up close and learned about farm life. The journey continued at the Catsup Museum, sparking curiosity about food production and local innovation.

The highlight of the trip was Museum Y, where engaging exhibits introduced learners to the exciting world of artificial intelligence and technology. It was truly a fun-filled adventure that fostered discovery, creativity, and wonderful memories for our young Monarchs and their families.

Vision

Southville Monarchs International School (SMIS) is recognized nationally and globally for providing a solid foundation in academics and values to develop lifelong learners who will live productive and happy lives.



Mission

Southville Monarchs International School is committed to equip learners with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, and Creativity/Innovation) through an internationally based academic curricula and universal values programs.

These programs are facilitated by competent, creative and caring teachers within a safe and conducive learning environment.

- 6Qs* Program (Diligence Quotient + Intelligence Quotient + Reading Quotient +, Emotional Quotient + Computer-Technology Quotient= Success Quotient)
- Harvard Executive Functions (Memory, Cognitive, Flexibility, ¹Impulse Control)
- Artificial Intelligence (AI) and Technology-Driven Programs
- Values Program

Adventures at Sta. Elena Farm!



Adventures at Sta. Elena Farm!



Adventures at Sta. Elena Farm!



The Sweet & Savory Catsup Experience



Into the World of AI Wonders!



Into the World of AI Wonders at Museum Y!



MUFTI DAY: Spread the Love

Mufti Day: Spread the Love, held on February 12, 2026, filled the campus with warmth and cheerful Valentine's vibes. Learners and staff came dressed in delightful shades of pink and red, with many wearing outfits adorned with heart designs, creating a vibrant and festive atmosphere. The day was a joyful celebration of kindness, friendship, and appreciation, as everyone shared smiles and positive energy throughout the school community.



Happy
Valentine's
Day



MUFTI DAY: Spread the Love



CELEBRATING OUR IXL CHAMPIONS!

We are proud to celebrate the outstanding achievements of our Monarchs who excelled in the recent IXL Leaderboard who has mastered the most skills for, **February 9-13, 2026**. Through their dedication and commitment to practice, these students showcased excellence by mastering the most skills during the competition period. Their hard work and perseverance truly set them apart. Keep practicing, keep mastering and you might just be the next IXL Champion



MONARCHS EXCEL IN IXL!

February 9-13, 2026

WHO HAS MASTERED THE MOST SKILLS?



KYRENE RAE V. AGAPITO
Grade 1 Galileo



ANASTASIA T. GUINTO
Grade 2 Graham Bell



FITZ ELIAKIM R. LAMAR
Grade 1 Galileo

IXL LEVEL TOPNOTCHERS

February 9-13, 2026

WHO HAS MASTERED THE MOST SKILLS?

Grade 1 Galileo



IXL Leaderboard
Grade 1 Galileo (February)
Who will reach proficiency in the most skills?

Ends on February 28, 2026 at 10:00 PM

Visit IXL to keep practicing and move up in your leaderboard!

1		Kyrene Rae Agapito	53 skills proficient
2		Meyer Mateusz Rey...	42 skills proficient
3		Joachim Jose Mantes	38 skills proficient



Grade 2 Graham Bell

IXL Leaderboard
Grade 2 Graham Bell Board 6 - February
Who will reach proficiency in the most skills?

Ends on February 28, 2026 at 5:00 PM

Visit IXL to keep practicing and move up in your leaderboard!

1		Anastasia Guinto	87 skills proficient
2		Laveena Mirielle W...	60 skills proficient
3		Jaeni Sophia Belale	37 skills proficient



Congratulations!



IXL LEVEL TOPNOTCHERS

February 9-13, 2026

WHO HAS MASTERED THE MOST SKILLS?

Grade 3 Peace



Leaderboard
Grade 3 Peace Board 6

Who will reach proficiency in the most skills?

ENDS IN
22:01:38:48
DAYS HR MINS SECS

End early

1		Dominic Minay	40 skills proficient
2		Jarielle Sophia Rivera	15 skills proficient
3		Reese Czarina Cargo	8 skills proficient



Grade 4 Hope

IXL Leaderboard
Grade 4 Hope Board 6

Who will reach proficiency in the most skills?

Ends on February 28, 2026 at 5:00 PM

Visit IXL to keep practicing and move up in your leaderboard!

1		Ariella Beatriz Rav...	46 skills proficient
2		Seth Ynigo Bay	17 skills proficient
3		Jaleesa Raven Salazar	9 skills proficient



Congratulations!



ACTIVITIES TO LOOK FORWARD TO



SOUTHVILLE
Monarchs International School

SPORTSFEST
and
FAMILY DAY

FEBRUARY 21, 2026
GENERAL TRIAS SPORTS PARK

The banner features a vibrant background with a blue sky, green grass, and a red running track. It includes illustrations of a large gold trophy, a person jumping, a person running, a person playing volleyball, and a cheerleader. The school logo is in the top left corner.



GRADUATION PICTORIAL 2026

February 26, 2026
(No Classes, Pictorial only)

TIME: 8:00 AM – 12:00 NN

ATTIRE:

1. Creative Shot Attire (My Future Self)

OPTIONAL: Props to go with his/her attire.

2. Filipiniana or National Costume

3. Complete School Uniform (Formal)



Note: Please come to school wearing your Creative Shot Attire.

ACTIVITIES TO LOOK FORWARD TO



YEARBOOK PICTORIAL 2026 (NURSERY, PRE-KINDERGARTEN AND JUNIOR KINDERGARTEN)

February 26, 2026
(No Classes, Pictorial only)

TIME: 11:30 – 2:30 PM

ATTIRE:

Complete School Uniform (Formal)



Note:

Please come to school wearing your complete school uniform and bring a small bag with snacks and water.



YEARBOOK PICTORIAL 2026 GRADE SCHOOL DEPARTMENT

February 27, 2026
(No Classes, Pictorial only)

TIME: 8:00 – 12:00 NN

ATTIRE:

Complete School Uniform (Formal)



Note:

Please come to school wearing your complete school uniform and bring a small bag with snacks and water.

ACTIVITIES TO LOOK FORWARD TO





SOUTHVILLE
MONARCHS INTERNATIONAL SCHOOL

Managed by:
SOUTHVILLE
INTERNATIONAL SCHOOL AND COLLEGES

Experience SMIS where your child's journey to excellence begins!

OPEN HOUSE

February 28, 2026
9:00 AM - 12:00 NN

SCAN TO REGISTER



CONTACT:

 (046) 885 2048 / 0966 445 4978
 infocavite@southville.edu.ph

ADDRESS:



Grand Parklane Blk 70A Lot 1 Antel Grand Village,
Bacao II, General Trias City, 4107, Cavite

The upcoming Open House at the Southville Monarchs International School campus on February 28, 2026 at 9:00 AM is set to be a meaningful and engaging experience for families interested in the school program. This special event will provide parents and children the opportunity to learn more about the school's curriculum, teaching approach, and holistic learning environment designed to support early childhood development.

Families will enjoy a guided campus tour, allowing them to explore the learning spaces, facilities, and resources that help create a safe and nurturing atmosphere for young learners. In addition, children will have the chance to participate in free trial classes, giving them a fun and interactive glimpse of classroom life while meeting teachers and new friends.

The Open House promises to be a warm and informative morning where families can connect with the school community, ask questions, and discover how the program nurtures curiosity, confidence, and a love for learning in every young Monarch.

Social-Emotional-Learning Corner

Simple Ways to Manage Emotions in Healthy Ways

Name It to Tame It

Instead of saying "I'm mad," try "I'm frustrated" or "I'm embarrassed"

Research shows that labeling emotions helps calm your brain.



Pause before You React

Take 5 slow breaths before responding.

Deep breathing helps your body settle down.



Swap the Story

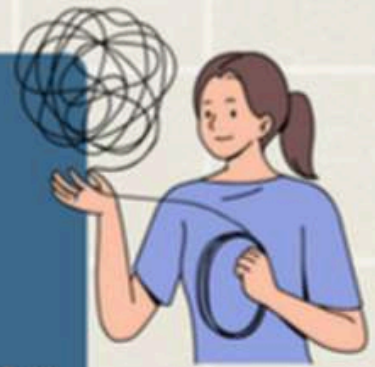
Swap "I can't do this" with "I need a new strategy."

Reframing thoughts improves emotional control.

Solve, Don't Soak

Ask: What's the problem?
What can I try?

Problem solving reduces
stress and builds confidence.



Talk It Out

Reach out to a friend,
teacher, or counselor.

Support from others helps
manage tough emotions.



Take a Mindful Minute

Notice emotions without
judging them.

Mindfulness improves
emotional balance.

REFERENCES:

- D'Zurilla, T. J., & Goldfried, M. R. (1971). Problem solving and behavior modification. *Journal of Abnormal Psychology*, 78(1), 107-126.
- Eisenberg, N., et al. (2004). The relations of regulation and emotionality to children's externalizing and internalizing problem behavior. *Child Development*, 75(4), 1112-1127.
- Gross, J. J. (2015). Emotion regulation: Current status and future prospects. *Psychological Inquiry*, 26(1), 1-26.
- Gross, J. J., & John, O. P. (2003). Individual differences in two emotion regulation processes. *Journal of Personality and Social Psychology*, 85(2), 348-362.
- Lieberman, M. D., et al. (2007). Putting feelings into words: Affect labeling disrupts amygdala activity. *Psychological Science*, 18(5), 421-428.
- Zenner, C., Herrnleben-Kurz, S., & Walach, H. (2014). Mindfulness-based interventions in schools. *Frontiers in Psychology*, 5, 603.



SGEN HEALTH BULLETIN

Academic Year 2025 - 2026



ORAL HEALTH MONTH

Oral Health Month reminds us that good oral hygiene is essential to overall health, confidence, and learning. Dental problems can affect eating, speaking, and school performance—yet most are preventable with proper care.

DID YOU KNOW?

- **Nine out of 10 Filipinos** have tooth decay (dental caries)
- Nearly 8 out of 10 Filipinos have gum disease
 - 97 % of 6-year-olds have cavities.
 - 78 % of 12-year-olds have tooth decay.
- **Overall caries prevalence in Filipinos is about 73 %.**



WHY ORAL HEALTH MATTERS

- Prevents tooth decay, gum disease, and bad breath
- Supports proper nutrition and speech development
- Reduces school absences due to dental pain
- Promotes overall health and well-being

TIPS FOR A HEALTHY SMILE



Brush teeth at least twice a day with fluoride toothpaste



Floss once daily to remove food particles between teeth

Limit sugary snacks, candies, and sweetened drinks

Drink plenty of water, especially after meals



Visit the dentist at least twice a year for check-ups

Replace toothbrush every 3 months or after illness



THE IMPORTANCE OF REGULAR DENTAL CHECK-UPS

- Detect cavities and gum problems early
- Provide professional cleaning to remove plaque and tartar
- Receive guidance on proper brushing and flossing techniques
- Prevent serious dental problems that may require extensive treatment

REMEMBER

A healthy smile starts with YOU!

Good oral habits today lead to healthy teeth for life.

References:

- Department of Health
- <https://www.who.int/news-room/fact-sheets/detail/oral-health>
- <https://pia.gov.ph/regions/celebrating-oral-health-month-with-a-smile-ready-philippines>

YOUR VOICE MATTERS: SHARE YOUR FEEDBACK HERE



Customer Satisfaction Survey

Our Public Relations Office has created a survey tool available to all parents, students and stakeholders of Southville Monarchs International School. Simply Scan the QR code below to share your commendations, concerns or suggestions.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips.

Kindly click the link below or scan the QR code.



Acknowledgment Form


MARIE VIC F. SUAREZ, PhD
K12 and IB Principal


RAHIMA R. ONA
Deputy Principal

To view the previous SPBs, please click the button below:

SMIS BULLETINS